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J.M.J.

Ephesus Notes



A Catholic Newsletter Dedicated to Our Lady of Ephesus

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WEDNESDAY, OCTOBER 21, 2026 MONTH OF THE HOLY ROSARY

TODAY'S SAINT

October 21: a weekday with no saint on the U.S. calendar. The Roman Martyrology remembers St. Hilarion.

St. Hilarion, Abbot, born of pagan parents near Gaza, became a Christian at Alexandria. At fifteen he visited St. Anthony in the desert, gave away his goods and became a hermit near Gaza. Crowds followed him to Egypt, Sicily, Dalmatia and Cyprus, where he died at eighty.

Legend: St. Jerome tells that when an earthquake drove the sea toward Epidaurus, Hilarion traced three crosses on the sand, and the sea stood like a wall, then sank back.



St. Hilarion, Menologion of Basil II (c. 985)

QUOTE OF THE DAY

"Go forth, what do you fear? Go forth, my soul, why do you hesitate? You have served Christ nearly seventy years, and do you fear death?"

—*St. Hilarion's last words*

A PRAYER BY ST. BENEDICT

Gracious and holy Father, please give me: ... a heart to meditate upon You; ... patience to wait for You; and perseverance to look for You. Grant me: a perfect end, Your holy presence. A blessed resurrection, And life everlasting.

(St. Lucy Prayer Book)

FROM THE ROMAN MARTYROLOGY

- ✠ **Sts. Ursula and Companions**, virgin martyrs of Cologne.
- ✠ **St. Laura Montoya**, missionary to Colombia's native peoples.

FROM THE CATECHISM

568. What are the expressions of the life of prayer?

Christian tradition has preserved three forms for expressing and living prayer: vocal prayer, meditation, and contemplative prayer. The feature common to all of them is the recollection of the heart.

Compendium of the Catechism of the Catholic Church, Q. 568

Mary, Virgin most faithful, Pray for us.

Recommended Prayer Brochure: Supplication of Our Lady of the Rosary of Pompeii



Daily Gospel Word Find Puzzle

(Luke 12:39-48, October 21, 2026)

Find the all-capitalized words in bold print.

G	M	A	S	T	E	R	T	P	A	R	A	B	L	E
D	F	H	T	S	P	B	K	H	R	N	A	B	J	N
E	A	O	I	T	T	R	Y	R	I	U	I	Y	P	T
L	I	U	N	E	X	P	E	C	T	E	D	V	W	R
A	T	S	T	W	M	I	Y	P	L	S	F	E	P	U
Y	H	E	E	A	S	E	R	V	A	N	T	I	N	S
E	F	Y	C	R	P	R	O	P	E	R	T	Y	K	T
D	U	I	A	D	B	B	L	E	S	S	E	D	V	E
A	L	L	O	W	A	N	C	E	D	C	V	D	E	D

Jesus said to his disciples:

“Be sure of this:

if the **MASTER** of the **HOUSE** had known the hour

when the **THIEF** was coming,

he would not have let his house be broken into.

You also must be **PREPARED**,

for at an hour you do not expect, the Son of Man will come.”

Then Peter said,

“Lord, is this **PARABLE** meant for us or for everyone?”

And the Lord replied,

“Who, then, is the **FAITHFUL** and **PRUDENT STEWARD**

whom the master will put in charge of his servants

to distribute the food **ALLOWANCE** at the proper time?

BLESSED is that **SERVANT** whom his master on arrival finds doing so.

Truly, I say to you, he will put him

in charge of all his **PROPERTY**.

But if that servant says to himself,

‘My master is **DELAYED** in coming,’

and begins to beat the menservants and the maidservants,

to eat and drink and get drunk,

then that servant’s master will come

on an **UNEXPECTED** day and at an unknown hour

and will punish the servant severely

and assign him a place with the unfaithful.

That servant who knew his master’s will

but did not make preparations nor act in accord with his will

shall be beaten severely;

and the servant who was ignorant of his master’s will

but acted in a way deserving of a severe beating shall be beaten only lightly.

Much will be required of the person

ENTRUSTED with much,

and still more will be demanded of the person entrusted with more.”

Gospel text: Lectionary for Mass (USCCB), Wednesday of the Twenty-ninth Week in Ordinary Time.

CATHOLIC TRIVIA

Q: Who wrote the Life of St. Hilarion?

A: St. Jerome, about the year 390.