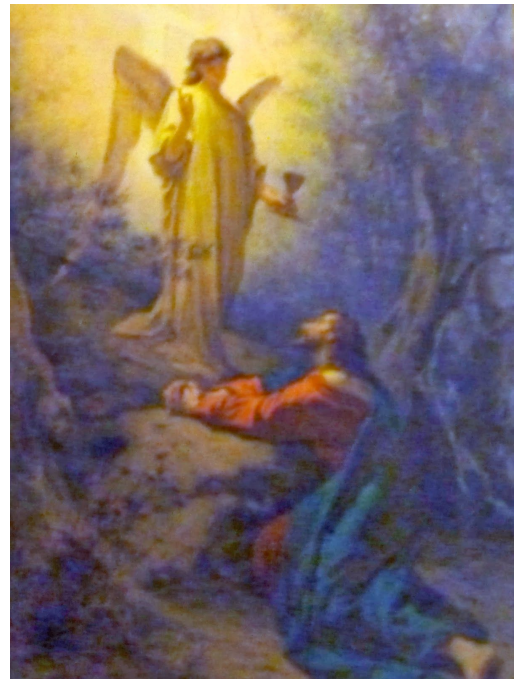


†  
JMJ



# Shorter St. Lucy Prayer Book

**“Would you please  
pray with me  
before you leave?”**



J.M.J.

**This printing of the Shorter St. Lucy Prayer Book  
is dedicated in memory of**



**Leonard and Hazel Kersting**

*V. Eternal rest grant unto them, O Lord.*

*R. And let the perpetual light shine upon them.*

*And may the souls of all the faithful departed,  
through the mercy of God, rest in peace. Amen.*

### **Preface**

The Shorter St. Lucy Prayer Book includes a selection of prayers and devotions, an abridgment of the St. Lucy Prayer Book. It is designed to make some simple, familiar prayers easily accessible with a large readable font for those who struggle with vision, memory and concentration,

If you would like to make a donation or obtain more copies of this prayer book, please write to [fwgruber@gmail.com](mailto:fwgruber@gmail.com).

### **Attributions**

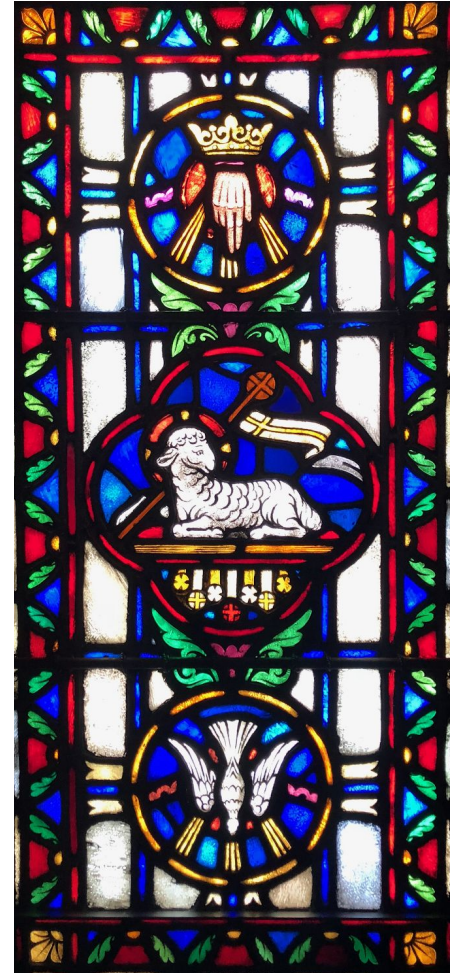
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# Sign of the Cross

In the name of  
the Father,  
and of the Son,  
and of the Holy  
Spirit. Amen.



*[Make the Sign of the Cross five times when you wake up and when you go to bed, thinking of the five Holy Wounds of our Lord Jesus Christ.]*



**Our Father,**  
who art in  
heaven,  
hallowed be  
Thy name;  
Thy kingdom  
come;  
Thy will be  
done on earth  
as it is in heaven.



Give us this day our daily bread;  
and forgive us our trespasses as  
we forgive those who trespass  
against us; and lead us not into  
temptation, but deliver us from  
evil. Amen.

