



†
JMJ



St. Lucy Prayer Book

**For the Sick
and Suffering**

*“Would you
please pray
with me before
you leave?”*



**This printing of the
St. Lucy Prayer Book
is dedicated in memory of**



John and Martha Gruber

*V. Eternal rest grant unto them, O Lord.
R. And let the perpetual light shine upon them.*

*And may the souls of all the faithful departed,
through the mercy of God, rest in peace. Amen.*

J.M.J.

Preface

The St. Lucy Prayer Book includes a treasury of prayers and devotions. Often in the midst of sickness and recovery, there is more ample time for prayer and reflection. Hence, a more ample selection of prayers can be helpful.

If the infirm are unable to read these prayers themselves, it would be helpful if a visitor would read some of the prayers for them.

If you would like to make a donation or obtain more copies of this prayer book, please write to fwgruber@gmail.com.

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Salus
Animarum
Lex
Suprema

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BASIC CHRISTIAN PRAYERS

Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen.

[Make the Sign of the Cross five times when you wake up and when you go to bed, thinking of the five Holy Wounds of our Lord Jesus Christ.]



Our Father

Our Father, who art in heaven,
hallowed be Thy name; Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread; and forgive us our
trespasses as we forgive those who trespass against us; and
lead us not into temptation, but deliver us from evil. Amen.

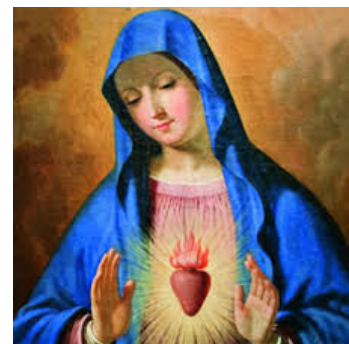
Hail Mary

Hail Mary, full of grace! The Lord is with thee.
Blessed art thou among women, and blessed is
the fruit of thy womb, Jesus. Holy Mary,
Mother of God, pray for us sinners, *
now and at the hour of our death. Amen.



Flame of Love Prayer

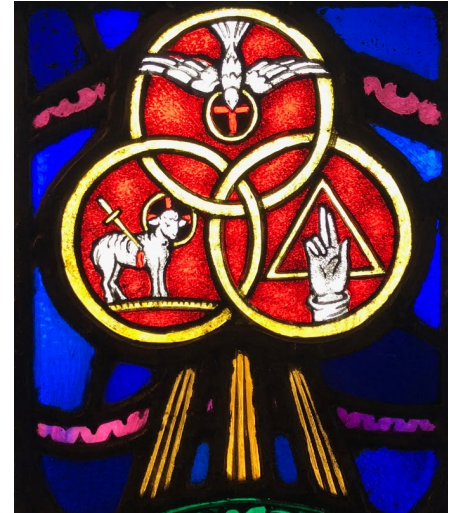
**spread the effect of grace of Thy Flame of Love
over all of humanity,
now and at the hour of our death. Amen.*



Doxology (Glory Be)

Glory be to the Father, and to the Son,
and to the Holy Spirit.

As it was in the beginning, is now and
ever shall be, world without end. Amen.



The Apostles' Creed

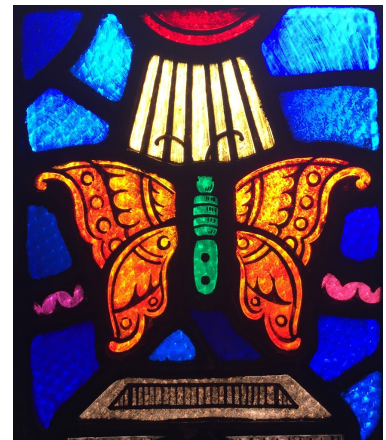
I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, His only Son, our Lord. He was
conceived by the power of the Holy Spirit and born of the
Virgin Mary. He suffered under Pontius Pilate, was crucified,
died, and was buried. He descended to the dead. On the third
day he rose again. He ascended into heaven, and is seated at
the right hand of the Father. He will come again to judge the
living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the
communion of saints, the forgiveness of sins, the resurrection
of the body, and the life everlasting. Amen.

An Act of Faith

O my God, I firmly believe that You are one
God in three divine persons, Father, Son
and Holy Spirit. I believe that Your divine
Son became man and died for our sins, and
that he will come to judge the living and the
dead. I believe these and all the truths which the holy
Catholic Church teaches because You have revealed them,
who can neither deceive nor be deceived. Amen.





An Act of Hope

O my God, trusting in Your promises and because You are faithful, powerful and merciful, I hope, through the merits of Jesus Christ, for the pardon of my sins, final perseverance and the blessed glory of heaven.

An Act of Love

O my God, because You are infinite goodness and worthy of infinite love, I love You with my whole heart above all things, and for love of You I love my neighbor as myself. I forgive all who have offended me and ask pardon of all whom I have offended.



An Act of Contrition

O my God, I am heartily sorry for having offended Thee and I detest all my sins, because I dread the loss of heaven and the pains of hell; but most of all because they offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

An Act of Resignation

My Lord God, even now I accept at Thy hands, cheerfully and willingly, with all its anxieties, pains and sufferings, whatever kind of death it shall please Thee to be mine. Amen.

An Act of Thanksgiving

O MY God! I give Thee thanks for having created me,
for having preserved me, for having redeemed me by the
precious blood of Thy Son, for having made me a child of the
holy Catholic Church, and generally for all the favors I have
received from thy infinite goodness.

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy,
Hail, our life, our sweetness, and our
hope. To thee do we cry, poor
banished children of Eve. To thee do
we send up our sighs mourning and
weeping in this valley of tears.

Turn then, most gracious advocate,
thine eyes of mercy toward us, and
after this our exile show us the
blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God,
that we may be made worthy of the promises of Christ.



Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You
my prayers, works, joys and sufferings of this day in union
with the Holy Sacrifice of the Mass throughout the world.
I offer them for all the intentions of the Sacred Heart: the
salvation of souls, reparation for sin, the reunion of all
Christians, and the intentions of our Holy Father, the Pope.
Amen.

Night Time Prayers

JESUS CHRIST, my GOD, I adore Thee and I thank Thee for the many favours Thou hast bestowed on me this day. I offer Thee my sleep and all the moments of this night, and I pray Thee to preserve me from sin. Therefore I place myself in thy most sacred side, and under the mantle of



our blessed Lady my Mother. May the holy angels assist me and keep me in peace, and may thy blessing be upon me.

MOST Sacred Heart! I select Thee as my resting-place, that Thou mayst be my strength in combat, my support in weakness, my light and guide in darkness, the expiation of my faults, and the sanctification of my intentions and actions, which I unite with Thine. Amen.

Watch, O Lord, with those who wake, or watch, or weep tonight, and give your angels charge over those who sleep. Tend your sick ones, O Lord Christ. Rest your weary ones. Bless your dying ones. Soothe your suffering ones. Pity your afflicted ones. Shield your joyous ones. And for all your love's sake. Amen.

DIVINE Heart of JESUS, convert sinners, save the dying, set free the holy souls in Purgatory.

Anima Christi

Soul of Christ, sanctify me.
 Body of Christ, save me.
 Blood of Christ, inebriate me.
 Water from the side of Christ,
 wash me.
 Passion of Christ,
 strengthen me.
 O good Jesus, hear me.
 Within your wounds
 conceal me.
 Do not permit me
 to be parted from you.
 From the evil foe protect me.
 At the hour of my death call me. And bid me come to you,
 to praise you with all your saints for ever and ever. Amen.



An Act of Spiritual Communion

My Jesus, I believe that you are in the Blessed Sacrament. I love you above all things, and I long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

Short Act of Spiritual Communion

Mary, my Mother and Queen of My Heart, invite Jesus your Son to come spiritually into my heart.

Prayer for the Poor Souls in Purgatory



Eternal Father, I offer You the most Precious Blood of your Son, Jesus Christ, in union with all the Masses said around the world today, for all the Poor Souls in Purgatory, for sinners everywhere, in the Universal Church, in my home and in my family. Amen.

The Divine Praises



Blessed be God.

Blessed be His holy name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy
Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God,
Mary most holy.

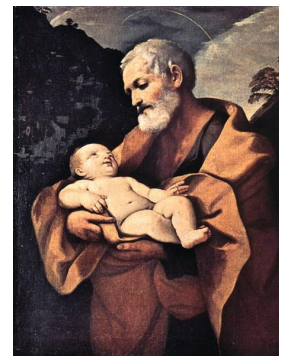
Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

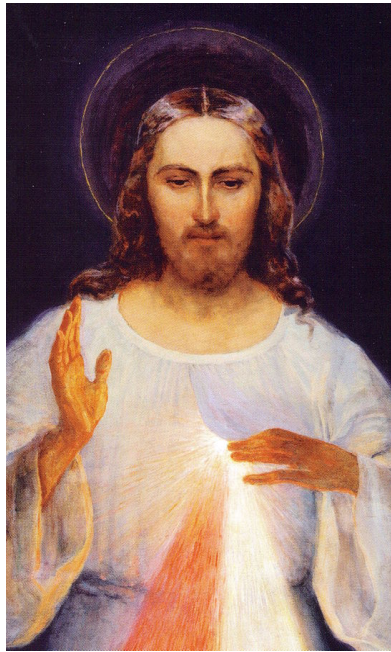
Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.



MAY the Heart of JESUS in the most Blessed Sacrament be praised, adored, and loved with grateful affection, at every moment, in all the Tabernacles of the world, even to the end of time. Amen.

Three O' Clock Prayer to the Divine Mercy



You expired, O Jesus, but the source of life gushed forth for souls and an ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy envelope the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You. (thrice Jesus, I trust in you. (thrice)

Lord Jesus Christ, through the merits of your Passion, we pray for . . .(special intention) . . .
Lord have mercy.

Saint Michael Prayer

Saint Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil.

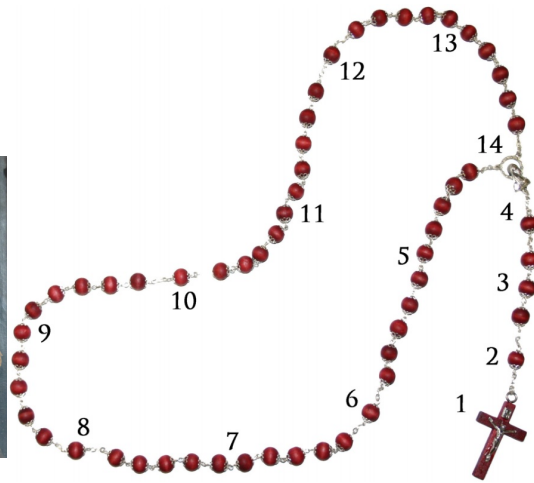
May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who prowl throughout the world seeking the ruin of souls. Amen.



CHAPLETS AND ROSARIES

The Holy Rosary

1. One Apostle's Creed
2. One Our Father
3. Three Hail Mary's
4. One Glory Be
First Mystery
One Our Father
5. Ten Hail Mary's
6. One Glory Be
One Fatima
Prayer
Second Mystery
One Our Father
7. Ten Hail Mary's
8. One Glory Be
One Fatima Prayer
Third Mystery
One Our Father
9. Ten Hail Mary's
10. One Glory Be
One Fatima Prayer
Fourth Mystery
One Our Father
11. Ten Hail Mary's
12. One Glory Be
One Fatima Prayer
Fifth Mystery
One Our Father
13. Ten Hail Mary's
14. One Glory Be
One Fatima Prayer
One Hail Holy Queen
One Rosary Prayer



Fatima Prayer

O my Jesus, forgive us our sins, save us from the fire of hell, lead all souls to heaven, especially those who are in most need of Thy mercy.

Rosary Prayer

Let us pray: O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Mysteries of the Holy Rosary

Joyful Mysteries

1. The Annunciation
(Humility)
2. The Visitation
(Charity)
3. The Nativity
(Peace)
4. The Presentation
(Obedience)
5. The Finding of
Jesus in the
Temple
(Wisdom)



Sorrowful Mysteries

1. The Agony in the
Garden
(Contrition)
2. The Scourging at
the Pillar
(Purity)
3. The Crowning with
Thorns
(Courage)
4. The Carrying of the
Cross (Patience)
5. The Crucifixion and Death of
Our Lord
(Love of Jesus Crucified)

Mysteries of Light

1. The Baptism of Our Lord in
the Jordan
(Joy as Sons in the Son)
2. Jesus' Self-Manifestation at
the Wedding Feast at Cana
(Confidence in Mary)
3. The Proclamation of the
Kingdom of God with the
Call to Conversion
(Conversion)
4. The Transfiguration
(Contemplation)
5. The Institution of the Holy
Eucharist (Wonder)

Glorious Mysteries

1. The Resurrection
(Faith)
2. The Ascension
(Hope)
3. The Descent of the Holy
Spirit on the Apostles and
Mary (Love)
4. The Assumption
(Perseverance)
5. The Coronation of the
Blessed Virgin Mary
(True Devotion)

Chaplet of Divine Mercy

on ordinary Rosary beads

"First say one 'Our Father', 'Hail Mary', and 'I believe'. Then on the large beads say the following words:

'Eternal Father, I offer You the Body and Blood,
Soul and Divinity of Your dearly beloved Son,
Our Lord Jesus Christ,

in atonement for our sins and those of the
whole world.'

On the smaller beads, pray:

'For the sake of His sorrowful Passion

have mercy on us and on the whole world.'

