



PRAYER FOR THE HELP OF THE HOLY SPIRIT

—*Saint Anthony of Padua*

O God, send forth Your Holy Spirit
into my heart

that I may perceive,
into my mind

that I may remember,
and into my soul

that I may meditate.

Inspire me to speak with piety,
holiness, tenderness and mercy.

Teach, guide and direct
my thoughts and senses
from beginning to end.

May Your grace ever
help and correct me,
and may I be strengthened now
with wisdom from on high,
for the sake of

Your Infinite Mercy. Amen.