**Hail**

**Mary**, full  
of grace!

The Lord  
is with  
thee.

Blessed art  
thou  
among  
women,

and blessed is the fruit of thy  
womb, Jesus. Holy Mary, Mother  
of God, pray for us sinners, now  
and at the hour of our death.

Amen.



Glory be  
to the  
Father,  
and  
to the Son,  
and to the  
Holy Spirit,  
as it was in the beginning,  
is now and ever shall be,  
world without end.  
Amen.





Hail, Holy  
Queen,  
Mother of  
Mercy, our  
life, our  
sweetness, and  
our hope.



To thee do we  
cry, poor banished children  
of Eve.

To thee do we send up our  
sighs mourning and weeping  
in this valley of tears.

Turn then, most gracious  
advocate, thine eyes of  
mercy toward us, and after  
this our exile show us the  
blessed fruit of thy womb,  
Jesus.

O clement, O loving, O sweet  
Virgin Mary.

V. Pray for us, O Holy  
Mother of God,

R. That we may be made  
worthy of the promises of  
Christ.



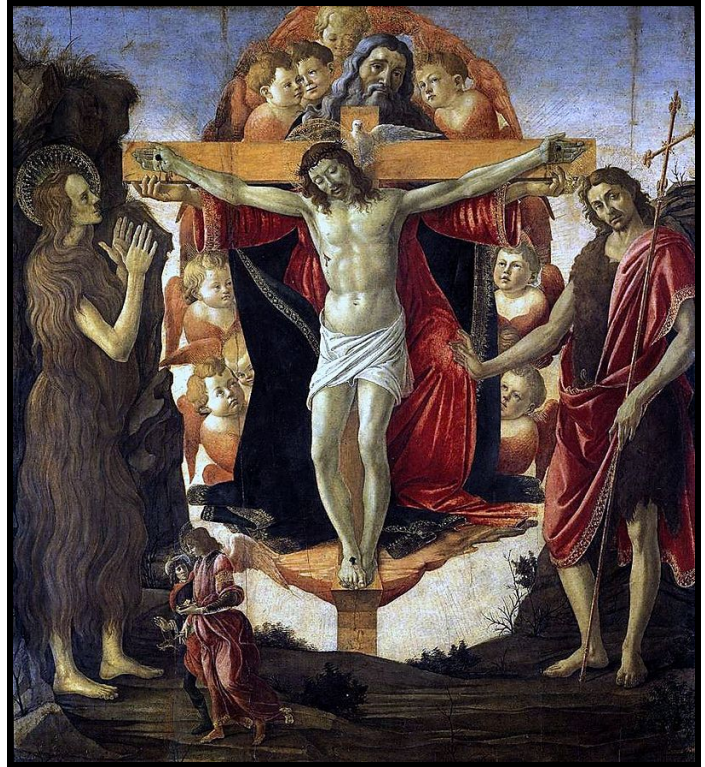
## The Apostles' Creed

I believe in God, the Father  
almighty, creator of heaven and  
earth.

I believe in  
Jesus Christ,  
His only Son,  
our Lord.

He was  
conceived by  
the power of the Holy Spirit and  
born of the Virgin Mary.

He suffered under Pontius Pilate,  
was crucified, died, and was  
buried.



He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of  
the Father. He will come again to  
judge the living and the dead.

I believe in  
the Holy Spirit,  
the holy catholic  
Church,  
the communion of  
saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.



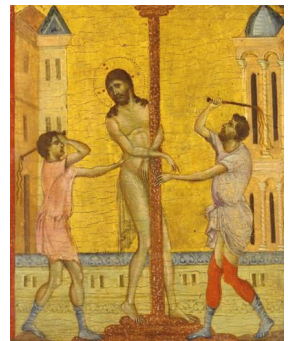


**Most Sacred Heart  
of Jesus,  
Have mercy on us.**



## An Act of Contrition

O my God, I am heartily  
sorry for having offended  
Thee and I detest all my sins,  
because I dread the loss of  
heaven and the pains of hell;  
but most of all because  
they offend Thee, my  
God, Who are all good  
and deserving of all my love.  
I firmly resolve, with the  
help of Thy grace, to confess  
my sins, to do penance, and  
to amend my life. Amen.





