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Ephesus Notes



A Catholic Newsletter Dedicated to Our Lady of Ephesus

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VOLUME 4 · ISSUE 18 WEDNESDAY, NOVEMBER 4, 2026 MONTH OF THE HOLY SOULS IN PURGATORY

TODAY'S SAINT

November 4: St. Charles Borromeo, Bishop.

Born in 1538 to a noble family of Milan, Charles was made a cardinal by his uncle, Pope Pius IV, while still a young layman. He helped keep the Council of Trent in session and then reformed the Archdiocese of Milan, giving most of his income to charity. During the plague and famine of 1576 he stayed in the city, cared for the sick and fed 60,000 to 70,000 people a day. He died in 1584, at the age of 46.



St. Charles Borromeo, Giovanni Ambrogio Figino (late 16th century)

QUOTE OF THE DAY

"We ought to walk in front, and our spiritual subjects will follow us more easily."

—St. Charles Borromeo, on reform beginning with bishops

CATHOLIC TRIVIA

Q: St. Charles promoted which work for teaching children, an early form of the Sunday school?

A: The Confraternity of Christian Doctrine.

FROM THE ROMAN MARTYROLOGY

✚ **Sts. Vitalis and Agricola**, martyrs at Bologna; Vitalis was first Agricola's slave.

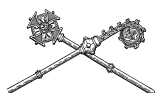
PRAYER BY ST. CHARLES BORROMEO

Almighty God, you have generously made known to man the mysteries of your life through Jesus Christ your Son in the Holy Spirit. Enlighten my mind to know these mysteries which your Church treasures and teaches. Move my heart to love them and my will to live in accord with them.
... Help me to be faithful to this task that you have entrusted to me. Amen.

(Mothers for Priests brochure CB1)

For the bishops and their counselors, my Jesus mercy!

Recommended Prayer Brochure: CB1 Litany of Saint Charles Borromeo



Daily Gospel Word Find Puzzle

(Luke 14:25-33, November 4, 2026)

Find the all-capitalized words in bold print.

T	R	O	O	P	S	I	S	T	E	R	S	E	C	F
W	B	A	T	T	L	E	K	I	N	G	O	O	I	O
U	R	D	C	A	L	C	U	L	A	T	E	H	F	U
T	O	I	H	T	D	L	W	C	R	O	S	S	I	N
M	T	S	B	C	O	D	I	E	F	D	S	P	N	D
O	H	C	V	R	O	W	F	A	T	H	E	R	I	A
T	E	I	P	O	S	S	E	S	S	I	O	N	S	T
H	R	P	Y	W	I	C	T	R	U	U	J	H	H	I
E	S	L	L	D	O	P	E	A	C	E	O	L	J	O
R	P	E	E	S	D	L	C	H	I	L	D	R	E	N

Great **CROWDS** were traveling with Jesus,
and he turned and addressed them,
“If anyone comes to me without hating his
FATHER and **MOTHER**,
WIFE and **CHILDREN**, **BROTHERS** and
SISTERS,
and even his own life,
he cannot be my **DISCIPLE**.
Whoever does not carry his own **CROSS** and
come after me
cannot be my disciple.
Which of you wishing to construct a **TOWER**
does not first sit down and **CALCULATE** the
COST
to see if there is enough for its completion?
Otherwise, after laying the **FOUNDATION**
and finding himself unable to **FINISH** the work

the onlookers should laugh at him and say,
‘This one began to build but did not have the
resources to finish.’

Or what **KING** marching into **BATTLE** would
not first sit down
and decide whether with ten thousand **TROOPS**
he can successfully oppose another king
advancing upon him with twenty thousand
troops?

But if not, while he is still far away,
he will send a delegation to ask for **PEACE**
terms.

In the same way,
everyone of you who does not renounce all his
POSSESSIONS
cannot be my disciple.”

Gospel text: Lectionary for Mass (USCCB), Wednesday of the Thirty-first Week in Ordinary Time.

FROM THE CATECHISM

187. How do the Bishops exercise their function of governing?

Every bishop, insofar as he is a member of the college of bishops, bears collegially the care for all particular Churches and for the entire Church along with all the other bishops who are united to the Pope. A bishop to whom a particular Church has been entrusted governs that Church with the authority of his own sacred power which is ordinary and immediate and exercised in the name of Christ, the Good Shepherd, in communion with the entire Church and under the guidance of the Successor of Peter.

Compendium of the Catechism of the Catholic Church, Q. 187