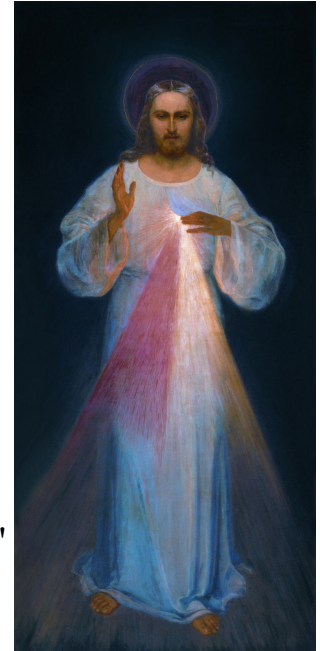
*(You may finish the five decades or keep on going
around the Rosary on and on, if you wish.)*

In conclusion you are to say these words three times:

'Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world'.

Jesus said to Sister Faustina:

"Say unceasingly this chaplet that I have taught you. Anyone who says it will receive great Mercy at the hour of death. Priests will recommend it to sinners as the last hope. Even the most hardened sinner, if he recites this Chaplet even once, will receive grace from My Infinite Mercy. I want the whole world to know My Infinite Mercy. I want to give unimaginable graces to those who trust in My Mercy...." "...When they say this Chaplet in the presence of the dying, I will stand between My Father and the dying person not as the just judge but as the Merciful Savior".



The Rosary of the Holy Wounds

Use regular Rosary beads. On the crucifix and first three beads:

O JESUS, Divine Redeemer, be merciful to us and to the whole world. Amen.

STRONG God, holy God, immortal God, have mercy on us and on the whole world. Amen.

GRACE and mercy, O my Jesus, during present dangers; cover us with Thy Precious Blood. Amen.

ETERNAL Father, grant us mercy through the Blood of Jesus Christ, Thine only Son; grant us mercy, we beseech Thee. Amen, Amen, Amen.



The following prayers, composed by Our Lord, are to be said using the Rosary beads.

On the large [middle] beads:

Eternal Father, I offer Thee the Wounds of our Lord Jesus Christ. To heal the wounds of our souls.

On the small [decade] beads:

My Jesus, pardon and mercy.

Through the merits of Thy Holy Wounds.

HISTORY: This devotion to the Holy Wounds and the Promises were revealed by Our Lord to Sr. Mary Martha Chambon (1841-1907), of the Monastery of the Visitation of Chambery. The cause for her beatification was introduced in 1937. It is customary to honor the Five Wounds of Our Lord on the five decades.

Chaplet of the Most Precious Blood

This devotion consists of seven mysteries in which we meditate on the seven principal sheddings of the Most Precious Blood of Jesus. The *Our Father* is said five times after each mystery, except the last, when it is said three times, in all, the *Our Father* is said thirty-three times in honor of the thirty-three years of Our Lord's life on earth.

L. O God, come to my assistance.

R. O Lord, make haste to help me.

L. Glory be to the Father ...

R. As it was in the beginning ...

FIRST MYSTERY: THE CIRCUMCISION OF JESUS

"When the eighth day arrived for his circumcision, the name Jesus was given the child."

(Lk. 2:21)

Pray 5 *Our Fathers* ...

Pray 1 *Glory be to the Father* ...

L. We beseech you, therefore, help your servants.

R. Whom you have redeemed by your Precious Blood.

SECOND MYSTERY: THE AGONY IN THE GARDEN

"In his anguish he prayed with all the greater intensity, and his sweat became like drops of blood falling to the ground."

(Lk. 22:44)

Pray 5 *Our Fathers* ... Pray 1 *Glory be to the Father* ...



L. We beseech you, therefore, help your servants.

R. Whom you have redeemed by your Precious Blood.

THIRD MYSTERY: THE SCOURGING AT THE PILLAR

"At that, he released Barabbas to them. Jesus, however, he first had scourged." (Mt. 27:26)

Pray 5 *Our Fathers ...*

Pray 1 *Glory be to the Father ...*

L. We beseech you, therefore, help your servants.

R. Whom you have redeemed by your Precious Blood.

FOURTH MYSTERY: THE CROWNING WITH THORNS

"They stripped off his clothes and wrapped him in a scarlet military cloak. Weaving a crown out of thorns they fixed it on his head." (Mt. 27:28-29)

Pray 5 *Our Fathers ...* Pray 1 *Glory be to the Father ...*

L. We beseech you, therefore, help your servants.

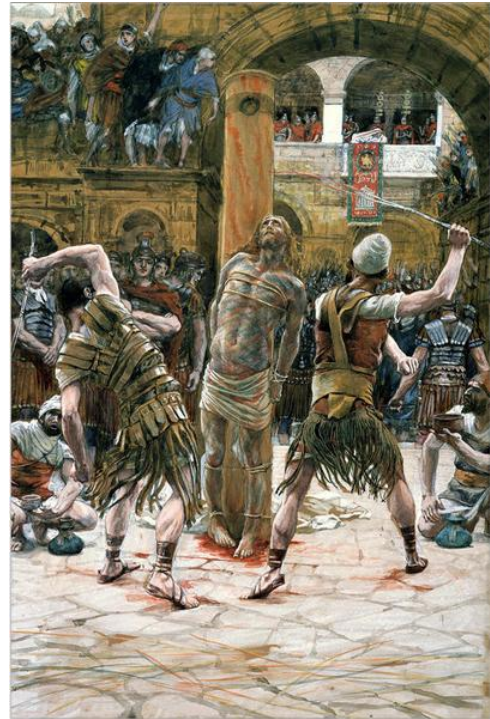
R. Whom you have redeemed by your Precious Blood.

FIFTH MYSTERY: THE CARRYING OF THE CROSS

"In the end, Pilate handed Jesus over to be crucified. Jesus was led away, and carrying the cross by himself, went out to what is called the Place of the Skull." (Jn. 19:16-17)

Pray 5 *Our Fathers ...* Pray 1 *Glory be to the Father ...*

L. We beseech you, therefore, help your servants.



R. Whom you have redeemed by your Precious Blood.

SIXTH MYSTERY: THE CRUCIFIXION ON CALVARY

"When they came to Skull Place, as it was called, they crucified him there ... Jesus said, 'Father, forgive them; they do not know what they are doing.'" (Lk. 23:33-34)

Pray 5 *Our Fathers* ... Pray 1 *Glory be to the Father* ...

L. We beseech you, therefore, help your servants.

R. Whom you have redeemed by your Precious Blood.

SEVENTH MYSTERY: THE PIERCING OF THE SACRED SIDE

"One of the soldiers thrust a lance into his side and immediately blood and water flowed out."

(Jn. 19:34)

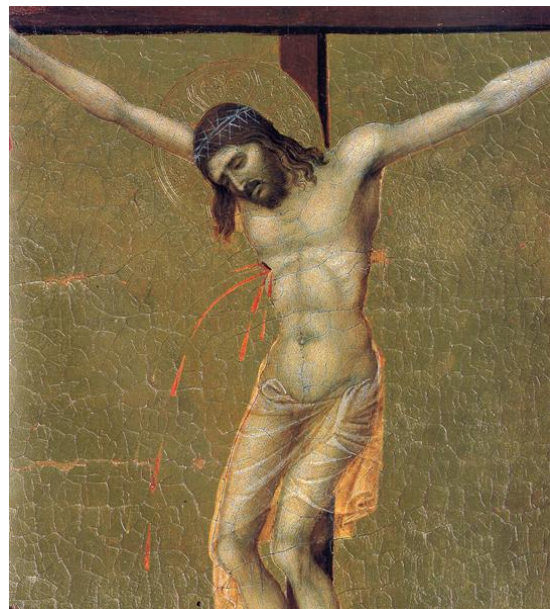
Pray 3 *Our Fathers*

Pray 1 *Glory be to the Father* ...

L. We beseech you, therefore,
help your servants.

R. Whom you have redeemed by your Precious Blood.

Let us pray: Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world, and willed to be appeased by his Blood. Grant, we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen



Chaplet of the Seven Sorrows of Mary

This devotion was originated in the thirteenth century. It recalls the Sorrows the Virgin Mother of God endured in compassion for the suffering and death of her Divine Son. The Seven Sorrows rosary consists of seven Hail Marys for each of the seven Sorrows. One Our Father is said before each group of seven Hail Marys: which are separated by a medal. On the three beads of the rosary at the end three Hail Marys are said in honor of the Tears of Our Sorrowful Mother. While reciting the prayers meditate upon:

Prayer:

1. Prophecy of Simeon - reflect on and sympathize in the sorrow of our Blessed Lady, when she presented her Divine Child in the Temple, and



heard from the aged Simeon that a sword of grief should pierce her soul on His account.

Our Father, Seven Hail Mary's

2. Flight into Egypt - reflect on her sorrow when, to escape the cruelty of King Herod, she was forced to fly into Egypt with St. Joseph and her beloved Child.

Our Father, Seven Hail Mary's

3. Three-day Separation from Jesus in Jerusalem - reflect on her grief, when, in returning from Jerusalem she perceived that she had lost her dear Jesus, whom she sought sorrowing during three days.

Our Father, Seven Hail Mary's

4. Meeting Christ on the Road to Calvary - reflect on her meeting her Divine Son, all bruised and mangled, carrying His cross to Calvary, and seeing Him fall under His heavy weight.

Our Father, Seven Hail Mary's

5. Crucifixion and Death of Jesus Christ - reflect on her standing by when her Divine Son was lifted up on the cross, and the blood flowed in streams from His sacred wounds.

Our Father, Seven Hail Mary's

6. Our Lord is Taken Down from the Cross (Pieta) - reflect on her sorrow, when her Divine Son was taken down from the cross, and she received Him into her arms.



Our Father, Seven Hail Mary's

7. Our Lord and Savior Jesus Christ is Buried in the Tomb - contemplate her following His sacred body, as it was borne by Joseph of Arimathea, and Nicodemus, to the sepulcher, enclosed there, and hidden from her sight.

Our Father, Seven Hail Mary's

3 Hail Mary's in honor of the Sorrowful tears of Our Lady

V. Pray for us, O most Sorrowful Virgin

R. *That we may be made worthy of the promises of Christ*

Let us pray: Lord Jesus, we now implore, both for the present and for the hour of our death, the intercession of the most Blessed Virgin Mary, Thy Mother, whose holy soul was pierced at the time of Thy Passion by a sword of grief. Grant us this favor, O Savior of the world, Who livest and reignest with the Father and the Holy Ghost for ever and ever. Amen.

Acts of Praise in Honor of the Most Blessed Trinity

I venerate and glorify Thee, O Most Blessed Trinity, in union with that ineffable glory with which God the Father, in His omnipotence, honors the Son and the Holy Spirit forever. Glory be . . .

I magnify and bless Thee, O Most Blessed Trinity, in union with that most reverent glory with which God the Son in His unsearchable wisdom, glorifies the Father and the Holy Spirit forever. Glory be . . .



I adore and extol Thee, O Most Blessed Trinity in union with that most adequate and befitting glory with which the Holy Spirit, in His unsearchable goodness, extols the Father and the Son forever. Glory be . . .

Prayer in Honour of the Holy Family

GRANT us, O LORD JESUS, faithfully to imitate the examples of thy Holy Family, so that in the hour of our death, in the company of thy glorious Virgin Mother and St Joseph, we may deserve to be received by Thee into eternal tabernacles.

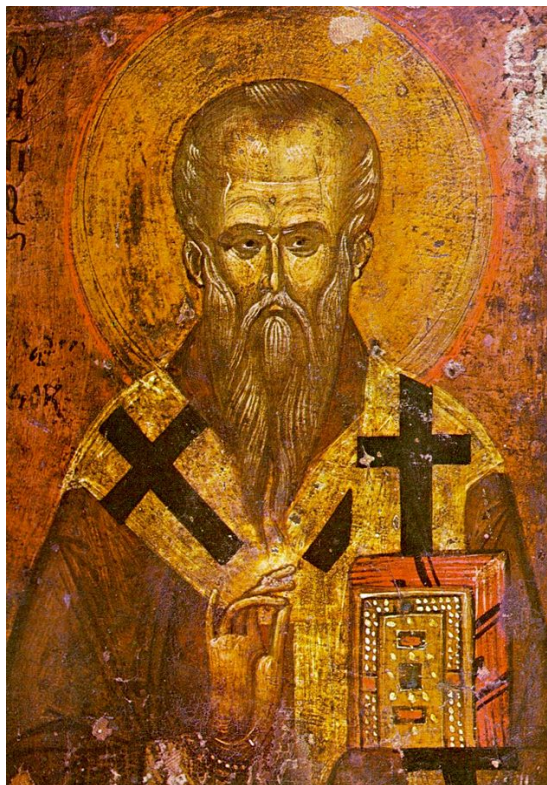
O JOSEPH, virgin father of JESUS, most pure spouse of the Virgin Mary, pray for us daily to the SON of GOD, that, armed with the weapons of his grace, we may fight as we ought in life, and be crowned by Him in death.

O my holy Guardian Angel, defend me from all my enemies, and conduct my soul to heaven.

PRAYERS TO GOD THE FATHER

Prayer by St. Clement of Rome

We beseech You, Master,
to be our helper and protector.
Save the afflicted among us;
have mercy on the lowly;
Raise up the fallen;
appear to the needy;
heal the ungodly;
Restore the wanderers
of Your people;
Feed the hungry;
ransom our prisoners;
Raise up the sick;
comfort the faint-hearted.



St. Ambrose's Prayer to God the Father

O Lord, who has mercy upon all,
take away from me my sins, and mercifully
kindle in me the fire of Your Holy Spirit.
Take away from me the heart of stone,
and give me a heart of flesh,
a heart to love and adore You,
a heart to delight in You,
to follow and to enjoy You, for Christ's sake.

Prayer in Reparation for Blasphemies

ETERNAL Father, by the most precious blood of Jesus Christ,
glorify His most holy name, according to the intention and
the desires of His adorable Heart.