# Short Act of Spiritual Communion

Mary, my  
Mother and  
Queen of  
My Heart,  
please  
invite Jesus  
your Son to  
come spiritually into my  
heart.



## Fatima Sacrifice Prayer

O Jesus, it  
is for love  
of Thee,  
for the  
conversion  
of sinners,  
and in



reparation for the sins  
committed against the  
Immaculate Heart of Mary.

## The Divine Praises

Blessed be God.

Blessed be His holy name.

Blessed be Jesus Christ, true God and  
true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.



Blessed be His Most Precious  
Blood.

Blessed be Jesus in the Most  
Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the  
Paraclete.

Blessed be the great Mother of God,  
Mary most holy.

Blessed be her holy and Immaculate  
Conception.

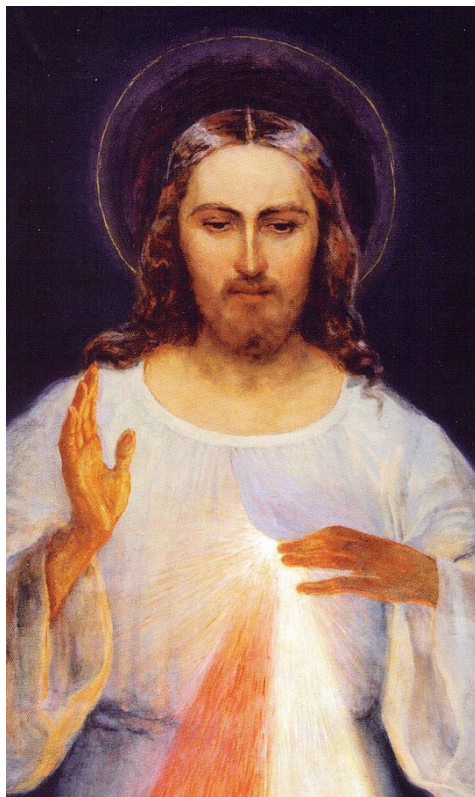
Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

## Three O' Clock Prayer to the Divine Mercy



Lord Jesus Christ,  
through the merits  
of your Passion, we  
pray for . . .(*special  
intention*) . . .

Lord have mercy.



## Saint Michael Prayer

Saint Michael, the  
Archangel, defend  
us in battle.

Be our protection  
against the  
wickedness and  
snares of the devil.

May God rebuke  
him, we humbly pray;  
and do thou,

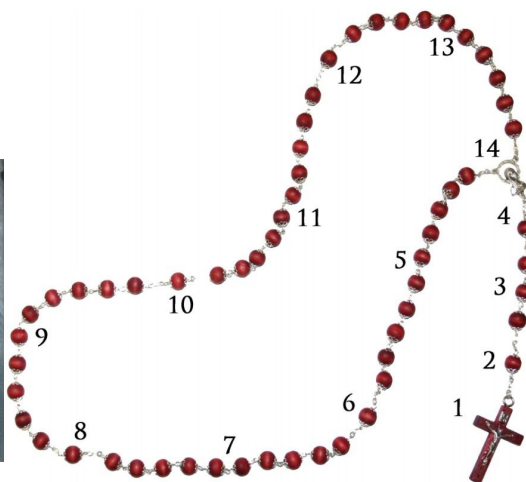
O Prince of the heavenly host,  
by the power of God cast into hell  
Satan and all the evil spirits  
who prowl throughout the world  
seeking the ruin of souls. Amen.



