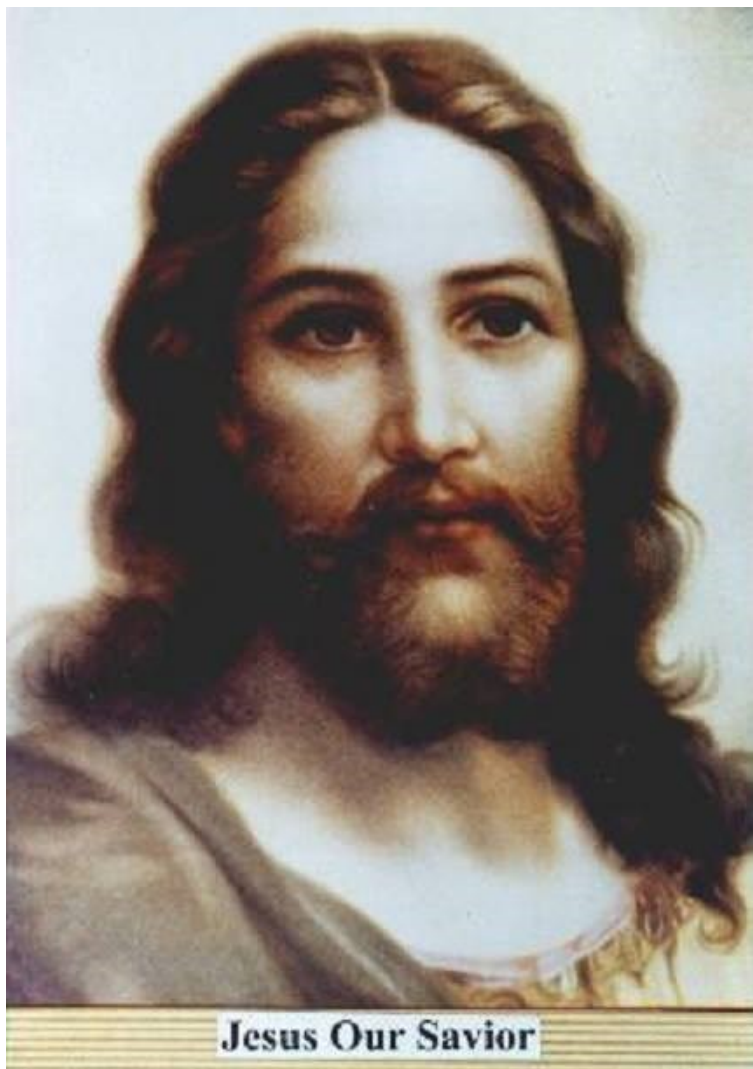




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J.M.J.

Flame of Love Prayer Book





PREFACE

The Flame of Love Prayer Book borrows its name from the devotion of Elizabeth Kindelmann (+1985), an Hungarian Catholic mystic who was given the Unity Prayer on the first page and the addition to the Hail Mary on the next page. Her original diary has the imprimatur of Cardinal Erdo, Archbishop of Budapest, and the English translation has the imprimatur of Archbishop Chaput. It is a beautiful devotion which inspires hope in the light of Christ conquering all darkness.

The following pages have various prayers, some recent and many traditional. All are formatted for easy reading in a large print font. Discover these prayers and pictures to elevate your mind and heart and find strength and consolation from the grace of Our Lord through the intercession of Our Blessed Mother.





Prayer to your Guardian Angel
Angel of God, my Guardian
dear, to whom His love commits
me here, ever this day (or night)
be at my side, to light and guard,
to rule and guide. From stain of
sin oh keep me free. And at my
death my helper be. Amen.



THE UNITY PRAYER

My adorable Jesus:

May our feet journey together.

May our hands gather in unity.

May our hearts beat in unison.

May our souls be in harmony.

May our thoughts be as one.

**May our ears listen to the
silence together.**

**May our glances profoundly
penetrate each other.**

**May our lips pray together to
gain mercy from the
Eternal Father.**



FLAME OF LOVE PRAYER IN THE HAIL MARY

Hail Mary, full of grace!

The Lord is with thee.

Blessed art thou among
women, and blessed is the
fruit of thy womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,

***spread the effect of grace
of Thy Flame of Love
over all of humanity,
now and at the hour
of our death. Amen.**

A MARIAN PRAYER.