Prayer of St. Dionysius of Alexandria

God the Father,
source of everything Divine,
You are good
surpassing everything good
and just surpassing everything just.
In You is tranquility,
as well as peace and harmony.
Heal our divisions
and restore us to the unity of love,
which is similar to Your Divine
nature.
Let the bond of love
and the ties of Divine affection
make us one in the Spirit by your
peace
which renders everything peaceful.
We ask this through the grace,
mercy,
and compassion of Your only Son,
our Lord Jesus Christ.

St. Columba

Alone with none but thee, my God,
I journey on my way.
What need I fear when thou art near,
Oh king of night and day?
More safe am I within thy hand
Than if a host did round me stand.



A Prayer by St. Benedict

Gracious and holy Father,
please give me:

intellect to understand you;
reason to discern you;
diligence to seek you;
wisdom to find you;
a spirit to know you;
a heart to meditate upon
you; ears to hear you;
eyes to see you;
a tongue to proclaim you;
a way of life pleasing to you;
patience to wait for you;
and perseverance to look for
you.

Grant me: a perfect end,
your holy presence.
A blessed resurrection,
And life everlasting.

Prayer by St. Teresa Of Avila

Govern everything by your
wisdom, O Lord, so that my
soul may always be serving
you in the way you will and not as I choose.
Let me die to myself so that I may serve you;
let me live to you who are life itself. Amen.



Saint Margaret Mary's Prayer to God the Father

Eternal Father, I offer unto Thee the infinite satisfaction which Jesus rendered to Thy justice on behalf of sinners upon the tree of the Cross; and I pray that Thou wouldst make the merits of His Precious Blood available to all guilty souls to whom sin has brought death; may they rise again to the life of grace and glorify Thee for ever.

Eternal Father,

I offer Thee the fervent devotion of the Sacred Heart of Jesus in satisfaction for the lukewarmness and cowardice of Thy chosen people, imploring Thee by the burning love which made Him suffer death, that it may please Thee to rekindle their hearts now so lukewarm in Thy service, and to set them on fire with Thy love, that they may love Thee for ever.



Eternal Father, I offer Thee the submission of Jesus to Thy will, and I ask of Thee, through His merits, the fullness of all grace and the accomplishment of all Thy holy will. Blessed be God! Amen.

Prayer to Endure Suffering

O Most Sacred Heart of Jesus, Who for love of me did carry my cross gently on the path to Calvary, grant that I may suffer so as to live in Heaven with Thee.

Another Prayer of Saint Margaret Mary

Eternal Father, permit me to offer to You the Heart of Your well-beloved Son, Jesus Christ, as He offers Himself to You in



sacrifice. Receive this oblation for me, together with all the desires, sentiments, affections, movements and acts of this Sacred Heart. They are all mine, since He immolates Himself for me, and henceforth I wish to have no desires but His. Receive them in satisfaction for my sins, and in thanksgiving for all Your benefits. Receive them, that through His merits, You may grant me all the graces necessary for me,

especially the grace of Final Perseverance. Receive them as so many acts of love, adoration and praise, which I offer to Your Divine Majesty, since it is by the Heart of Jesus You are worthily honored and glorified. Amen.

Offering up of each Separate Pain

As Christ taught St. Mechtildis to do. (B. ii. ch. 32.)

O sweet love of God, I offer thee this pain, these aches, and commend it to thee in the same intention with which thou hast sent it to me. And I pray thee to seal it with thy divine grace and thy good pleasure.

Prayer for Benefactors

REWARD, O LORD, with eternal life all those who do us good for thy name's sake. Amen.

Prayer of Abandonment*Charles de Foucauld*

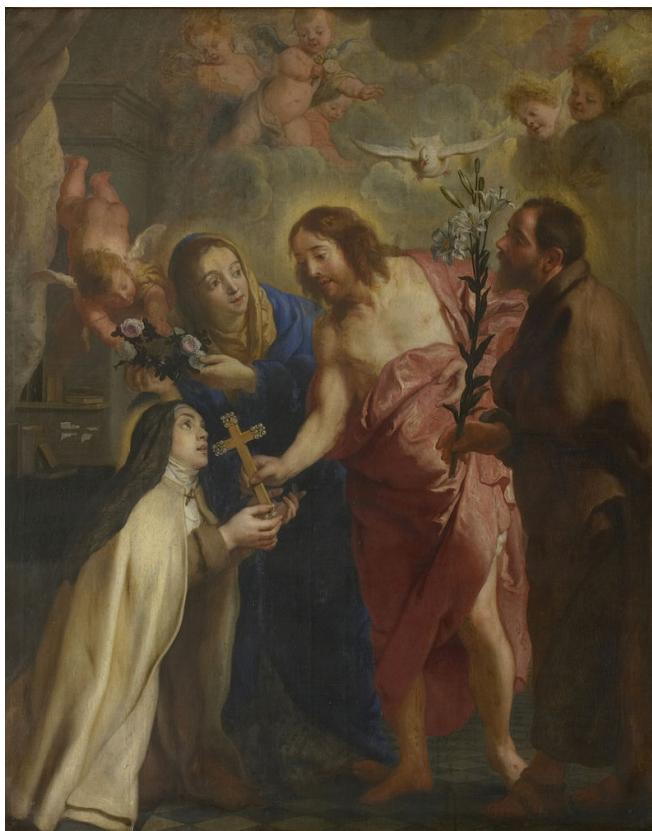
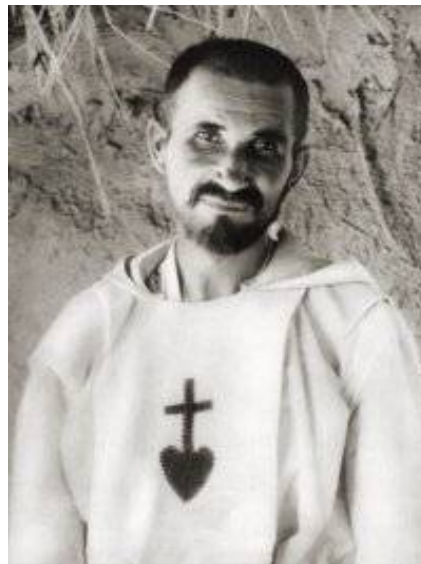
Father,
I abandon myself into your hands;
do with me what you will.
Whatever you may do, I thank you:
I am ready for all, I accept all.

Let only your will be done in me,
and in all your creatures -
I wish no more than this, O Lord.

Into your hands I commend my soul:
I offer it to you with all the love of my heart,
for I love you, Lord, and so need to give myself,
to surrender myself into your hands without reserve,
and with boundless confidence,
for you are my Father.

**A Prayer by St. Teresa
of Avila**

Let nothing disturb you.
Let nothing frighten you.
All things pass away:
God never changes.
Patience obtains all things.
Those who have God
Find they lack nothing;
God alone suffices.



PRAYERS TO OUR LORD JESUS CHRIST

Act of Resignation to the Divine Will

O Lord my God, I now, at this moment, readily and willingly accept at Your hands whatever kind of death it may please You to send me, will all its pains, penalties and sorrows. Amen.



Jesus Prayer (Repeat continually on beads)

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

Prayer to Jesus Christ Crucified

My good and dear Jesus,
I kneel before You,
asking You most earnestly
to engrave upon my heart
a deep and lively faith,
hope, and charity,
with true repentance for
my sins, and a firm resolve
to make amends.

As I reflect upon Your five
wounds, and dwell upon
them with deep
compassion and grief, I
recall, good Jesus, the
words the Prophet David



spoke long ago concerning Yourself: "They pierced My hands and My feet; they have numbered all My bones."

The Prayer of Jesus (The Unity Prayer)

From Elizabeth Kindelmann (+1985) Hungarian mystic.



My adorable Jesus:

May our feet journey together.

May our hands gather in unity.

May our hearts beat in unison.

May our souls be in harmony.

May our thoughts be as one.

May our ears listen to the silence together.

May our glances profoundly penetrate each other.

May our lips pray together to gain mercy from the Eternal Father.

Prayer of St. Ignatius Loyola

O BELOVED Word of God, teach me to be generous,
to serve Thee with that perfection which Thy Majesty claims;
to give without calculation, to fight without heeding wounds,
to labor without repose, to expend myself in Thy service
without thought of other reward than that of knowing
that I do Thy most holy will. Amen.

Memorare to the Most Sacred Heart

Remember, O Jesus, meek and humble of Heart, that thou
hast never yet beheld misery without being moved to mercy
and compassion. Animated, therefore, with boundless
confidence in Thy unwearied love, I come to thee, sweet
Saviour; burdened with miseries, I fly to thee; laden with
sorrows, I throw myself upon thy compassionate mercy.

Do not, O my Lord, my Father, cast me off, but graciously receive me into thy munificent Heart, nor suffer me ever to be separated therefrom.

Aid me, I beseech thee, in all my difficulties; bless me, O benign Heart of Jesus, in the name of the Father, and of the Son, and of the Holy Ghost; and let thy blessing descend upon all those for whom I desire to pray. Amen.

Oblation of the Merits of Christ for our Sins

By St. Gertrude

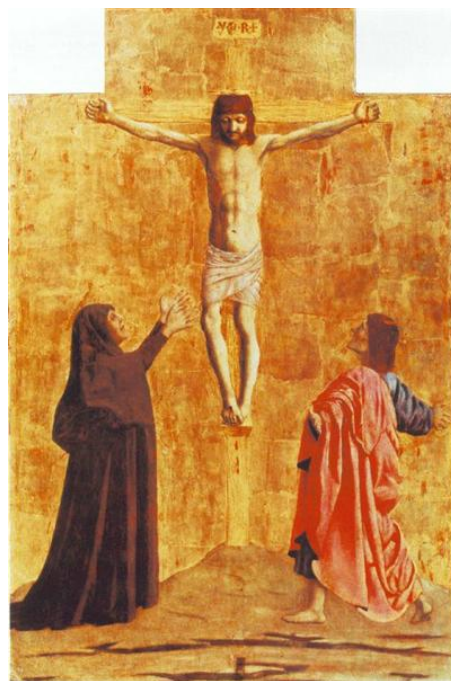
O MOST compassionate Jesus!
since by reason of Thine unsearchable
wisdom Thou knowest the extent of
human frailty more clearly and fully
than I or any one can know it, I
implore Thee to have manifold
compassion on my manifold frailty,
and to vouchsafe to supply all my
defects and shortcomings.

Offer to Thy most gracious Father,
O merciful Jesus! the most becoming
silence of Thy holy lips, in expiation of all the sins I have
committed, and to supply for all the good I have omitted, by
vain and frivolous conversation.

Offer, O good Jesus! the modesty of Thy most holy ears, for all
the sins I have committed by hearing.

Offer also the reserve of Thy eyes, for all the stains which I
have contracted by wandering and forbidden looks.

Offer the caution and deliberation of Thy hands and feet,



for all the sins which I have committed in my daily actions or in my daily walk.

Lastly, O most loving Jesus! offer to His glorious Majesty Thy divine Heart, for all the sins which I have committed by thought, word or desire. Amen.

Offering of Masses for the Dying

MY GOD, I offer Thee all the Masses which are being celebrated today throughout the whole world, for sinners who are in their agony and who are to die this day. May the Precious Blood of their REDEEMER, obtain mercy for them.



Prayers by St. Thomas Aquinas

Grant me, O Lord my God,
a mind to know you,
a heart to seek you,
wisdom to find you,
conduct pleasing to you,
faithful perseverance in waiting for you,
and a hope of finally embracing you.

Grant me grace, O merciful God,
to desire ardently all that is pleasing to Thee,
to examine it prudently,
to acknowledge it truthfully,
and to accomplish it perfectly,
for the praise and glory of Thy name. Amen.



A prayer from Saint Gemma to Jesus



O my crucified God, behold me at Your feet; do not cast me out, now that I appear before You as a sinner. I have offended You exceedingly in the past, my Jesus, but it shall be so no longer.

Before You, O Lord, I place all my sins; I have now considered

Your own sufferings and see how great is the worth of that Precious Blood that flows from Your veins.

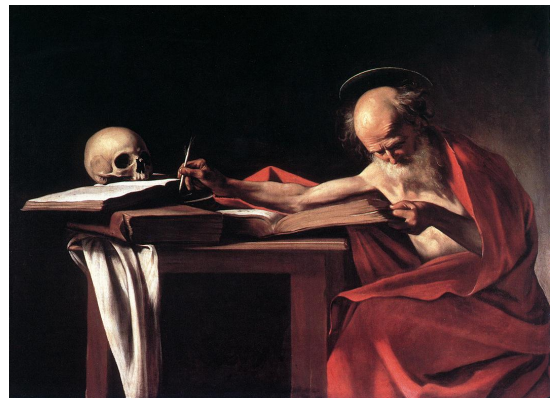
O my God, at this hour close Your eyes to my want of merit, and since You have been pleased to die for my sins, grant me forgiveness for them all, that I may no longer feel the burden of my sins, for this burden, dear Jesus, oppresses me beyond measure.

Assist me, my Jesus, for I desire to become good whatsoever it may cost; take away, destroy, utterly root out all that You find in me contrary to Your holy will. At the same time, I pray to You Lord Jesus, to enlighten me that I may be able to walk in Your holy light. Amen.



Prayer by St. Jerome

O Lord, you have given us your word for a light to shine upon our path; grant us so to meditate on that word, and follow its teaching, that we may find in it the light that shines more and more until the perfect day.



Prayer by Saint Thomas More



Grant me, O Lord, good digestion,
and also something to digest.

Grant me a healthy body,
and the necessary good humour
to maintain it.