## CHAPLETS AND ROSARIES

### The Holy Rosary

1. One Apostle's Creed
2. One Our Father
3. Three Hail Mary's
4. One Glory Be  
First Mystery  
One Our Father
5. Ten Hail Mary's
6. One Glory Be  
One Fatima  
Prayer  
Second Mystery  
One Our Father
7. Ten Hail Mary's
8. One Glory Be  
One Fatima Prayer  
Third Mystery  
One Our Father
9. Ten Hail Mary's
10. One Glory Be  
One Fatima Prayer  
Fourth Mystery  
One Our Father
11. Ten Hail Mary's
12. One Glory Be  
One Fatima Prayer  
Fifth Mystery  
One Our Father
13. Ten Hail Mary's
14. One Glory Be  
One Fatima Prayer  
One Hail Holy Queen  
One Rosary Prayer



### Fatima Prayer

O my Jesus, forgive us our sins, save us from the fire of hell, lead all souls to heaven, especially those who are in most need of Thy mercy.

### Rosary Prayer

Let us pray: O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

## Mysteries of the Holy Rosary

### Joyful Mysteries

1. The Annunciation  
(Humility)
2. The Visitation  
(Charity)
3. The Nativity  
(Peace)
4. The Presentation  
(Obedience)
5. The Finding of  
Jesus in the  
Temple  
(Wisdom)



### Sorrowful Mysteries

1. The Agony in the  
Garden  
(Contrition)
2. The Scourging at  
the Pillar  
(Purity)
3. The Crowning with  
Thorns  
(Courage)
4. The Carrying of the  
Cross (Patience)
5. The Crucifixion and Death of  
Our Lord  
(Love of Jesus Crucified)

### Mysteries of Light

1. The Baptism of Our Lord in  
the Jordan  
(Joy as Sons in the Son)
2. Jesus' Self-Manifestation at  
the Wedding Feast at Cana  
(Confidence in Mary)
3. The Proclamation of the  
Kingdom of God with the  
Call to Conversion  
(Conversion)
4. The Transfiguration  
(Contemplation)
5. The Institution of the Holy  
Eucharist (Wonder)

### Glorious Mysteries

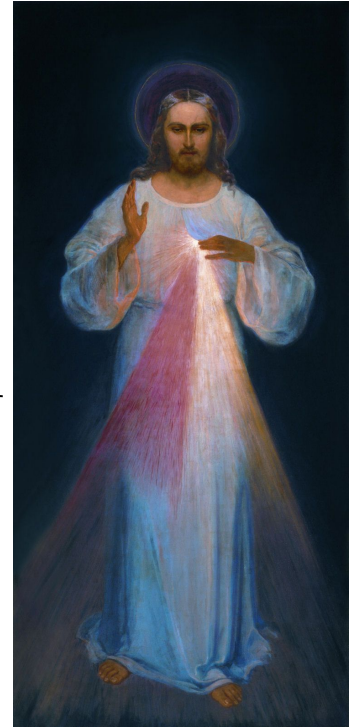
1. The Resurrection  
(Faith)
2. The Ascension  
(Hope)
3. The Descent of the Holy  
Spirit on the Apostles and  
Mary (Love)
4. The Assumption  
(Perseverance)
5. The Coronation of the  
Blessed Virgin Mary  
(True Devotion)

## Chaplet of Divine Mercy

*on ordinary Rosary beads*

*"First say one 'Our Father', 'Hail Mary', and 'I believe'. Then on the large beads say the following words:*

'Eternal Father, I offer You the  
Body and Blood, Soul and  
Divinity of Your dearly beloved  
Son, Our Lord Jesus Christ,  
in atonement for our sins  
and those of the whole world.'



*On the smaller beads, pray:*

'For the sake of His sorrowful Passion  
have mercy on us and on the whole  
world.'

