† J.M.J.

PRAYER FOR ALL VIRTUES NEEDFUL TO A CHRISTIAN MAN

−St. Thomas Aquinas



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O merciful God, grant that
I may eagerly desire,
carefully search out,
truthfully acknowledge,
and ever perfectly fulfil
all things which are pleasing
unto Thee.

Order all my state
for the glory and honour
of Thy Name alone;
and grant me to know
what Thou dost require
me to do,
and give me to do it
as is fitting, and profitable
to my salvation.

Grant that I may not fail or swerve either in prosperity or in adversity: that I be not lifted up by the one, nor cast down by the other.

Let me joy in nothing
but what leads to Thee,
nor grieve for any thing
but what leads
away from Thee;
let me neither seek to please,
nor fear to displease,
any but Thee alone.

May all transitory
things grow vile in my eyes,
O Lord, and may all
that is Thine
be dear to me for Thy sake,
and Thou, O my God,
dear above them all.
May all joy be irksome to me
that is without Thee,
nor may I desire any thing
that is apart from Thee.

May all labour and toil delight me which is for Thee, and all rest be weariness which is not in Thee.

Grant me, O Lord,
continually to lift up
my heart towards Thee,
and to bring
sorrowfully to my mind
my many shortcomings,
with full purpose
of amendment.

Make me, O Lord, obedient without demur, poor without repining, chaste without stain, patient without murmur, humble without pretence, joyous without frivolity, fearful without abjectness, truthful without disguise, given to good works without presumption, faithful to rebuke my neighbour without arrogance, and ever careful to edify him both by word and example without pretension.

Give me, O Lord God, an ever-watchful heart, which no subtle speculation may lure from Thee; a noble heart, which no unworthy affection can draw downwards to the earth; an upright heart, which no insincere intention can warp aside; an unconquerable heart, which no tribulation can crush or quell; a free heart, which no perverted or impetuous affection can claim for its own.

Bestow on me,
O Lord, my God,
understanding to know Thee,
diligence to seek Thee,
wisdom to find Thee,
a life and conversation

which may please Thee, perseverance in waiting patiently for Thee, and a hope which may embrace Thee at the last.

Grant me to be pierced with compunction by Thy sorrows through true repentance, to improve all Thy gifts and benefits during this my pilgrimage through Thy grace, and so at length to enter into Thy full and consummate joy in Thy glory.

Through our Lord Jesus
Christ, who liveth and
reigneth, with Thee, in the
unity of the Holy Ghost,
one God, world without end.
Amen.