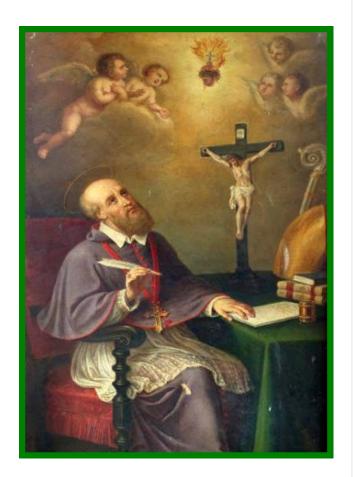


PRAYERS AND THOUGHTS OF SAINT FRANCIS DE SALES



www.MothersForPriests.org

Be at Peace

Be at peace.
Do not look forward in fear to the changes of life; rather look to them with full hope as they arise.
God, whose very own you are, will deliver you from out of them.
He has kept you hitherto, and He will lead you safely through all things; and when you cannot stand it, God will bury you in his arms.

Do not fear what may happen tomorrow; the same everlasting Father who cares for you today will take care of you then and every day.

He will either shield you from suffering, or give you unfailing strength to bear it.

Be at peace, and put aside all anxious thoughts and imagination.

-St. Francis de Sales 1567-1622

Blessed Virgin Mary

O Blessed Virgin, dear mother of mine, I salute you, and revere you with all my heart. Mother of Mercy, pray for me. Queen of Heaven, I commend my soul to you. O my tender Mother, obtain that I may be loved by your Son. Sweet hope with Jesus, sweet refuge of sinners, I throw myself at your feet. Cause me to experience the effect of the power which you possess with the Holy Trinity, O glorious Virgin Mary. Amen

Special Need

Say not, merciful Virgin, that you cannot help me; for your beloved Son has given you all power in heaven and on earth. Say not that you ought not assist me, for you are the mother of all the poor children of Adam, and mine in particular. Since then, merciful Virgin, you are my mother and you are all-powerful, what excuse can you offer if you do not lend your assistance? See. my mother, see,

you are obliged to grant me what I ask, and to yield to my entreaties.

An Act of Abandonment

O my God, I thank you and I praise you for accomplishing Your holy and all-lovable will without any regard for mine.

With my whole heart, in spite of my heart, do I receive this cross I feared so much!

It is the cross of Your choice, the cross of Your love.
I venerate it;
nor for anything in the world would I wish that it had not come, since You willed it.

I keep it with gratitude and with joy, as I do everything that comes from Your hand; and I shall strive to carry it without letting it drag, with all the respect and all the affection which Your works deserve. Amen.

Direction of Intention

My God, I give you this day. I offer you, now, all of the good that I shall do and I promise to accept, for love of you, all of the difficulty that I shall meet. Help me to conduct myself during this day in a manner pleasing to you. Amen.

Confidence in God

It is good to mistrust ourselves, but how would that advantage us were we not to throw all our confidence on God, and to wait on His mercy? If you feel no such confidence, cease not on that account from making these acts and from saying to Our Lord: "Yet, O Lord, though I have no feeling of confidence in You, nevertheless, I know that You are my God, that I am all Yours, and that I have no hope but in Your goodness; so, I abandon myself entirely into Your Hands." It is always in our power to make these acts; although we have difficulty in performing them, still there is

no impossibility. Thus we testify faithfulness to our Lord.

My Cross

The everlasting God has in His wisdom foreseen from eternity the cross that He now presents to you as a gift from His inmost heart. This cross He now sends you He has considered with His all-knowing eyes, understood with His divine mind, tested with His wise justice, warmed with loving arms and weighed with His own hands to see that it be not one inch too large and not one ounce too heavy for you. He has blessed it with His holy Name, anointed it with His consolation, taken one last glance at you and your courage, and then sent it to you from heaven, a special greeting from God to you, an alms of the allmerciful love of God.

Source:

https://www.daily-prayers.org/ angels-and-saints/prayers-of-saintfrancis-de-sales/