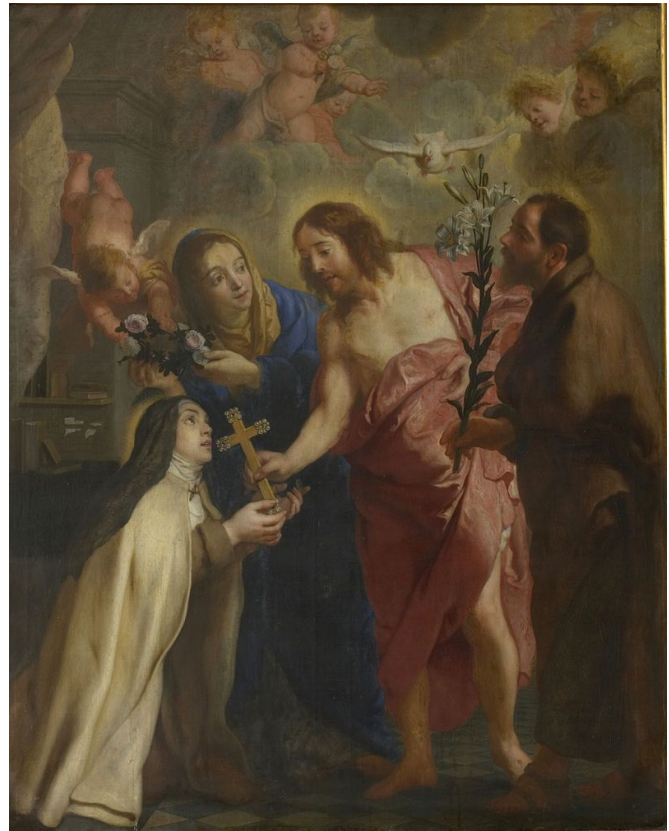
*In conclusion you are to say these words three times:*

'Holy God, Holy Mighty One, Holy  
Immortal One, have mercy on us and on  
the whole world'



# A Prayer by St. Teresa of Avila

Let nothing  
disturb you.  
Let nothing  
frighten you.



All things pass away:  
God never changes.  
Patience obtains all things.  
Those who have God  
Find they lack nothing;  
God alone suffices.

# Jesus Prayer

Lord Jesus Christ, Son of God,  
have mercy on me, a sinner.







Merciful Jesus, I consecrate  
myself today and always  
to Your Most Sacred Heart.

**After Receiving Holy  
Communion (and at other times)**  
I am sealed forever in the  
Most Sacred Heart of Jesus!  
(7 times) *Or*  
I am bound to His Sacred  
Heart. (7 times)







**Hail, O Cross,  
our only hope.**

**Repeat many times:**

O Love,

O Great Love,

O Infinite Love of God!





O Jesus,  
King of  
Love,  
I trust in  
Your  
loving  
mercy.





**Come Holy Spirit,  
Come through Mary.**



## Memorare

Remember, O most  
gracious Virgin Mary,  
that never was it  
known that any one  
who fled to thy  
protection, implored  
thy help or sought  
thy intercession, was left unaided.  
Inspired by this confidence,  
We fly unto thee, O Virgin of virgins,  
our Mother; to thee do we come,  
before thee we stand,  
sinful and sorrowful;  
O Mother of the Word Incarnate,  
despise not our petitions, but in thy  
mercy hear and answer them. Amen.





**Miraculous Medal Prayer**  
O Mary, conceived without  
sin, pray for us who  
have recourse to you.



## Fatima Prayers

My God,  
I believe,  
I adore,  
I trust and  
I love You!  
And I beg  
pardon  
for all those



who do not believe,  
who do not adore,  
who do not trust and  
who do not love You.



**Prayer to your Guardian Angel**  
Angel of God, my Guardian dear,  
to whom His love commits me  
here, ever this day (or night) be at  
my side, to light and guard, to rule  
and guide. From stain of sin oh  
keep me free. And at my death my  
helper be. Amen.



## HOLY COMMUNION

### Prayers Before Holy Communion

#### AN ACT OF FAITH.

O my Jesus! I firmly believe that You are  
present here in this Most Blessed  
Sacrament, which I am about to receive,

because You,  
the eternal Truth,  
have revealed it.  
AN ACT OF HOPE.

O my Jesus! I hope  
to receive in this  
Blessed Sacrament all  
the graces of which  
I stand in need, even  
eternal happiness in  
heaven, because You,  
the eternal and  
unfailing Truth,  
have promised it.



## AN ACT OF CHARITY.

O my Jesus! I love You in this Most Blessed  
Sacrament, as my God and Lord, as my  
Redeemer and Sanctifier.

## AN ACT OF CONTRITION.

O my Jesus! I am heartily sorry for all my  
sins, because they have offended You,  
my God and Saviour.