Grant me a simple soul that knows
to treasure all that is good and that
doesn't frighten easily at the sight of
evil, but rather finds the means to put
things back in their place.

Give me a soul that knows not boredom, grumbling, sighs
and laments, nor excess of stress,
because of that obstructing thing called 'I'.

Grant me, O Lord, a sense of good humour.

Allow me the grace to be able to take a joke and to discover in
life a bit of joy, and to be able to share it with others.

Confidence in God by St. Francis de Sales

*It is good to mistrust ourselves, but how would that advantage us
were we not to throw all our confidence on God, and to wait on His
mercy? If you feel no such confidence, cease not on that account
from making these acts and from saying to Our Lord:*

"Yet, O Lord, though I have no feeling of confidence in You,
nevertheless, I know that You are my God, that I am all Yours,
and that I have no hope but in Your goodness; so, I abandon
myself entirely into Your Hands."

*It is always in our power to make these acts; although we have
difficulty in performing them, still there is no impossibility. Thus
we testify faithfulness to our Lord.*

An Act of Abandonment

By Saint Francis De Sales

O my God, I thank you and I praise
you for accomplishing your holy
and all-lovable will
without any regard for mine.
With my whole heart,
in spite of my heart, do I receive this
cross I feared so much!

It is the cross of Your choice,
the cross of Your love.

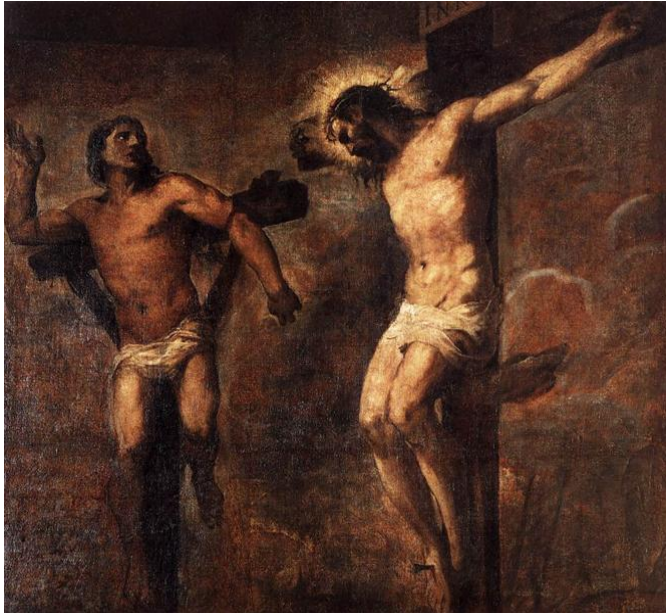
I venerate it; nor for anything in the
world would I wish that it had not come, since You willed it.

I keep it with gratitude and with joy,
as I do everything that comes from
Your hand; and I shall strive to carry it
without letting it drag, with all the
respect and all the affection
which Your works deserve. Amen.

Prayer of St. Martin of Tours

Lord, if Your people still have need of
my services, I will not avoid the toil. Your will be done. I have
fought the good fight long enough. Yet if You bid me continue
to hold the battle line in defense of Your camp, I will never
beg to be excused from failing strength. I will do the work
You entrust to me. While You command, I will fight beneath
Your banner.





Prayer to Amend One's Ways

O Master,
Lord Jesus Christ,
You patiently endured our
sins, and were hung upon the
life giving wood.
You opened a way to
paradise for the penitent thief
and crushed Death
by Your death.

Now forgive the trespasses that we Your servants have
committed, unworthy sinners that we are.

We have sinned indeed and transgressed Your law.

We are unworthy even to lift up our eyes to heaven,
for we have abandoned the path of Your holiness
and pursued the desires of our hearts.

But now we implore Your immense goodness.

Spare us, O Lord in the multitude of Your mercies;
save us for the sake of Your most Holy Name.

Our days were spent in vanity;

rest us from the hands of our enemy, and forgive our sins.

Subdue in us the cravings of our flesh,

so that, after putting off the old self,

we may put on the new and live for You,

our Lord and Benefactor; and that, obeying Your commandments,

we may reach eternal repose in the place where all the blessed

abide; for You are truly Joy and Delight to those who love You,

O Christ our God. We send up glory to You, and to Your eternal

Father, and to Your all-holy, gracious, and life-giving Spirit,

now and ever, and forever. Amen.

Prayer in Honor of the Five Wounds

by St. Alphonsus

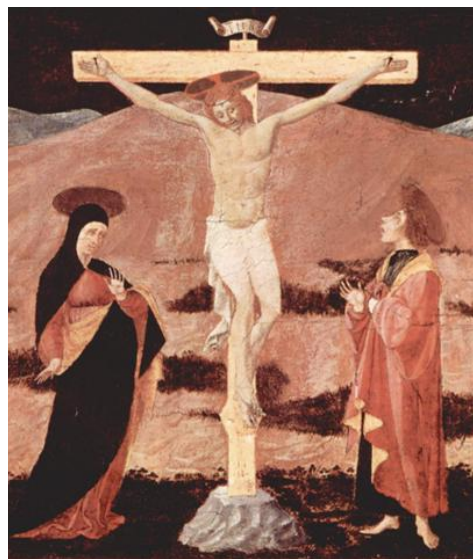
O Jesus, through the pain which Thou didst suffer when Thy left hand was nailed to the cross, give me true repentance for my sins.

O Jesus, through the pain which Thou didst suffer when Thy right hand was nailed to the cross, give me perseverance in grace.

O Jesus, through the pain which Thou didst suffer when Thy left foot was nailed to the cross, preserve me from the torments of hell.

O Jesus, through the pain which Thou didst suffer when Thy right foot was nailed to the cross, give me the grace to love Thee forever in heaven.

O Jesus, through the wound of Thy Sacred Heart, grant me the grace ever to love Thee, both in this life and in the next
Amen.



Prayer to obtain from God the Love of Self-Contempt

O God of infinite majesty, who from Thy high dwelling-place dost mercifully regard the humble and knowest the proud from afar, in the name of Thy beloved Son, Jesus, pour into our heart the spirit of humility and the love of self-contempt! Grant that, imitating Him on earth, our pride being cast out and its roots destroyed, we may deserve to be for ever exalted with that same Only-Begotten Son, humbled for us to the death of the cross and made the outcast of men! Amen.

A Prayer of Saint Jerome for Christ's Mercy



O Lord, show Your mercy to me and gladden my heart. I am like the man on the way to Jericho who was overtaken by robbers, wounded and left for dead. O Good Samaritan, come to my aid. I am like the sheep that went astray. O Good Shepherd, seek me out and bring me home in accord with Your will. Let me dwell in Your house all the days of my life and praise You for ever and ever with those who are there. Amen.

Act of Love to the Sacred Heart

Reveal Thy Sacred Heart to me, O Jesus, and show me Its attractions. Unite me to It for ever. Grant that all my aspirations and all the beats of my heart, which cease not even while I sleep, may be a testimonial to Thee of my love for Thee and may say to Thee: Yes, Lord, I am all Thine; the pledge of my allegiance to Thee rests ever in my heart and will never cease to be there.

Do Thou accept the slight amount of good that I do and be graciously pleased to repair all my wrongdoing; so that I may be able to bless Thee in time and in eternity. Amen.

Aspiration of St. Margaret Mary

O HEART of love, O Heart of Jesus, I place all my trust in You: for though I fear all things from my own weakness, I hope for all things from Your mercy.

May the Most Sacred Heart of Our Lord Jesus Christ be glorified and adored forever and ever. Amen.

**After Receiving Holy Communion
(and at other times)**

I am sealed forever in the Most Sacred Heart of Jesus! (7 times) *Or*

I am bound to His Sacred Heart. (7 times)

Praise of God's Will

May the most just, the most high, the most lovable will of God be in all things done, and praised, and forever magnified!

†

Hail, O Cross, our only hope.

O Lord, increase our faith.

MAY the Heart of JESUS be loved everywhere.

Repeat many times:

O Love, O Great Love,
O Infinite Love of God!

Aspirations

Praised be Jesus Christ in the Most Blessed Sacrament!

O Jesus, King of Love, I trust in thy loving mercy.

EUCCHARISTIC Heart of JESUS, on fire with love of us, inflame our hearts with love of Thee.



Short Prayers

Jesus, Mary, I love you; do not permit me to offend you.

Lord have Mercy!

Help me, Mother. My Jesus, mercy!

Jesus, Mary and Joseph, I love you, save souls.

Jesus Christ be Praised!

Admirable is the name of God.

ALL for Thee, most Sacred Heart of JESUS.

SWEETEST JESUS, be to me not a judge but a SAVIOUR. SAVIOUR of the world, have mercy on us.

Merciful Jesus, I consecrate myself today and always to Thy Most Sacred Heart.

Most Sacred Heart of Jesus I implore, that I may ever love Thee more and more.

Most Sacred Heart of Jesus, I trust in Thee.

Most Sacred Heart of Jesus, have mercy on us!



Sacred Heart of Jesus, I believe in Thy love for me. Jesus, meek and humble of heart, make my heart like unto Thine.

Sacred Heart of Jesus, Thy Kingdom Come.



Aspirations through the Day

By St. John Eudes

O Jesus! O Good Jesus!

O Possessor of my heart!

O Beloved of my Soul!

O Object of all my love, when
shall I love Thee perfectly?

O Divine Son, fill with light
the shadows of my mind, set
fire to the coldness of my
heart!

O Light of my eyes, let me
know Thee and know myself,
that I may love Thee and hate
myself!

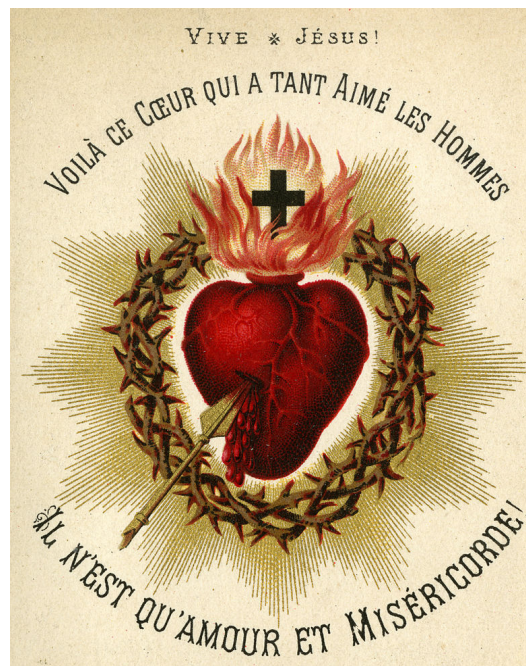
O my sweet light, make me
clearly see that all that is not
Thee is nothingness, deceit
and vanity!

O my God and my All, take
away all that is not Thee, to
unite me all with Thee!

O my beloved All, be all to me,
and may all else be nothing to
me!

O my Jesus, be Jesus to me!

O Life of my soul, O King of
my love, live and reign in me
perfectly!



Live, Jesus, live, King of my
heart, live, Life of my life.
Glory and love to Thee forever,
in all and from all things!

O divine Fire, immense Fire,
who art everywhere,
consuming and devouring
Fire, why dost Thou not
consume me altogether in Thy
sacred flames?

O Fire, O celestial Flame,
come, transform me into a
pure flame of love for my
Jesus!

O Jesus, Thou art all fire and
all flame of love for me! Oh,
why am I not all flame and fire
of love for Thee?

O Jesus, Thou art all mine;
may I be all Thine forever!

Ah, God of my heart! Ah, my
soul's only heritage! What is
there for me to desire on earth
or in heaven save Thee?

O Thou only Necessary One!
It is Thou whom I seek,
it is Thou whom I desire,
it is Thou whom I long for,
it is Thou whom I need, my
Jesus, who art in all things and
beyond whom all is nothing!

Come, Lord Jesus, come into
my heart, into my soul, there
to love Thyself in all
perfection!

Alas, Jesus, when
will there be nothing
left in me to oppose
Thy love?

O Mother of Jesus,
show me that thou
art the Mother of
Jesus by forming
Him and making
Him live in my soul!

O Mother of Love, love thy
Son for me!



O Good Jesus, give back to
Thyself a hundredfold all the
love I ought to have given
Thee in all my life, and the
love of all creatures ought to
have given Thee!

O Jesus, I offer Thee all the
love in heaven and earth!

O Jesus, I give Thee my heart;
fill it with holy love!

O Jesus, may all my steps pay
homage to the steps that Thou
didst take on earth!

O Jesus, may all my thoughts
be consecrated to the honor of
Thy holy thoughts!

O Jesus, may all my
words give homage
to Thy holy words.

O Jesus, may all my
acts give glory to
Thy divine actions!

O my Glory, may I
be wholly sacrificed
to Thy glory forever!

O my All, I give up
all that is not Thee and give
myself to Thee forever!

Act of Consecration to the Most Sacred Heart of Jesus

By St. Margaret Mary Alacoque

I give and consecrate to the Heart of Our Lord Jesus Christ, my whole life, all my actions, my trials, my sufferings, devoting every portion of my being to loving, honoring, and glorifying Him, to working for His love alone, renouncing with all my heart whatever may be displeasing to Him.



I take Thee, then, O Sacred Heart, for the one object of my love, the Protector of my life, the Pledge of my salvation, the Remedy of my inconstancy, the Redeemer of all my faults, and my sure refuge in the hour of death.

O Heart of all goodness, be my justification before God the Father, and shield me from the effects of His just anger. O Heart, overflowing with love, I place all my confidence in Thee, for I dread my own weakness, while I hope everything from Thy bounty.