O Mary, my Mother, please help me to
thank, praise, adore and love Jesus your
Son with all my heart, mind,
soul and strength. Amen.



PRAYERS AFTER HOLY COMMUNION

AN ACT OF FAITH.

O my Jesus! I believe in You,
as in the eternal truth.

AN ACT OF HOPE.

O my Jesus! I hope in
You, as in the infinite mercy.

AN ACT OF CHARITY.

O my Jesus! I love You, as the eternal
and supreme good of my soul.

AN ACT OF ADMIRATION.

O my Jesus! how is it
that You come to visit me?

ST. EYMARD'S ACT OF OFFERING.

My dear Jesus, I give myself to You as
You have given Yourself entirely to me.

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O my Jesus! my Saviour and my
Redeemer, remain within my heart
by Your divine grace, and do not permit
me to be ever separated from Your love.





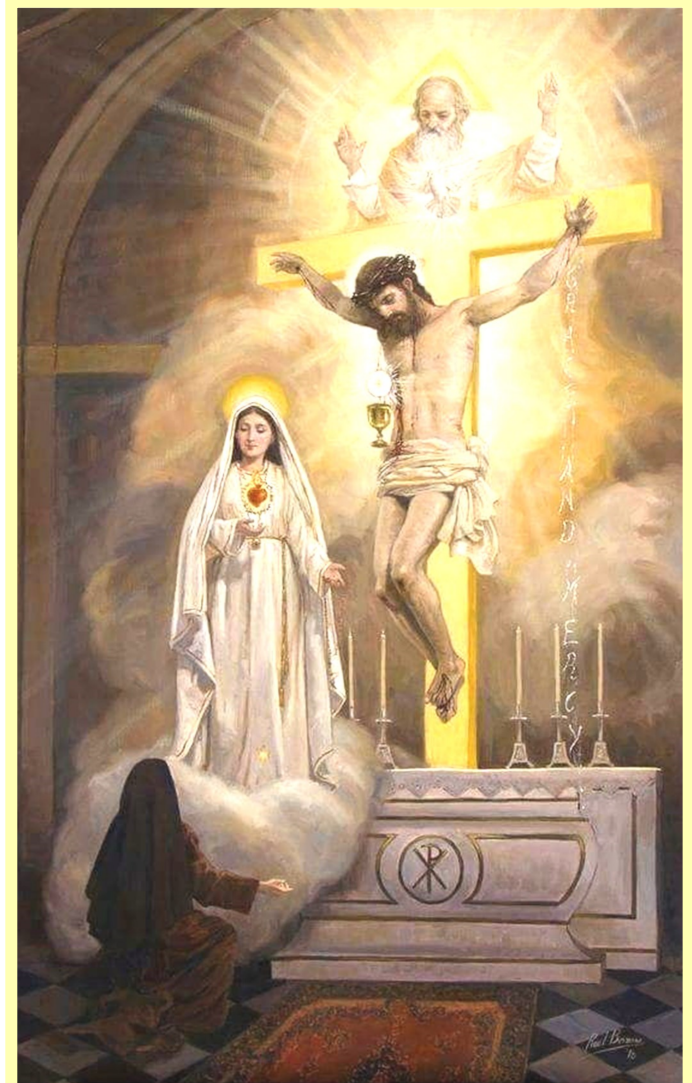
AN ACT OF DESIRE.

O my Jesus! my God and Master! Come, I am longing after You; Come, visit me, strengthen me, and keep me forever in Your grace. Amen.

A PRAYER TO OUR BLESSED MOTHER.

O Mary, my Mother, form in my heart the perfect holy desires of your Immaculate Heart.

Please be with me as I receive your Divine Son. Impart to us your trust, attention, devotion, and wonder toward His awesome Real Presence.





PRAYERS BEFORE HOLY COMMUNION

AN ACT OF FAITH.

O my Jesus! I firmly believe that You are present here in this Most Blessed Sacrament, which I am about to receive, because You,

the eternal Truth, have revealed it.

AN ACT OF HOPE.

O my Jesus! I hope to receive in this Blessed Sacrament all the graces of which I stand in need, even eternal happiness in heaven, because You, the eternal and unfailing Truth, have promised it.

AN ACT OF CHARITY.

O my Jesus! I love You in this Most Blessed Sacrament, as my God and Lord, as my Redeemer and Sanctifier.

