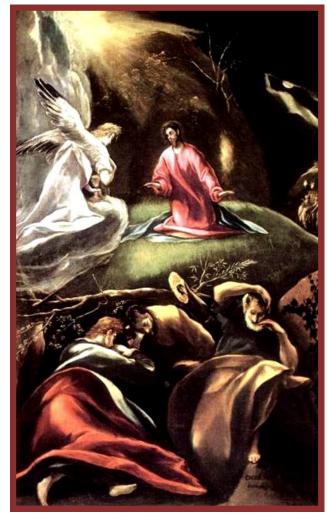
LITANY OF PERFECT **CONTRITION**

By Pope Pius VI



www.MothersForPriests.org PC3

Lord, have mercy on us. Christ, have mercy on us. Lord, have mercy on us.

Christ, hear us. Christ, graciously hear us.

God the Father of heaven, Have mercy on us. God the Son, Redeemer of the world, God the Holy Ghost Holy Trinity, one God,

Have mercy on us Jesus, Who by forbearance and longanimity show forth Thy power and goodness, Have mercy on us.

Jesus, Who wait for the conversion of sinners with so much patience and yearning desire, Jesus, Who so lovingly invite sinners to do penance,

Have mercy on us

Jesus, Who rejoice so much at the conversion of sinners, Have mercy on us.

For having sinned, I repent with all my heart. For having sinned so often and so grievously, For having sinned in thought, word and deed, For having sinned so deliberately and wantonly, For having sinned by innumerable negligences and omissions, For having so audaciously transgressed Thy holy commandments, For not having feared Thy omnipotence, For having despised Thy love,

l repent with all my heart

I repent with all my heart

For having abused Thy goodness and longanimity, *I repent with all my heart*.

For having renewed the sufferings of Thy Son, my Saviour,

I repent with all my heart.

For having deserved Thy just chastisements in this world and the next,

I repent with all my heart.

Because by my sins I have offended Thee, O my God, *I repent of all my sins*.

Because by them I have provoked Thee to anger, *I repent of all my sins.*

Because by them I have become displeasing to Thee,

I repent of all my sins.

Because I love Thee above all things,

I repent of all my sins.

In union with the loving contrition of all holy penitents,

I repent of all my sins.

In union with that horror which the Blessed Virgin Mary ever had for the smallest sin,

I repent of all my sins.

In union with that incomprehensible anguish which Jesus, Thy divine Son, suffered in His loving Heart on Mount Olivet on account of my sins and those of all the world, *I repent of all my sins*.

Lamb of God, Who takest away the sins of the world, spare us, O Jesus.

Lamb of God, Who takest away the sins of the world, hear us, O Jesus.

Lamb of God, Who takest away the sins of the world, have mercy on us, O Jesus.

Christ, hear us. *Christ, graciously hear us.*

Lord, have mercy on us. *Christ have mercy on us.* Lord, have mercy on us.

Let us pray.

O God,
Who by sin art offended,
and by penance pacified,
mercifully regard
the prayers of Thy people
making supplications to Thee,
and turn away
the scourges of Thine anger,
which we deserve
for our sins.
Through Christ Our Lord.
Amen.