Do Thou destroy in me whatever may displease Thee or withstand Thy will, and may the pure love of Thee be so deeply imprinted in my heart that I may never forget Thee nor be separated from Thee, and I implore Thee by all Thy love that my name may be graven upon Thee. May it be all my happiness to live and die as Thy slave. Amen.

My GOD, and my all!

The Prayer to Jesus, Our Friend

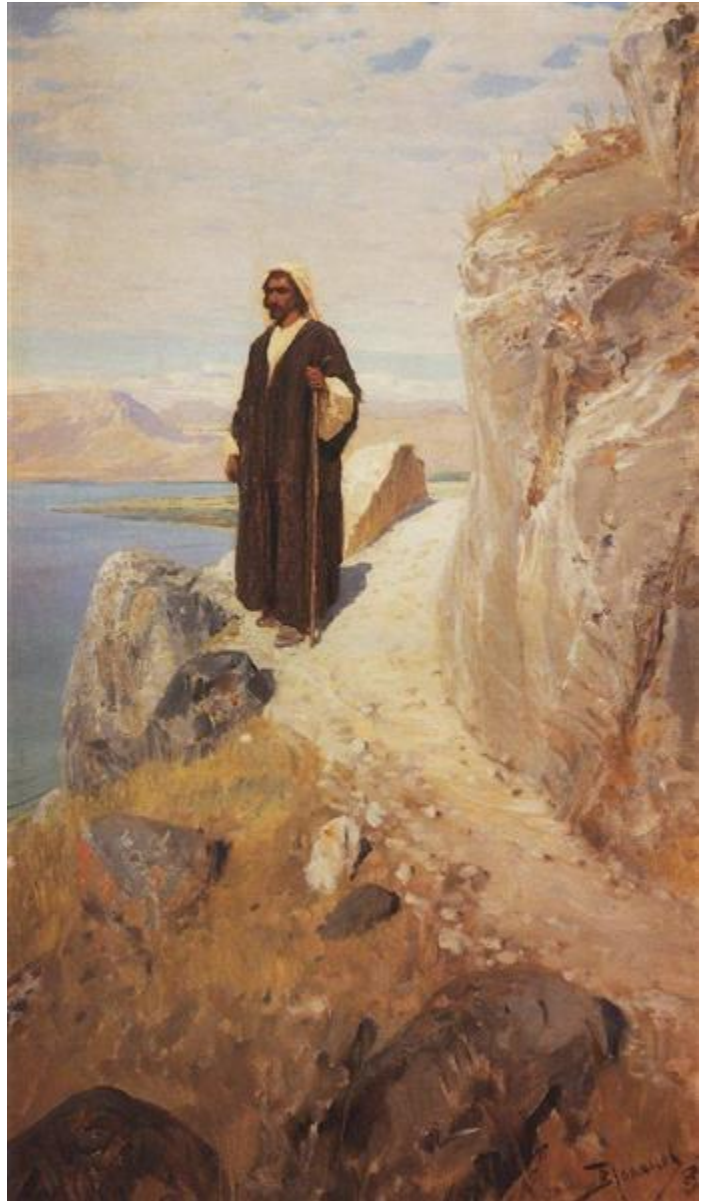
By St. Claude de la Colombière

O Jesus, you are my true
friend, my only friend.
You take a part in all my
misfortunes;
you take them upon
yourself; you know how
to change them into
blessings.

You listen to me with the
greatest kindness when I
relate my troubles to you,
and you always have
balm to pour on my
wounds.

I find you at all times;
I find you everywhere;
you never go away;
if I have to change my
dwelling,
I find you wherever I go.

You never weary of listening to me;
you are never tired of doing me good.
I am certain of being loved by you if I love you;
my goods are nothing to you,
and by bestowing yours on me, you never grow poor.



However miserable I may be, no one more noble or learned or even holier can come between you and me and deprive me of your friendship; and death, which tears us away from all other friends, will unite me to You forever.

All the humiliations attached to old age, or to loss of honor, will never detach me from You.

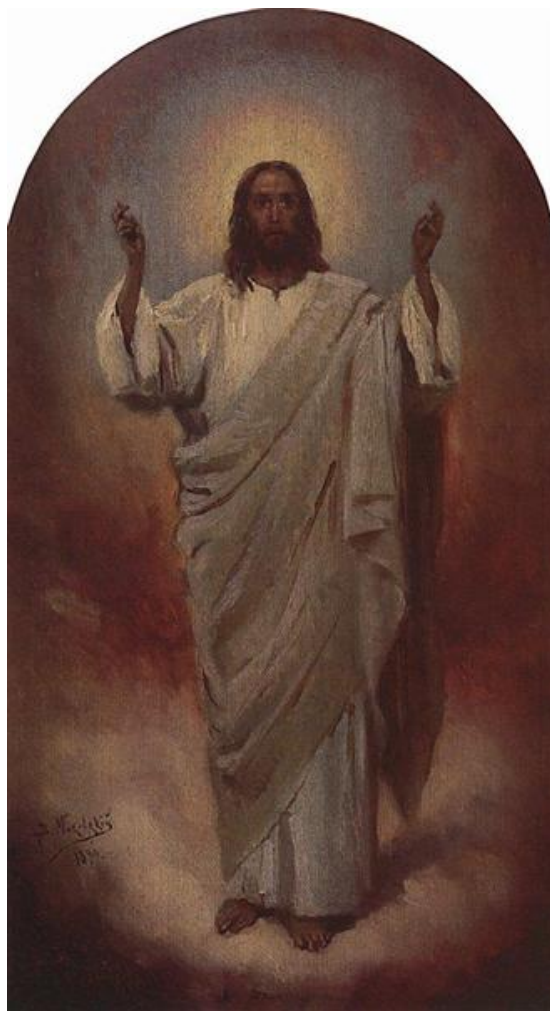
On the contrary, I shall never enjoy You more fully, and You will never be closer to me than when everything seems to conspire against me, to overwhelm me and to cast me down. You bear with all my faults with extreme patience.

Even my want of fidelity and my ingratitude do not wound You to such a degree as to make You unwilling to receive me back when I return to You.

O Jesus! Grant that I may die praising You; that I may die loving You; that I may die for love of You. Amen.

Prayer of St. Thomas More

Give me the grace to long for Your holy Sacraments, and especially to rejoice in the presence of Your body, sweet Saviour Christ, in the Holy Sacrament of the altar. Amen.



Jesus, Help Me!

In every need let me come to You with humble trust, saying,
Jesus, help me!

In all my doubts, perplexities, and temptations, *Jesus, help me!*

In hours of loneliness,
weariness and
trials, *Jesus, help me!*

In the failure of my
plans and hopes; in
disappointments,
troubles and
sorrows,

Jesus, help me!

When my heart is cast
down by failure,

at seeing no good come from my
efforts, *Jesus, help me!*

When others fail me, and Thy grace
alone can assist me, *Jesus, help me!*

When I throw myself on Thy tender
love as Father and Savior,

Jesus, help me!

When I feel impatient, and my cross
irritates me, *Jesus, help me!*

When sickness and loneliness
overcome me, *Jesus, help me!*



Always, in weakness, falls and shortcomings of every kind,
Jesus, help me and never forsake me.

Holy Face Prayers



O my God, I believe in Thee, I hope in Thee, I love Thee, and I am sincerely sorry for having offended Thee.

O my God, I offer Thee all my suffering and dejection in union with the sufferings of my dear Redeemer.

O God, be merciful to me a sinner. Jesus, Son of the living God, have mercy on me.

Jesus, infinite Goodness, have mercy on me.

I renounce from this moment and for all eternity the devil and all his works, and I abhor all his suggestions and temptations. Suffer not this mortal enemy, O Lord Jesus, to have any power over me.

I wish to die to expiate by my sufferings and death all the sins of my life. I wish to die that I may no longer offend Thee; that I may love Thee, possess Thee, praise Thee, bless Thee, and glorify Thee for all eternity.

O holy Mary, my Mother, who didst assist at the death of Jesus, thy beloved Son, obtain for me the grace of a happy death.

Lord Jesus, be mindful of Thy poor creature whom Thou hast redeemed by thy precious blood. May I expire, burning with an ardent thirst to see the desirable Face of our Lord Jesus Christ!

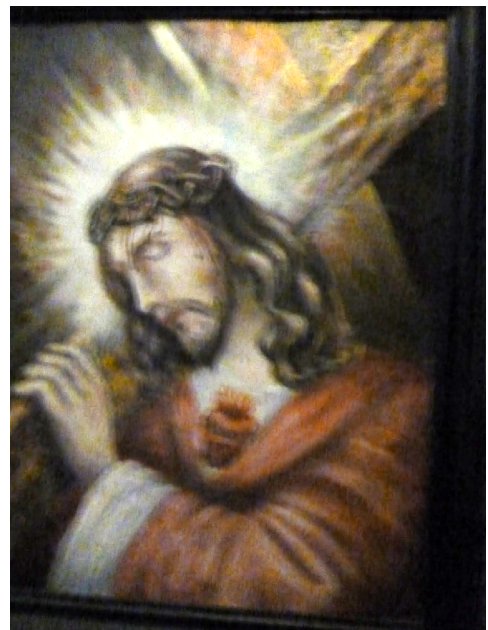
Mary most holy. Mother of sorrows, by that intense martyrdom which thou didst suffer at the foot of the cross during the three hours of the agony of Jesus, deign to aid me, child of thy sorrows, in my last agony, that I may pass from this vale of tears to the eternal joys of paradise.

Prayer to the Shoulder Wound of Christ

O Loving Jesus, Meek Lamb of God,
I, a miserable sinner, salute and worship
the most Sacred Wound of Thy Shoulder
on which Thou didst bear Thy heavy Cross,
which so tore Thy Flesh
and laid bare Thy Bones
as to inflict on Thee an anguish
greater than any other wound
of Thy Most Blessed Body.

I adore Thee, O Jesus most sorrowful;
I praise and glorify Thee and give
Thee thanks for this most sacred and
painful Wound, beseeching Thee by
that exceeding pain and by the
crushing burden of Thy heavy Cross,
to be merciful to me, a sinner,

to forgive me all my mortal and venial sins and to lead me on
towards Heaven along the Way of Thy Cross. Amen.



Nine Elevations to the Most Sacred Heart

1. Heart of Jesus, perfect Adorer of God, teach me to adore the Father with Thee and by Thee.

2. Heart of Jesus, burning with love of me, inflame me with Thy Divine Love.

3. Heart of Jesus, only Victim worthy of God, unite me to Thy Divine Sacrifice.

4. Heart of Jesus, overwhelmed with bitterness for the sins of men, break my heart with sorrow for my sins.

5. Heart of Jesus, sovereignly humble, annihilate my pride.

6. Heart of Jesus, perfect model of meekness, inspire my heart with this salutary virtue.

7. Heart of Jesus, infinitely pure and without stain, give me an inviolable purity of body, mind, and heart.

8. Heart of Jesus, consumed with zeal for the glory of the Father, enkindle in my heart an ardent zeal for Thy glory and my own sanctification.

9. Heart of Jesus, reign forever in my heart, and grant me the grace to reign one day with Thee in Heaven.



O LORD JESUS, most merciful SAVIOUR of the world, we beg and beseech Thee, through thy most Sacred Heart, that all wandering sheep may now return to Thee, the Shepherd and Bishop of their souls. Who livest and reignest with GOD the FATHER and the HOLY SPIRIT, GOD for ever and ever.
Amen.

Lorica of St. Patrick

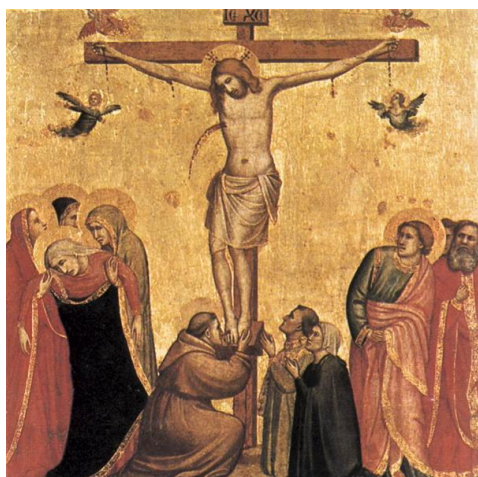
I arise today

Through a mighty strength, the
invocation of the Trinity,
Through a belief in the Threeness,
Through confession of the
Oneness
Of the Creator of creation.



I arise today

Through the strength of Christ's
birth and His baptism,



Through the strength of His crucifixion
and His burial,
Through the strength of His resurrection
and His ascension,
Through the strength of His descent for
the judgment of doom.

I arise today

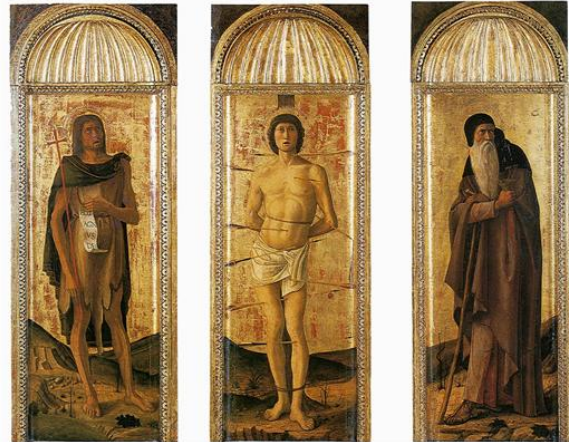
Through the strength of
the love of cherubim,
In obedience of angels,
In service of archangels,
In the hope of
resurrection to meet
with reward,
In the prayers of
patriarchs,
In preachings of the apostles,



In faiths of confessors,
In innocence of virgins,
In deeds of righteous men.

