† J.M.J.

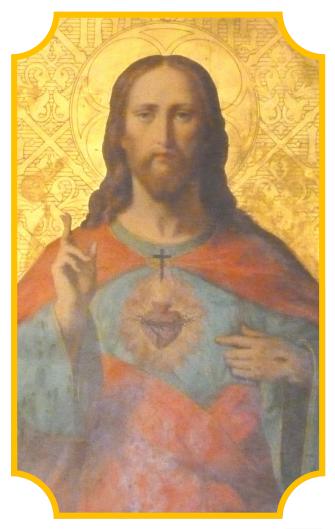# Aspirations to the Most Sacred Heart of Jesus

I.
MOST SACRED
Heart of Jesus,
admirable Heart,
worthy of
the majesty of God
and of the mercy
of the Redeemer,
how little are Thy
perfections known!
Enlighten my soul
in the knowledge of Thine
unbounded excellence,
that I may render to Thee
the glory and the praises
which are Thy due.

II.
O HEART of my Jesus,
infinitely amiable!
possess my heart,
unite it so closely to Thee,
that it may never be
separated from Thee.

III.
O HEART,
infinitely holy,
model of all hearts!
sanctify my heart,
and render it
like to Thine.

IV.
O SACRED Heart,
inexhaustible source
of graces!
enrich my soul
with the treasures
which are contained
in Thine.

V.
O SOVEREIGN
King of hearts!
submit to Thy
sweet empire
my ungrateful
and rebellious heart.

VI.
O HEART of Jesus,
always inflamed
with the divine love,
the most pure and
the most perfect!
enkindle in my heart
Thy divine charity.

VII.
O HEART of Jesus,
the most delightful object
of the complacency
of the Eternal Father!
make me become
worthy of His benign
countenance,
perfect my affections
with Thine,
and deign to supply,
by the sanctity
of Thy works,
the imperfection
of mine.

VIII.
O DIVINE Heart,
the seat of all virtues!
teach my heart to relish
and imitate these virtues.

IX.
HEART sorrowful unto
death for the sins
of the world!
penetrate me with
sorrow for my sins.

X.
AMIABLE Heart,
pierced with a lance
for the love of me,
and open to serve
as a refuge
for pure souls!
purify me,
in order that I may be
admitted into this holy
and pleasing abode.

Ant. Sacred Heart of Jesus,
abounding in goodness
and tenderness for us,
may all in us be
consecrated to Thee!

V. Jesus, meek and humble
of Heart,
R. Render our hearts
like to Thine.

A PRAYER.
Great God,
who hast
reposited all
the treasures
of grace
and of science in the Sacred
Heart of Thy well-beloved
Son, open to us this plentiful
source of all gifts,
and make us worthy to
receive the influence of Its
superabundant merits.
Amen.