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J.M.J.



Ephesus Notes

A Catholic Newsletter Dedicated to Our Lady of Ephesus

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MONDAY, OCTOBER 26, 2026 MONTH OF THE HOLY ROSARY

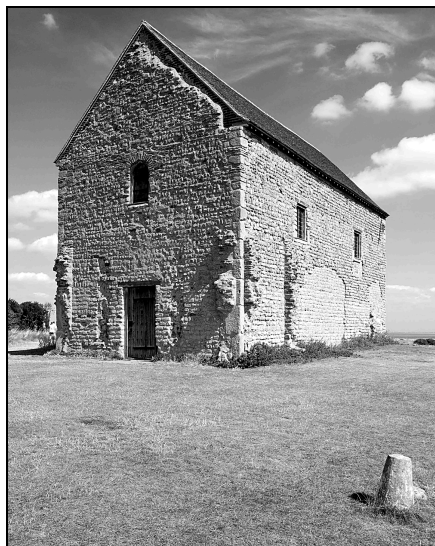
TODAY'S SAINT

October 26: no saint on the U.S. calendar. From the Roman Martyrology:

St. Cedd, Bishop, was raised at Lindisfarne under St. Aidan; his brother was St. Chad. In 653 he went to preach to the Middle Angles, then to the East Saxons of Essex, where he was made bishop. He founded monasteries at Tilbury, at Ithancester (Bradwell-on-Sea) and at Lastingham in Yorkshire, where he died of the plague on October 26, 664.



Rough map of St. Cedd's England. + = Lindisfarne (where he was raised) and his monasteries at Bradwell (Ithancester), Tilbury and Lastingham.



Chapel of St. Peter-on-the-Wall at Bradwell-on-Sea (Ithancester). Photo: Jim Osley, CC BY-SA 2.0

QUOTE OF THE DAY

"Do not be afraid. Open wide the doors for Christ."

—Pope St. John Paul II, October 22, 1978

FROM THE LORICA OF ST. PATRICK

I arise today: Through God's strength to pilot me;
God's might to uphold me, God's wisdom to guide me,
God's eye to look before me ... God's shield to protect me,
God's hosts to save me ...

(St. Lucy Prayer Book)

CATHOLIC TRIVIA

Q: At which famous synod, in 664, did St. Cedd act as interpreter for both sides?

A: The Synod of Whitby.

Mary, Health of the sick, Pray for us.

Recommended Prayer Brochure: HA4 Prayers to Holy Angels



Daily Gospel Word Find Puzzle

(Luke 13:10-17, October 26, 2026)

Find the all-capitalized words in bold print.

I	I	H	L	H	Y	P	O	C	R	I	T	E	S	U
S	B	N	S	P	L	E	N	D	I	D	H	M	T	J
A	H	C	D	Y	R	E	J	O	I	C	E	D	R	D
B	M	R	A	I	N	F	I	R	M	I	T	Y	A	A
B	A	I	B	S	G	A	H	G	L	F	I	A	I	U
A	N	P	R	J	A	N	G	A	H	E	K	I	G	G
T	G	P	A	V	C	T	A	O	N	T	A	W	H	H
H	E	L	H	W	O	M	A	N	G	D	E	D	T	T
N	R	E	A	C	Y	O	B	N	T	U	S	E	E	E
G	L	D	M	G	L	O	R	I	F	I	E	D	N	R

Jesus was teaching in a **SYNAGOGUE** on the **SABBATH**.

And a **WOMAN** was there who for

EIGHTEEN years

had been **CRIPPLED** by a spirit;

she was bent over, completely incapable of standing erect.

When Jesus saw her, he called to her and said,

"Woman, you are set free of your

INFIRMITY."

He laid his **HANDS** on her,

and she at once stood up **STRAIGHT** and

GLORIFIED God.

But the **LEADER** of the synagogue,

INDIGNANT that Jesus had cured on the sabbath,

said to the crowd in reply,

"There are six days when work should be done.

Come on those days to be cured, not on the sabbath day."

The Lord said to him in reply, "**HYPOCRITES!**

Does not each one of you on the sabbath untie his ox or his ass from the **MANGER** and lead it out for watering?

This **DAUGHTER** of **ABRAHAM**,

whom **SATAN** has bound for eighteen years now,

ought she not to have been set free on the sabbath day

from this bondage?"

When he said this, all his adversaries were humiliated;

and the whole crowd **REJOICED** at all the **SPLENDID** deeds done by him.

Gospel text: Lectionary for Mass (USCCB), Monday of the Thirtieth Week in Ordinary Time.

FROM THE CATECHISM

173. In what sense is the Church missionary?

The Church, guided by the Holy Spirit, continues the mission of Christ himself in the course of history. Christians must, therefore, proclaim to everyone the Good News borne by Christ; and, following his path, they must be ready for self-sacrifice, even unto martyrdom.

Compendium of the Catechism of the Catholic Church, Q. 173