

"In Your book all are written down; my days were shaped, before one came to be." (Ps 139:16)

"Wherefore He saith: Rise thou that sleepest, and arise from the dead: (Eph 5:14a)

† J.M.J.

Holy Spirit Schedule for Prayers and Works of Mercy

	Sunday	Monday	Tuesday	Wednesday
Devotions	<i>Resurrection</i>	<i>Holy Souls</i>	<i>Holy Angels</i>	<i>St. Joseph</i>
5:00 AM				
<i>diligence</i>				
5:30 AM				
<i>fortitude</i>				
6:00 AM				
<i>humility</i>				
7:00 AM				
<i>charity</i>				
8:00 AM				
<i>joy</i>				
9:00 AM				
<i>peace</i>				

and Christ shall enlighten thee." (Eph 5:14b)

Holy Spirit Schedule for Prayers and Works of Mercy

Come Holy Spirit!

Example

Thursday

Friday

Saturday

Devotions

Holy Eucharist

Sacred Heart/Passion

Blessed Mother

5:00 AM

diligence

5:30 AM

fortitude

6:00 AM

humility

7:00 AM

charity

8:00 AM

joy

9:00 AM

peace

.+++++ Angelus
Morning Prayer
Meditation
Rosary

.+++++ (5 signs of
Cross)

Invoke Holy Spirit

"If any man will come after Me, let him deny himself, and take up his cross, and follow Me." (Mt 16:24)

And He said to all: "If any man will come after me, let him deny himself,

"See therefore, brethren, how you walk circumspectly: not as unwise," (Eph 5:15)

† J.M.J.

Holy Spirit Schedule for Prayers and Works of Mercy

Sunday Monday Tuesday Wednesday

10:00 AM

patience

11:00 AM

benignity

12:00 PM

goodness

1:00 PM

longanimity

2:00 PM

mildness

"Wherefore, brethren, labour the more, that by good works you may make sure your calling and election.

"But as wise: redeeming the time, because the days are evil." (Eph 5:16)

Come Holy Spirit!

Thursday

Friday

Saturday

Example

10:00 AM

Litany

patience

11:00 AM

benignity

Daytime Prayer

12:00 PM

Angelus

goodness

1:00 PM

longanimity

2:00 PM

mildness

and take up his cross daily, and follow Me." (Lk 9:23)

For doing these things, you shall not sin at any time." (2 Pt 1:10)

And He said to all: "If any man will come after me, let him deny himself, and take up his cross daily, and follow Me."

"And they that are Christ's, have crucified their flesh, with the vices and concupiscences." (Gal 5:24)

	Sunday	Monday	Tuesday	Wednesday
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3:00 PM				
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<i>mercy</i>				
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<i>faith</i>				
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4:00 PM				
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<i>modesty</i>				
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5:00 PM				
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<i>continency</i>				
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6:00 PM				
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<i>chastity</i>				
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7:00 PM				
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<i>prudence</i>				
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"For you were heretofore darkness, but now light in the Lord. Walk then as children of the light."

"If we live in the Spirit, let us also walk in the Spirit." (Gal 5:25)					"For unto this are you called: because Christ also suffered for us," (1 Pt 2:21a)
	Thursday	Friday	Saturday	Example	
3:00 PM				Divine Mercy	
mercy				Prayers	
faith					
4:00 PM					
modesty					
5:00 PM					
continency					
6:00 PM				Angelus	
				Evening Prayer	
chastity					
7:00 PM					
prudence					
"For the fruit of the light is in all goodness, and justice, and truth" (Eph 5:8-9)					

"Be not therefore solicitous for to morrow; for the morrow will be solicitous for itself." (Mt 6:34a)					
"For unto this are you called: because Christ also suffered for us, <i>justice</i> <i>temperance</i> <i>hope</i> <i>trust</i> <i>silence</i>		Sunday	Monday	Tuesday	Wednesday
	8:00 PM				
	9:00 PM				
	10:00 PM				
	11:00 PM				
	12:00 AM				
<i>Directions: Call upon the Holy Spirit and prayerfully fill out the schedule of a more full ideal robust gentle plan of life.</i>					
"At all times bless the Lord God, and ask Him to make all your paths straight					

"Sufficient for the day is the evil thereof." (Mt 6:34b)

Thursday

Friday

Saturday

Example

8:00 PM

Rosary

justice

9:00 PM

Night Prayer

temperance

10:00 PM

Office of Readings

hope

.+++++

mothersforpriests.org

11:00 PM

Find schedules at

trust

12:00 AM

silence



leaving you an example that you should follow His steps." (1 Pt 2:21)

"Teach us to number our days aright, that we may gain wisdom of heart." (Ps 90:12)

and to grant success to all your endeavors and plans." (Tobit 4:19a)