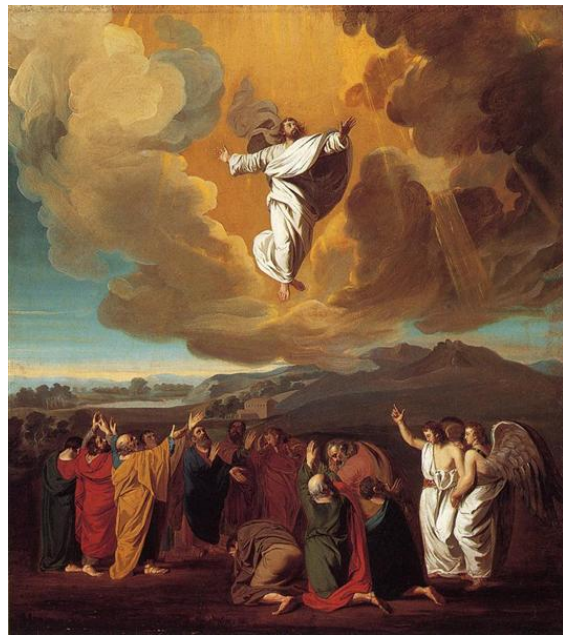
I arise today

Through the strength of heaven;
Light of the sun,
Splendor of fire,
Speed of lightning,
Swiftness of the wind,
Depth of the sea,
Stability of the earth,
Firmness of the rock.



I arise today

Through God's strength to
pilot me;
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me,
God's way to lie before me,
God's shield to protect me,
God's hosts to save me
From snares of the devil,
From temptations of vices,
From every one who desires me ill,
Afar and anear, Alone or in a multitude.



I summon today all these powers between me and evil,
Against every cruel merciless power that opposes my body and soul,
Against incantations of false prophets,

Against black laws of pagandom,
 Against false laws of heretics,
 Against craft of idolatry,
 Against spells of women and smiths
 and wizards,
 Against every knowledge that corrupts
 man's body and soul.
 Christ shield me today
 Against poison, against burning,
 Against drowning, against wounding,
 So that reward may come to me in
 abundance.



Christ with me, Christ before me,
 Christ behind me,
 Christ in me, Christ beneath me, Christ above me,
 Christ on my right, Christ on my left,
 Christ when I lie down, Christ when I sit down, Christ when I arise,
 Christ in the heart of every man who
 thinks of me,
 Christ in the mouth of every man who
 speaks of me,
 Christ in the eye that sees me,
 Christ in the ear that hears me.

I arise today
 Through a mighty strength, the
 invocation of the Trinity,
 Through a belief in the Threeness,
 Through a confession of the Oneness
 of the Creator of creation.



Salvation is of the Lord. Salvation is of the Lord. Salvation is
 of the Christ. May your salvation, O Lord, be ever with us.

PRAYERS TO THE HOLY SPIRIT

Come, Holy Spirit

Come Holy Spirit, and fill the hearts of your faithful, and kindle in them the fire of Your Divine Love. Send forth Your Spirit and they shall be created, and You shall renew the face of the earth. Oh God, Who by the light of the Holy Spirit instructed the hearts of the faithful, Grant, that by the same Spirit we may be truly wise and ever rejoice in His consolation, through Christ Our Lord. Amen.

Invocation of the Holy Spirit

O Holy Spirit, guest enduring of my soul, remain with me, and make me able to remain always with Thee.

Prayers by St. Mary of Jesus Crucified

Holy Spirit, inspire me. Love of God, consume me.

Along the true road, lead me.

Mary my Mother, look upon me.

With Jesus, bless me.

From all evil, from all illusion, from all danger, preserve me.

Source of Peace and Light,
come and enlighten me.

I am hungry, come and nourish me.

thirsty, come and quench my thirst.

blind, come and give me light.

poor, come and enrich me.

Holy Spirit, I abandon myself to You.



Marian Movement of Priests' Prayer

Come, Holy Spirit, come by means of the powerful
intercession of the Immaculate Heart of Mary,
Thy well-beloved spouse.

Prayer by St. Augustine

Breathe in me, O Holy Spirit, that my thoughts may all be holy.
Act in me, O Holy Spirit, that my work, too, may be holy.
Draw my heart, O Holy Spirit, that I love but what is holy.
Strengthen me, O Holy Spirit, to defend all that is holy.
Guard me, then, O Holy Spirit, that I always may be holy. Amen.

Aspirations to the Holy Spirit

(To be said after Mass or Holy Communion)

LIGHT of the intellect, enlighten me;
Divine Fire of hearts, inflame me;
Fullness of souls, fill me;
Lord of grace and life, vivify me;
In this vale of suffering, guide me;
In my weakness, strengthen me;
From stumbles and falls, deliver me;
With Thy Divine Gifts,
 overwhelm me;
With Thy Presence, console me;
By Thy Divine operations,
 sanctify me;
Into my Jesus, transform me;
And unto Thy glory, bear me,
That, having been faithful upon earth, I may be eternally happy in
 Heaven, in the perfect reverberation of Thy love. Amen.



Prayer for the Afflicted

O HOLY SPIRIT, Who art God together with the Father and the Son, deliver us this day from sadness and discouragement; preserve all Christians from despair and its fatal results. To all, even to those who destroy their own lives, or who may be overtaken by a sudden or violent death, mercifully grant both time and grace to make an act of perfect contrition. Amen.

Prayer in Honor of the Holy Spirit

By Henry Cardinal Manning

O GOD the Holy Spirit, Whom I have ignored, grieved and resisted from my childhood until the present day, reveal to me Thy personality, Thy presence, Thy power. Let me recognize Thy Sevenfold Gifts-----the Spirit of Wisdom and Understanding, of Counsel and Fortitude, of Knowledge, Piety, and Fear of the Lord. O Thou Who art the Spirit of the Father and the Son, O Thou Who dost baptize with fire and infuse Thy love into our hearts-----one thing, O Lord, have I asked of Thee, one thing will I seek: not riches, rank, power, earthly home and happiness, but one ray of that holy light, one spark of that holy fire which will inflame me and plunge me into the fire of Divine Love! Let this sacred fire flame up in me and destroy in me every remnant of sin which defiles my body or soul. Cleanse me in a sevenfold manner with Thy Gifts. Transform me into a holocaust, holy and entirely pleasing to Thee. Inflame me with zeal so that I may live the life and die the death of a repentant sinner, deeply penetrated by Thy Divine Love. Amen.



Cardinal Mercier's Prayer

"I am going to reveal to you the secret of sanctity and happiness. Every day for five minutes control your imagination and close your eyes to the things of sense and your ears to all the noises of the world, in order to enter into yourself. Then, in the sanctity of your baptized soul (which is the temple of the Holy Spirit) speak to that Divine Spirit, saying to Him:

Holy Spirit, Soul of my soul,
I adore You. Enlighten me,
guide me,
strengthen me, console me,
tell me what I should do;
give me Your orders.
I promise to submit myself
to all that You desire of me
and to accept all that
You permit to happen to me;
let me only know your will.



If you do this, your life will flow along happily, serenely and full of consolation, even in the midst of trials. Grace will be proportioned to the trial, giving you the strength to carry it and you will arrive at the gate of Paradise, laden with merit. This submission to the Holy Spirit is the secret of sanctity."

Come Holy Spirit, Come through Mary.

PRAYERS TO OUR BLESSED MOTHER MARY

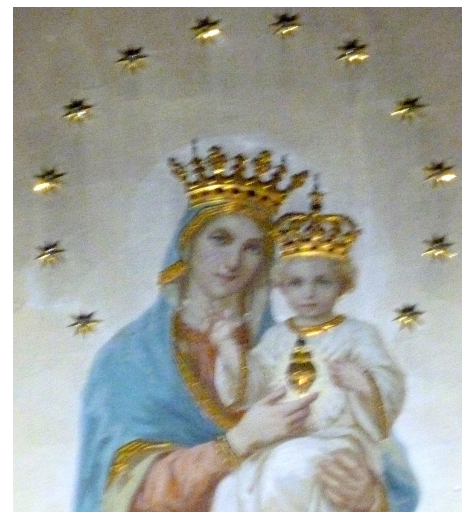
Memorare

Remember, O most gracious Virgin Mary, that never was it known that any one who fled to thy protection, implored thy help or sought thy intercession, was left unaided.

Inspired by this confidence,

We fly unto thee, O Virgin of virgins my Mother; to thee do we come,

before thee we stand, sinful and sorrowful; O Mother of the Word Incarnate, despise not our petitions, but in thy mercy hear and answer them. Amen.



Consecration to the Blessed Virgin Mary

By St. Anthony Mary Claret

O Virgin and Mother of God, I
surrender myself to you as your child,
and in honor and glory of your purity
I offer you my soul and body, my mind
and senses, and ask that you obtain me
the grace to avoid all sin. Amen.

Mother, behold your son!

Mother, behold your son!

Mother, behold your son!

I have placed my trust in you, good

Mother, and I shall never be confounded. Amen.



The Angelus

V. The Angel of the Lord declared
unto Mary. R. And she conceived
by the Holy Spirit. (Hail Mary....)

V. Behold the handmaid of the
Lord.

R. Be it done unto me according to
thy word. (Hail Mary....)

V. And the Word was made Flesh.

R. And dwelt among us. (Hail
Mary....)

V. Pray for us, O Holy Mother of
God.

R. That we may be made worthy
of the promises of Christ.

Let us pray: Pour forth, we beseech Thee, O Lord, Thy grace
into our hearts; that, we to whom the Incarnation of Christ,
Thy Son, was made known by the message of an Angel, may
by His Passion and Cross, be brought to the glory of His
Resurrection through the same Christ our Lord. Amen.



Ancient Prayer to Mary

We fly to thy patronage, O holy Mother of
God; despise not our petitions in our
necessities, but from all dangers deliver us
always, O glorious and blessed Virgin. Amen.

V. Make me worthy to praise thee, O Holy
Virgin.

R. Give me strength against thine enemies.

V. Blessed be God in his saints. R. Amen

Miraculous Medal Prayer

By St. Maximilian Kolbe

O Mary, conceived without sin, pray for us who have recourse to you, and for all who do not have recourse to you, especially the enemies of the Church and all those recommended to you.



Prayer to Mary, Queen of the Angels

August Queen of Heaven,
Sovereign Mistress of the Angels,
thou who from the beginning hast
received from God the power and
mission to crush the head of satan,
we humbly beseech thee to send
thy holy angels that under thy
command and by thy power they
may pursue the evil spirits, encounter them on every side,
resist their bold attacks, and drive them into the abyss of
eternal woe.

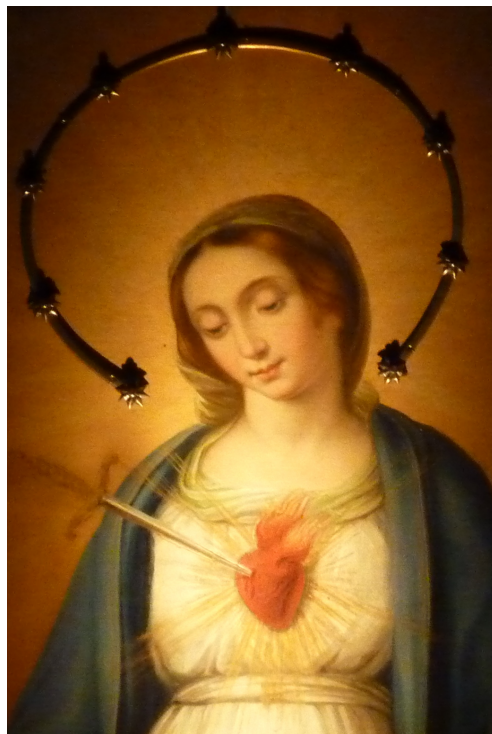


Who is like unto GOD? Holy Angels and Archangels, defend and keep us. O good and tender Mother, thou shalt ever be our love and our hope. O Mother of GOD, send the holy Angels to defend me, and drive far away from me the cruel enemy.

*By Thy Holy and Immaculate Conception, O Mary,
Deliver Us from Evil.*

St. Mechtilde's Prayer to the Heart of Mary

Heart purest that ever was,
Heart most humble,
Heart most fervent in its love for
 God and neighbor.
Heart which knew how to keep
 carefully all that happened in the
 infancy and youth of your Son,
Heart that suffered so much during
 the passion,
Heart most faithful,
Heart most diligent in prayer,
Obtain for us, by your merits, the
 grace of the Lord for all men.



Sweet heart of Mary, be my salvation.

Regina Caeli (Queen of Heaven)

V. Queen of Heaven, rejoice, alleluia.

R. For He whom you did merit to bear, alleluia.

V. Has risen, as he said, alleluia.

R. Pray for us to God, alleluia.

V. Rejoice and be glad, O Virgin Mary, alleluia.

R. For the Lord has truly risen, alleluia.

Let us pray. O God, who gave joy to the world through the resurrection of Thy Son, our Lord Jesus Christ, grant we beseech Thee, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.

Fatima Prayers

My God, I believe, I adore, I trust and I love Thee! I beg pardon for all those who do not believe, who do not adore, who do not trust and who do not love Thee.

O Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary I beg the conversion of poor sinners.

Most Holy Trinity, I adore Thee!
My God, my God, I love Thee in
the Most Blessed Sacrament.

Fatima Sacrifice Prayer

**O Jesus, it is
for love of Thee,
for the conversion of
sinners,
and in reparation for the
sins committed against the
Immaculate Heart of Mary.**



O MARY Immaculate! come to our aid, and help the little infidel children.

BLESSED be the holy and Immaculate Conception of the most blessed Virgin Mary, Mother of GOD.

