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Ephesus Notes



A Catholic Newsletter Dedicated to Our Lady of Ephesus

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THURSDAY, OCTOBER 29, 2026 MONTH OF THE HOLY ROSARY

TODAY'S SAINT

October 29: no saint on the U.S. calendar. From the Roman Martyrology:

St. Narcissus, Bishop of Jerusalem, is praised for his holiness, patience and faith. With Pope St. Victor he taught that Easter must always be kept on a Sunday. When wicked men slandered him, he left and lived alone in the desert for many years. Later he came back and was asked to lead the Church again. In his old age St. Alexander was made bishop with him. He lived to be 116.

Legend: St. Eusebius tells that once at the Easter Vigil the lamp oil ran out. Narcissus prayed over water, and it was changed into oil for the lamps.

CATHOLIC TRIVIA

Q: Where had St. Alexander already been a bishop before he joined St. Narcissus?

A: In Cappadocia. It is the first recorded case of a bishop moving to another see.



St. Narcissus, stained glass, Saint-Barthélémy, Bénévent-l'Abbaye. Photo: GFreihalter, CC BY-SA 3.0

QUOTE OF THE DAY

“Narcissus salutes you ... being one hundred and sixteen years of age; and he exhorts you, as I do, to be of one mind.”

—St. Alexander, his fellow bishop (Eusebius, *Church History* VI.11)

AN ACT OF HOPE

O my God, trusting in Your promises and because You are faithful, powerful and merciful, I hope, through the merits of Jesus Christ, for the pardon of my sins, final perseverance and the blessed glory of heaven. Amen.

(St. Lucy Prayer Book)

Mary, Tower of David, Pray for us.

Recommended Prayer Brochure: GR1 Our Lady of Good Remedy



Daily Gospel Word Find Puzzle

(Luke 13:31-35, October 29, 2026)

Find the all-capitalized words in bold print.

Y	S	W	P	H	A	R	I	S	E	E	S	H	L	T
P	V	L	J	U	C	P	U	R	P	O	S	E	E	W
R	H	L	E	Y	D	H	T	B	K	T	F	R	S	N
O	Y	O	R	H	E	E	I	O	L	M	O	O	S	S
P	B	L	U	K	D	A	M	L	M	E	X	D	Y	P
H	R	G	S	S	T	L	R	O	D	O	S	H	A	Y
E	O	A	A	B	E	I	G	N	N	R	R	S	O	Y
T	O	L	L	W	I	N	G	S	E	S	E	R	E	A
Y	D	F	E	G	D	G	P	K	N	D	C	N	O	D
K	J	B	M	I	G	S	T	O	N	E	Y	A	D	W

Some **PHARISEES** came to Jesus and said,
“Go away, leave this area because **HEROD**
wants to kill you.”

He replied, “Go and tell that **FOX**,
‘Behold, I cast out **DEMONS** and I perform
HEALINGS TODAY and **TOMORROW**,
and on the third day I accomplish my
PURPOSE.

Yet I must continue on my way today,
tomorrow, and the following day,
for it is impossible that a **PROPHET** should
die
outside of **JERUSALEM**.’

“Jerusalem, Jerusalem,
you who kill the prophets and **STONE** those
sent to you,
how many times I **YEARNED** to gather your
CHILDREN together
as a **HEN** gathers her **BROOD** under her
WINGS,
but you were unwilling!
Behold, your **HOUSE** will be abandoned.
But I tell you, you will not see me until the
time comes when you say,
BLESSED is he who comes in the name of the
Lord.”

Gospel text: Lectionary for Mass (USCCB), Thursday of the Thirtieth Week in Ordinary Time.

FROM THE CATECHISM

206. What does it mean to die in Christ Jesus?

Dying in Christ Jesus means to die in the state of God’s grace without any mortal sin. A believer in Christ, following his example, is thus able to transform his own death into an act of obedience and love for the Father. “This saying is sure: if we have died with him, we will also live with him” (2 Timothy 2:11).

Compendium of the Catechism of the Catholic Church, Q. 206