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Ephesus Notes



A Catholic Newsletter Dedicated to Our Lady of Ephesus

A free publication designed by Fr. F. Gruber for the needs of the elderly. Prepared with the help of Grok. ©2026 Archives available at www.mothersforpriests.org/ephesus-notes

VOLUME 4 · ISSUE 66 TUESDAY, DECEMBER 22, 2026 MONTH OF THE IMMACULATE CONCEPTION

SAINTS OF THE DAY

December 22: St. Chaeremon and Companions, Martyrs (Roman Martyrology).

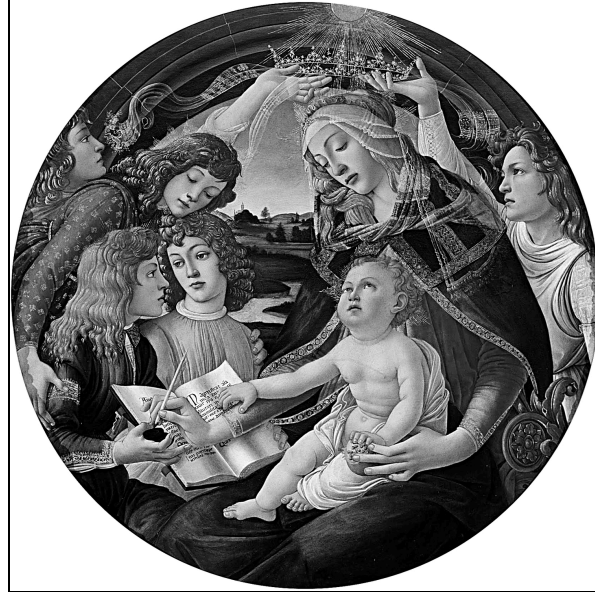
St. Chaeremon, the aged bishop of Nilopolis in Egypt, fled with his wife into the Arabian mountains in the persecution of Decius, around 250, and was never seen again. St. Dionysius of Alexandria tells of him and of many other Christians who died of hunger, cold and wild beasts in the desert, as Eusebius records in his Church History.

Today's Gospel is Our Lady's song of praise, the Magnificat.

CATHOLIC TRIVIA

Q: At which hour of the Church's daily prayer is the Magnificat sung every day?

A: At Vespers (Evening Prayer).



Madonna of the Magnificat, Sandro Botticelli (c. 1483), Uffizi, Florence

QUOTE OF THE DAY

"O King of all nations and keystone of the Church; come and save man, whom you formed from the dust!"

—Gospel Acclamation, December 22

PRAYER FROM THE LITANY OF THE HOLY NAME OF MARY

O Almighty God, who seest how earnestly we desire to place ourselves under the shadow of the name of Mary, vouchsafe, we beseech Thee, that as often as we invoke her in our need, we may receive grace and pardon from Thy holy heaven, through Christ our Lord. Amen.

(Mothers for Priests brochure M12)

Mary, rejoicing in God's will, Pray for us.

Recommended Prayer Brochure: M12 Litany of the Holy Name of Mary-St JHN



Daily Gospel Word Find Puzzle

(Luke 1:46-56, December 22, 2026)

Find the all-capitalized words in bold print.

H	A	A	L	M	I	G	H	T	Y	S	R	C	S	M
P	T	H	U	N	G	R	Y	Y	A	C	E	P	T	B
G	R	E	A	T	N	E	S	S	B	A	J	C	R	L
S	P	O	E	S	A	V	I	O	R	T	O	L	E	E
G	P	R	C	G	E	N	E	R	A	T	I	O	N	S
S	R	I	O	L	M	R	G	H	H	E	C	W	G	S
T	O	I	R	M	A	E	V	R	A	R	E	L	T	E
A	U	U	C	I	I	I	R	A	M	E	S	Y	H	D
E	D	V	L	H	T	S	M	C	N	D	J	M	I	L
B	R	T	H	R	O	N	E	S	Y	T	L	C	G	D

Mary said:

“My **SOUL PROCLAIMS** the **GREATNESS** of the Lord;

my **SPIRIT REJOICES** in God my **SAVIOR**.
for he has looked upon his **LOWLY SERVANT**.
From this day all **GENERATIONS** will call me
BLESSED:

the **ALMIGHTY** has done great things for me,
and holy is his Name.

He has **MERCY** on those who fear him
in every generation.

He has shown the **STRENGTH** of his arm,
and has **SCATTERED** the **PROUD** in their
conceit.

He has cast down the mighty from their
THRONES

and has lifted up the lowly.

He has filled the **HUNGRY** with good things,
and the **RICH** he has sent away empty.

He has come to the help of his servant Israel
for he remembered his **PROMISE** of mercy,
the promise he made to our fathers,
to **ABRAHAM** and his children for ever.”

Mary remained with Elizabeth about three
months

and then returned to her home.

Gospel text: Lectionary for Mass (USCCB), Tuesday of the Fourth Week of Advent.

FROM THE CATECHISM

197. How does the Virgin Mary help the Church?

After the Ascension of her Son, the Virgin Mary aided the beginnings of the Church with her prayers. Even after her Assumption into heaven, she continues to intercede for her children, to be a model of faith and charity for all, and to exercise over them a salutary influence deriving from the superabundant merits of Christ. The faithful see in Mary an image and an anticipation of the resurrection that awaits them and they invoke her as advocate, helper, benefactress and mediatrix.

Compendium of the Catechism of the Catholic Church, Q. 197