Prayer to Our Lady of Good Counsel



Holy Virgin, moved by the painful uncertainty we experience in seeking and acquiring the true and the good, we cast ourselves at thy feet and invoke thee under the sweet title of Mother of Good Counsel. We beseech thee: come to our aid at this moment in our worldly sojourn when the double darkness of error and of evil plot our ruin by leading minds and hearts astray.

Seat of Wisdom and Star of the Sea, enlighten the victims of doubt and of error so that they may not be seduced by evil masquerading as good; strengthen them against the hostile and corrupting forces of passion and of sin.

Mother of Good Counsel, obtain for us our most urgent need..... (here mention your request) and secure for us from thy Divine Son the love of virtue and the strength to choose, in doubtful and difficult situations, the course agreeable to our salvation.

Supported by thy hand we shall thus journey without harm along the paths taught us by the word and example of Jesus our Savior, following the Sun of Truth and Justice in freedom and safety across the battlefield of life under the guidance of thy maternal Star, until we come at length to the harbor of salvation to enjoy with thee unalloyed and everlasting peace. Amen

Say the Our Father, Hail Mary and Glory Be, three times each.

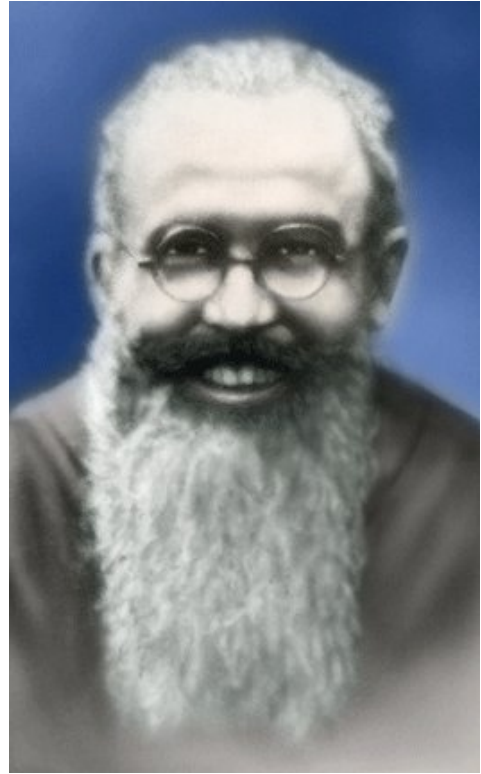
Militia of the Immaculata

Consecration Prayer

Composed by St. Maximilian Kolbe

O Immaculata, Queen of Heaven and earth, refuge of sinners and our most loving Mother, God has willed to entrust the entire order of mercy to you.

I, _____(name)____, a repentant sinner, cast myself at your feet, humbly imploring you to take me with all that I am and have, wholly to yourself as your possession and property. Please make of me, of all my powers of soul and body, of my whole life, death and eternity, whatever most pleases you.



If it pleases you, use all that I am and have without reserve, wholly to accomplish what was said of you: "She will crush your head," and "You alone have destroyed all heresies in the whole world. "

Let me be a fit instrument in your immaculate and merciful hands for introducing and increasing your glory to the maximum in all the many strayed and indifferent souls, and thus help extend as far as possible the blessed kingdom of the most Sacred Heart of Jesus.

For wherever you enter you obtain the grace of conversion and growth in holiness, since it is through your hands that all graces come to us from the Most Sacred Heart of Jesus.

V. Allow me to praise you, O sacred Virgin

R. Give me strength against your enemies



Daily Prayer of the *Mothers for Priests*

O Most Gracious Virgin, we remember and pray for your holy sons
through the blessings of your Son, Jesus Christ,
who have dedicated and consecrated their lives to Him for our souls.

Unite our maternal hearts with yours.

Bring all into the embrace of your love.

Cast your glance upon them, with your most charitable and most
amiable heart. Lead them to your Son, our High Priest, Jesus Christ.

May your Son stretch out His hand to gather them,
to shield them, to encourage and strengthen them.

May our prayers, like yours, Our Mother, never fail them.

Hear us, O Mother! Save them from suffering!

Save them from struggle!

Save them from that black abyss.

We ask that you, with the unconditional love of your maternal heart,
fill us with that same love. May our prayers for them never cease.

May your love for them join your love for your Son, our High Priest.

Amen.

PRAYERS TO ST. JOSEPH

Ancient Prayer to St. Joseph

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God.

I place in you all my interests and desires.

O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord, so that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.



O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me.

Prayer for Purity

Guardian of virgins, and holy father Joseph, to whose faithful custody Christ Jesus Innocence itself, and Mary, Virgin of virgins, were committed; I pray and beseech thee, by these dear pledges, Jesus and Mary, that, being preserved from all uncleanness, I may with spotless mind, pure heart and chaste body, ever serve Jesus and Mary most chastely all the days of my life. Amen

St. Joseph, foster-father of our Lord Jesus Christ, and true spouse of Mary ever Virgin, pray for us.

St. Joseph, model and patron of those who love the Most Sacred Heart of Jesus, pray for us.

Memorare to St. Joseph

REMEMBER, most pure spouse of Mary ever Virgin, my loving protector, St Joseph, that never has it been heard that anyone ever invoked thy protection, or besought aid of thee, without being consoled. In this confidence I come before thee, I fervently recommend myself to thee. Despise not my prayer, foster father of our Redeemer, but do thou in thy pity receive it. Amen.

Pope St. John XXIII's Prayer to the Patron of Workers



Blessed St. Joseph, patron of all working people, obtain for me the grace to labor in a spirit of penance for the atonement of my many sins. Help me to be conscientious in my work so that I may give as full a measure as I have received. May I labor in a spirit of thankfulness and joy, ever mindful of all the gifts I have received from God that enable me to perform these tasks. Permit me to work in peace, patience, and moderation, keeping in mind the account I must one day give of time lost, talents unused, good omitted, and vanity of success, so fatal to the work of God. Glorious St. Joseph, may my labors be all for Jesus, all through Mary, and all after your holy example in life and in death. Amen.

LITANIES

Litany of the Most Sacred Heart of Jesus

Lord, have mercy on us

Christ, have mercy on us

Lord, have mercy on us;

Christ, hear us

Christ, graciously hear us

God the Father of Heaven

Have mercy on us

God, the Son, Redeemer of the
World

God, the Holy Spirit

Holy Trinity, one God



Heart of Jesus, Son of the Eternal
Father, *Have mercy on us*

Heart of Jesus, formed by the
Holy Spirit in the Virgin
Mother's womb

Heart of Jesus, united
substantially with the word of
God

Heart of Jesus, of infinite majesty

Heart of Jesus, holy temple of God

Heart of Jesus, tabernacle of the
Most High

Heart of Jesus, house of God and
gate of heaven

Heart of Jesus, burning furnace of
charity

Heart of Jesus, vessel of justice
and love

Heart of Jesus, full of goodness
and love

Heart of Jesus, perfection of all
virtues

Heart of Jesus, most worthy of all
praise

Heart of Jesus, king and center of
all hearts

Heart of Jesus, in whom are all the
treasures of wisdom and
knowledge

Heart of Jesus, in whom dwells all
the fullness of the Divinity

Heart of Jesus, in whom the
Father is well pleased

Heart of Jesus, of whose fullness
we have all received

Heart of Jesus, desire of the
everlasting hills

Heart of Jesus, patient and rich in
mercy

Heart of Jesus, enriching to all
who invoke Thee
Heart of Jesus, fount of life and
holiness
Heart of Jesus, sacrificed for our
sins
Heart of Jesus, saturated with
reproaches
Heart of Jesus, crushed for our
iniquities
Heart of Jesus, obedient unto
death
Heart of Jesus, pierced with a
lance
Heart of Jesus, source of all
consolation
Heart of Jesus, our life and
resurrection
Heart of Jesus, our peace and
reconciliation

Jesus, meek and humble of Heart,
Make our hearts like unto Thine.

Let us pray: Almighty everlasting God,
look upon the Heart of Thy dearly
beloved Son, and upon the praise and
satisfaction He offers Thee in the name
of sinners and for those who seek Thy
mercy. Be appeased, and grant us
pardon in the name of Jesus Christ, Thy
Son, who lives and reigns with Thee
forever and ever. *Amen.*

Heart of Jesus, victim for our sins
Heart of Jesus, salvation of those
who hope in Thee
Heart of Jesus, hope of those who
die in Thee
Heart of Jesus, delight of all saints



Lamb of God, Who
takes away the sins
of the world,
Spare us, O Lord

Lamb of God, Who takes away
the sins of the world,
Graciously hear us, O Lord
Lamb of God, Who takes away
the sins of the world,
Have mercy on us



Litany of the Most Precious Blood of Jesus

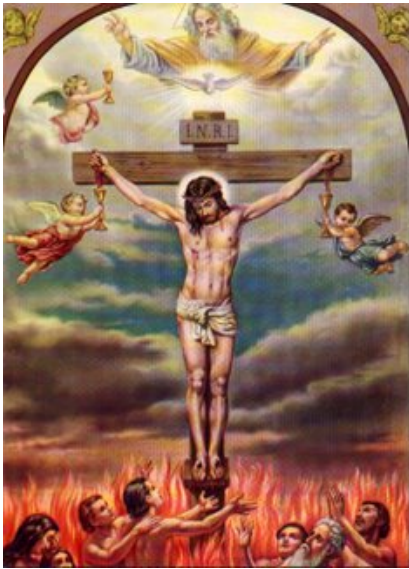
Lord, have mercy on us
Christ, have mercy on us

Lord, have mercy on us;
Christ, hear us
Christ, graciously hear us

God the Father of Heaven
Have mercy on us

God, the Son, Redeemer
of the World,

God, the Holy Spirit,
Holy Trinity, one God,



Blood of Christ, only-begotten
Son of the Eternal Father,
Save us

Blood of Christ, Incarnate
Word of God, *Save us*

Blood of Christ, of the New
and Eternal Testament, *Save us*

Blood of Christ, falling upon
the earth in the Agony, *Save us*

Blood of Christ, shed
profusely in the Scourging,
Save us

Blood of Christ, flowing forth
in the Crowning with
Thorns, *Save us*

Blood of Christ, poured out on
the Cross, *Save us*

Blood of Christ, price of our
salvation, *Save us*

Blood of Christ, without
which there is no
forgiveness, *Save us*

Blood of Christ, Eucharistic
drink and refreshment of
souls, *Save us*

Blood of Christ, stream of
mercy, *Save us*

Blood of Christ, victor over
demons, *Save us*

Blood of Christ, courage of
Martyrs, *Save us*

Blood of Christ, strength of
Confessors, *Save us*

Blood of Christ, bringing forth
Virgins, *Save us*

Blood of Christ, help of those
in peril, *Save us*

Blood of Christ, relief of the
burdened, *Save us*

Blood of Christ, solace in
sorrow, *Save us*

Blood of Christ, hope of the
penitent, *Save us*

Blood of Christ, consolation
of the dying, *Save us*

Blood of Christ, peace and
tenderness of hearts, *Save us*

Blood of Christ, pledge of
eternal life, *Save us*

Blood of Christ, freeing souls
from purgatory, *Save us*

Blood of Christ, most worthy
of all glory and honor, *Save us*

Lamb of God, Who takes away the sins of the
world, *Spare us, O Lord*

Lamb of God, Who takes away the sins of the
world, *Graciously hear us, O Lord*

Lamb of God, Who takes away the sins of the
world, *Have mercy on us*

You have redeemed us, O Lord, in your Blood
And made us, for our God, a kingdom

Let us pray:

Almighty and Eternal God, you have appointed your
only-begotten Son the Redeemer of the world, and willed to
be appeased by His Blood. Grant we beg of You, that we may
worthily adore this price of our salvation, and through its
power be safeguarded from the evils of the present life, so
that we may rejoice in its fruits forever in heaven. Through
the same Christ our Lord. *Amen.*



Litany of the Passion by St. Margaret Mary Alacoque

Humbly prostrate at the foot of Thy holy Cross, I will often say to Thee, in order to excite Thy compassion and obtain mercy and pardon:

Jesus, unknown and despised,
Have mercy on me.

Jesus, calumniated and
persecuted, *Etc.*

Jesus, abandoned by men and
tempted,

Jesus, betrayed and sold for a
paltry sum,

Jesus, blamed, accused and
unjustly condemned,

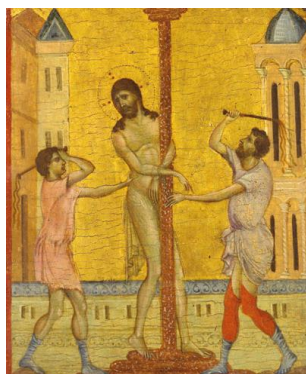
Jesus, clothed with a garment of
opprobrium and shame,

Jesus, buffeted and mocked,

Jesus, dragged
with a rope
round Thy
neck,

Jesus, scourged
unto blood,

Jesus, reputed to
be a fool and to be possessed
by a devil,



Jesus, to Whom Barabbas was
preferred,

Jesus, shamefully stripped of
Thy garments,

Jesus, crowned with thorns and
saluted in derision,

Jesus, laden with the Cross, and
disowned by Thy people,

Jesus, overwhelmed with
insults, sorrow, and
humiliations,

Jesus, sorrowful unto death,

Jesus, insulted, spat upon,

beaten, outraged
and scoffed at,

Jesus, hanged on the infamous
tree in company with
robbers,

Jesus, set at nought and
deprived of honor before
men,

Jesus, overwhelmed with all
kinds of sorrow,

O Good Jesus, Who has suffered an infinity of insults and humiliations for love of me, imprint deeply on my heart a great love and appreciation for them, and the desire to endure them willingly for Thee. Amen.

Litany of the Passion

Lord, have mercy.