AN ACT OF CONTRITION.

O my Jesus! I am heartily sorry for all my sins, because they have offended You, my God and Saviour.



AN ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You are in the Blessed Sacrament.

I love You above all things, and I long for You in my soul.

Since I cannot now receive You sacramentally, come at least spiritually into my heart.

As though You have already come, I embrace You and unite myself entirely to You;

never permit me to be separated from You. Amen.



**Come Holy Spirit,
Come through Mary.**

The Divine Praises

Blessed be God.

Blessed be His holy
Name.

Blessed be Jesus Christ,
true God and true man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy
Sacrament of the Altar.

Blessed be the Holy Spirit,
the Paraclete.

Blessed be the great Mother of
God, Mary most holy.

Blessed be her holy and Immaculate
Conception.

Blessed be her glorious Assumption.

Blessed be the name of

Mary, Virgin and Mother.

Blessed be Saint Joseph,
her most chaste spouse.

Blessed be God in His angels
and in His Saints.



A BRIEF ACT OF SPIRITUAL COMMUNION

Mary, my Mother
and Queen
of my heart:
Please invite
Jesus your Son
to come spiritually
into my heart.



An Act of Contrition

O my God, I am heartily sorry for having offended Thee and I detest all my sins, because I dread the loss of heaven and the pains of hell; but most of all because they offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.



Lord Jesus Christ, Son of God,
have mercy on me, a sinner.

**Most Sacred Heart
of Jesus,
Have mercy on us.**

**Most Sacred Heart of
Jesus, I implore:
the grace to love You
more and more.**

**Most Sacred Heart
of Jesus, I place all
my trust in You.**

Merciful Jesus, I consecrate
myself today and always
to Your Most Sacred Heart.



O Love,
O Great Love,
O Infinite Love of God!



All ye Angels and Archangels,
protect us, defend us.

SAINT MICHAEL PRAYER

Saint Michael, the Archangel,
defend us in battle.

Be our protection
against the wickedness
and snares of the devil.

May God rebuke him,
we humbly pray;

and do thou, O Prince of the
heavenly host, by the power
of God cast into hell satan
and all the evil spirits who
prowl throughout the world
seeking the ruin of souls.

Amen.

After Receiving Holy Communion

(and at other times)

I am sealed forever in the
Most Sacred Heart of Jesus!

(7 times) *Or*

I am bound to His Sacred
Heart. (7 times)



Hail, Holy Queen,

Mother of Mercy, hail, our life,
our sweetness, and our hope.

To thee do we cry, poor banished
children of Eve.

To thee do we send up our sighs
mourning and weeping in this
valley of tears.

Turn then, most gracious
advocate, thine eyes of mercy
toward us, and after this our exile
show us the blessed fruit of thy
womb, Jesus. O clement,

O loving, O sweet Virgin Mary.

V. Pray for us, O Holy Mother of
God,

R. That we may be made worthy
of the promises of Christ.



A Meditation

by St. Teresa of Avila

Let nothing disturb you.

Let nothing frighten you.

All things pass away:

God never changes.

Patience obtains all things.

Those who have God

Find they lack nothing;

God alone suffices.

Short prayer

O Jesus, I'm sorry;

please save me;

thank You for everything.



Jesus, Mary, I Love You, Save Souls!



O Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He Himself is offended. And by the infinite merits of His Most Sacred Heart and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners.



FATIMA PRAYERS

O Jesus, it is for love of Thee,
for the conversion of sinners,
and in reparation for the sins
committed against the
Immaculate Heart of Mary.

My God, I believe, I adore,
I trust and I love You! And I beg
pardon for all
those who do
not believe,
who do not
adore, who
do not trust
and who do
not love You.



The *Memorare*

Remember, O most gracious
Virgin Mary, that never was it
known that anyone
who fled to your protection,
implored your help,
or sought your intercession,
was left unaided.

Inspired with this confidence,
I fly unto you,
O Virgin of virgins, my Mother.
To you do I come, before you
I stand, sinful and sorrowful.
O Mother of the Word Incarnate,
despise not my petitions,
but in your clemency,
hear and answer me. Amen.



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Through the
Patroness of the
United States,
Mary,
the Immaculate
Conception,
I pray for
*[here mention your
request]*
Lord have mercy.