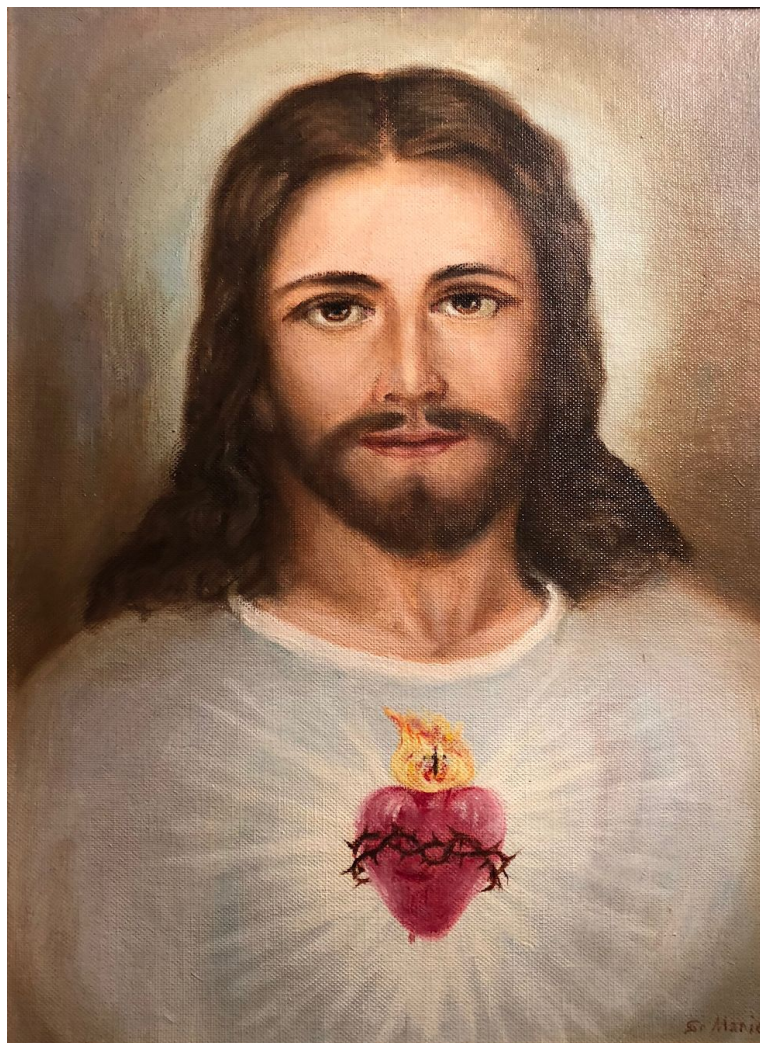
## AN ACT OF DESIRE

O my Jesus! my God and Master!  
Come, I am longing after You;  
Come, visit me, strengthen me,  
and keep me forever in Your grace. Amen.

## A MARIAN PRAYER

O Mary, my Mother, form in my heart the  
perfect holy desires of your Immaculate  
Heart. Please be with me as I receive your  
Divine Son. Impart to us your trust,  
attention, devotion, and wonder toward  
His awesome Real Presence.

## Prayers After Holy Communion



AN ACT OF  
FAITH

O my Jesus!  
I believe in You,  
as in the eternal  
truth.

AN ACT OF  
HOPE

O my Jesus!  
I hope in You,  
as in the infinite  
mercy.

AN ACT OF CHARITY.

O my Jesus! I love You, as the eternal and  
supreme good of my soul.

AN ACT OF ADMIRATION

O my Jesus! how is it that You  
come to visit me?



## AN ACT OF OFFERING

O my Jesus! I offer to Your service my body  
and my soul, all that I am, and all that I  
have, since You have given them to me.

### Prayer

O my Jesus! my Saviour  
and my Redeemer, remain  
within my heart by Your  
divine grace, and do not  
permit me to be ever  
separated from Your love.  
Amen.



## ST. EYMARD'S ACT OF OFFERING

My dear Jesus, I give myself to You as You  
have given Yourself entirely to me.

### A MARIAN PRAYER

O Mary, my Mother, please help me to  
thank, praise, adore and love Jesus your  
Son with all my heart, mind,  
soul and strength. Amen.