







Anima Christi Sanctissima

Most Holy Soul of Christ, sanctify me.

Most Sacred Body of Christ, protect me.

Most Precious Blood of Christ, inebriate me.

Purest Water from the Side of Christ, wash me.

Most Bitter Passion of Christ, strengthen me.

O Good Jesus, hear me:

Within Thy Wounds hide me.

Suffer me not to be separated from Thee.

From the malignant enemy defend me.

In the hour of my death call me.

And bid me come unto Thee.

That with Thy Saints and Angels I may praise Thee.

Through endless ages of ages. Amen.

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