



## **Prayer to Our Lady of Sorrows**

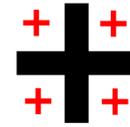
*by St. Bridget*

O Blessed Virgin Mary,  
Immaculate Mother of God,  
who didst endure a martyrdom  
of love and grief,  
beholding the sufferings  
and sorrows of Jesus!

Thou didst co-operate  
in the benefit of my redemption  
by thy innumerable afflictions  
and by offering to the Eternal Father  
His only-begotten Son as a holocaust  
and victim of propitiation for my sins.  
I thank thee for the unspeakable love  
which led thee to deprive thyself  
of the Fruit of thy womb,  
Jesus, true God and true Man,  
to save me, a sinner.

Oh! make use of the unfailing  
intercession of thy sorrows  
with the Father and the Son,  
that I may steadfastly amend my life  
and never again crucify my loving Redeemer  
by new sins;  
and that, persevering till death in His grace,  
I may obtain eternal life through the merits  
of His Cross and Passion. Amen.

*Mother of love, of sorrow, and of mercy,  
pray for us.*



O Most Sacred  
Heart of Jesus,  
Who for love of me  
did carry  
my cross gently  
on the path  
to Calvary,  
grant that  
I may suffer  
so as to live  
in Heaven with Thee.