

# Blessed Anne Catherine Emmerich Devotions for the Eve (September 7) of Our Lady's Birthday (September 8)

## For Pregnant Women:

I learned from St. Bridget that if pregnant women fast on the eve of Mary's birth and say fervently nine Hail Marys to honor the nine months she passed in Anne's womb; if they frequently repeat these prayers during their pregnancy, and especially on the eve of their delivery, receiving then the holy Sacraments devoutly, she will offer their prayer to God herself and bring them through even very critical circumstances to a happy delivery.

### For Everyone:

I saw the Blessed Virgin on the eve of her nativity. She said to me:

"Whoever says this evening [September 7th] nine times the Hail Mary lovingly and devoutly to honor the nine months spent in my mother's womb as also my birth, and continues the same devotion for nine consecutive days, daily gives to the angels nine flowers for a bouquet. This bouquet they bear to heaven and offer to the Most Holy Trinity to obtain some favor for the one that prays."

-*Volume I of the Life of Christ*; http://www.jesus-passion.com/birth\_of\_the\_virgin\_mary.htm



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