Lord, have mercy.

Christ have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Christ, hear us.

Christy graciously hear us,

God the Father of heaven,

Have mercy on us.

God the Son, Redeemer of the
world,

God the Holy Ghost,

Holy Trinity, one God,

Jesus, the eternal wisdom,

Have mercy on us.

Jesus, conversing with men,

Jesus, hated by the world,

Jesus, sold for thirty pieces of
silver,

Jesus, prostrate on the ground
in prayer,

Jesus, strengthened by an angel,

Jesus, in Thine agony bathed in
a bloody sweat,

Jesus, betrayed by Judas with a
kiss,

Jesus, bound by the soldiers,

Jesus, forsaken by Thy disciples,

Jesus, brought before Annas
and Caiphas,

Jesus, struck by a servant
on the face,

Jesus, blindfolded,

Jesus, smitten on the cheek,

Jesus, spit upon,

Jesus, thrice denied by Peter,

Jesus, delivered up to Pilate,

Jesus, despised and mocked by
Herod,

Jesus, clothed in a white
garment,

Jesus, rejected for Barabbas,

Jesus, torn with scourges,



Jesus, bruised for our sins,

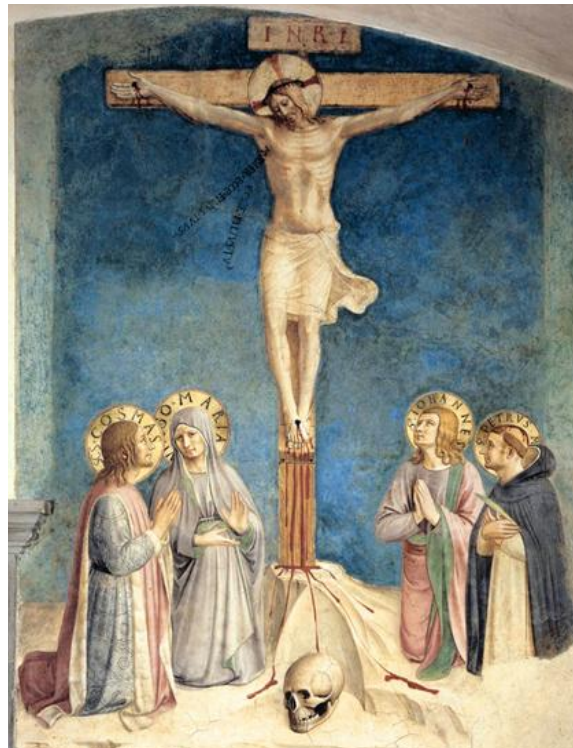
Jesus, esteemed as a leper,

Jesus, covered with a purple
robe,

Jesus, crowned with thorns,

Jesus, struck with a reed upon
 the head,
 Jesus, demanded for crucifixion
 by the Jews,
 Jesus, condemned to an
 ignominious death,
 Jesus, given up to the will of
 Thine enemies,
 Jesus, loaded with the heavy
 weight of the cross,
 Jesus, led like a sheep to the
 slaughter,
 Jesus, stripped of Thy garments,
 Jesus, fastened with nails to the
 cross,
 Jesus, wounded for our
 iniquities,
 Jesus, praying to Thy Father for
 Thy murderers,
 Jesus, reputed with the wicked,
 Jesus, blasphemed and scoffed
 at on the cross,
 Jesus, reviled by the malefactor,
 Jesus, promising paradise to the
 penitent thief,
 Jesus, commending St. John to
 Thy Mother as her son,
 Jesus, declaring Thyself
 forsaken by Thy Father,
 Jesus, in Thy thirst given gall
 and vinegar to drink,

Jesus, testifying that all things
 written concerning Thee
 were accomplished,
 Jesus, commending Thy spirit
 into the hands of Thy Father,
 Jesus, obedient even to the
 death of the cross,



Jesus, pierced with a lance,
 Jesus, made a propitiation for
 us,
 Jesus, taken down from the
 cross,
 Jesus, laid in the sepulchre,
 Jesus, rising gloriously from the
 dead,
 Jesus, ascending into heaven,
 Jesus, advocate with the Father,

Jesus, sending down on Thy
disciples the Holy Ghost the
Paraclete,

Jesus, exalting Thy Mother
above the choirs of angels,

Lamb of God, Who takest away the sins of
the world, *spare us, O Lord.*

Lamb of God, Who takest away the sins of
the world, *graciously hear us, O Lord.*

Lamb of God, Who takest away the sins of
the world, *have mercy on us.*



V. O Jesus, Who hast ransomed us by dying on the cross,

R. Apply to us the merits of Thy Passion and death.

Let us Pray. Adorable Jesus, Who didst suffer and die through
love of us, grant us the grace to suffer with Thyself, as Thyself
and for Thyself, so that living, suffering and dying in Thy love we
may forever be happy with Thee. Amen.

A Prayer in In Resignation to Suffering

by St. Margaret Mary Alacoque

My Saviour! I cheerfully accept all
the painful dispositions, in which it
is Thy pleasure to place me.

My wish is in all things to conform
myself to Thy holy will. Whenever I
kiss Thy cross, it is to show that I
submit perfectly to mine. Amen.



Litany of the Holy Name of Jesus

Lord, have mercy on us.
Christ, have mercy on us.
 Lord, have mercy on us. Jesus,
 hear us.
Jesus, graciously hear us.
 God the Father of Heaven
Have mercy on us.
 God the Son, Redeemer of the
 world, *Have mercy on us.*
 God the Holy Spirit,
 Holy Trinity, one God,
 Jesus, Son of the living God,
 Have mercy on us.
 Jesus, splendor of the Father,
 Have mercy on us.
 Jesus, brightness of eternal
 light.
 Jesus, King of
 glory.
 Jesus, sun of
 justice.
 Jesus, Son of
 the Virgin Mary.
 Jesus, most amiable.
 Jesus, most admirable.
 Jesus, the mighty God.
 Jesus, Father of the world to
 come.
 Jesus, angel of great counsel.
 Jesus, most powerful.



Jesus, most patient.
 Jesus, most obedient.
 Jesus, meek and humble of
 heart.
 Jesus, lover of chastity.
 Jesus, lover of us.
 Jesus, God of peace.
 Jesus, author of life.
 Jesus, example of virtues.
 Jesus, zealous lover of souls.
 Jesus, our God.
 Jesus, our refuge.
 Jesus, father of the poor.
 Jesus, treasure of the faithful.
 Jesus, good Shepherd.
 Jesus, true light.
 Jesus, eternal wisdom.
 Jesus, infinite goodness.
 Jesus, our way and our life.
 Jesus, joy of Angels.
 Jesus, King of the Patriarchs.
 Jesus, Master of the Apostles.
 Jesus, teacher of the
 Evangelists.
 Jesus, strength of Martyrs.
 Jesus, light of Confessors.
 Jesus, purity of Virgins.
 Jesus, crown of Saints.

V. Be merciful, R. spare us, O
 Jesus.

V. Be merciful, *R. graciously hear us*, O Jesus. By Your sufferings.

us, O Jesus.

V. From all evil, *R.*

deliver us, O Jesus.

From all sin, *deliver us*,

O Jesus.

From Your wrath, [*etc.*]

From the snares of the
devil.



By Your death and
burial.

By Your Resurrection.

By Your Ascension.

By Your institution of the
most Holy Eucharist.

By Your joys.

By Your glory.

From the spirit of fornication.

From everlasting death.

From the neglect of Your
inspirations.

By the mystery of Your holy
Incarnation.

By Your Nativity.

By Your Infancy.

By Your most divine Life.

By Your labors.

By Your agony and passion.

By Your cross and dereliction.

Lamb of God, who takest away
the sins of the world,
spare us, O Jesus.

Lamb of God, who takest away
the sins of the world,
graciously hear us, O Jesus.

Lamb of God, who takest away
the sins of the world,
have mercy on us, O Jesus.

V. Jesus, hear us.

R. Jesus, graciously hear us.

Let us pray. O Lord Jesus Christ, You have said, "Ask and you shall receive, seek, and you shall find, knock, and it shall be opened to you." Grant, we beg of You, to us who ask it, the gift of Your most divine love, that we may ever love You with our whole heart, in word and deed, and never cease praising You.

Give us, O Lord, as much a lasting fear as a lasting love of Your Holy Name, for You, who live and are King for ever and ever, never fail to govern those whom You have solidly established in Your love. R. Amen.

Litany of the Holy Spirit *(For private use only)*

Lord, have mercy on us.

Lord, have mercy on us.

Christ, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Lord, have mercy on us.

Father all-powerful, *have mercy on us.*

Jesus, Eternal Son of
the Father,
Redeemer of the
world, *save us.*

Spirit of the Father
and the Son,
boundless life of
both, *sanctify us.*
Holy Trinity, *hear us.*

Holy Spirit, Who
proceedest from
the Father and the
Son, *enter our hearts.*

Holy Spirit, Who art equal to
the Father and the Son,
enter our hearts.

Promise of God the Father,
have mercy on us.

Ray of heavenly light, *have mercy on us.*

Author of all good, [etc.]

Source of heavenly water,

Consuming fire,

Ardent charity,

Spiritual unction,

Spirit of love and truth,

Spirit of wisdom and
understanding,

Spirit of counsel and fortitude,

Spirit of knowledge
and piety,

Spirit of the fear of
the Lord,

Spirit of grace and
prayer,

Spirit of peace and
meekness,

Spirit of modesty
and innocence,

Holy Spirit, the
Comforter,

Holy Spirit, the

Sanctifier,

Holy Spirit, Who governest the
Church,

Gift of God, the Most High,

Spirit Who fillest the universe,

Spirit of the adoption of the
children of God,



Holy Spirit, *inspire us with
horror of sin.*

Holy Spirit, *come and renew the
face of the earth.*

Holy Spirit, *shed Thy light in our
souls.*

Holy Spirit, *engrave Thy law in
our hearts.*

Holy Spirit, *inflame us with the
flame of Thy love.*

Holy Spirit, *open to us the
treasures of Thy graces.*

Holy Spirit, *teach us to pray well.*



Holy Spirit,
*enlighten us
with Thy
heavenly
inspirations.*

Holy Spirit,
*lead us in the
way of salvation.*

Holy Spirit, *grant us the only
necessary knowledge.*

Holy Spirit, *inspire in us the
practice of good.*

Holy Spirit, *grant us the merits of
all virtues.*

Holy Spirit, *make us persevere in
justice.*

Holy Spirit, *be Thou our
everlasting reward.*

Lamb of God, Who takest away
the sins of the world, *Send us
Thy Holy Spirit.*

Lamb of God, Who takest away
the sins of the world, *pour
down into our souls the gifts of
the Holy Spirit.*

Lamb of God, Who takest away
the sins of the world, *grant us
the Spirit of wisdom and piety.*

V. Come, Holy Spirit! Fill the hearts of Thy faithful,

R. And enkindle in them the fire of Thy love.

Let us pray.

Grant, O merciful Father, that Thy Divine Spirit may enlighten, inflame and purify us, that He may penetrate us with His heavenly dew and make us fruitful in good works, through Our Lord Jesus Christ, Thy Son, Who with Thee, in the unity of the same Spirit, liveth and reigneth, one God, forever and ever.

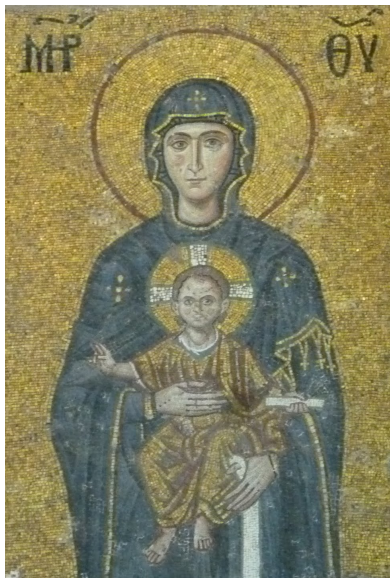
Amen.

Litany of the Blessed Virgin Mary

Lord, have mercy
on us
*Christ, have mercy
on us*

Lord, have mercy
on us; Christ,
hear us
*Christ, graciously
hear us*

God the Father of
Heaven,
Have mercy on us
God, the Son,
Redeemer of the
World
God, the Holy
Spirit
Holy Trinity, one
God



Holy Mary
Pray for us
Holy Mother of
God
Holy Virgin of
virgins
Mother of Christ
Mother of the
Church
Mother of Divine
Grace
Mother most pure
Mother most chaste
Mother inviolate
Mother undefiled
Mother most
amiable
Mother most
admirable
Mother of good
counsel
Mother of our
Creator
Mother of our
Savior
Virgin most
prudent
Virgin most
renowned

Virgin most
powerful
Virgin most
merciful
Virgin most faithful
Mirror of Justice
Seat of Wisdom
Cause of our Joy
Spiritual vessel
Vessel of honor
Singular vessel of
devotion
Mystical rose
Tower of David
Tower of ivory
House of gold
Ark of the
Covenant
Gate of Heaven
Morning star
Health of the sick
Refuge of sinners
Comforter of the
afflicted
Help of Christians
Queen of angels
Queen of patriarchs
Queen of prophets
Queen of apostles
Queen of martyrs

Queen of confessors
Queen of virgins
Queen of all saints

Queen conceived
without original
sin
Queen assumed
into Heaven

Queen of the most
Holy Rosary
Queen of the family
Queen of Peace

Lamb of God, Who takes away the sins of the
world, *Spare us, O Lord*

Lamb of God, Who takes away the sins of the
world, *Graciously hear us, O Lord*

Lamb of God, Who takes away the sins of the
world, *Have mercy on us*



Pray for us, O Holy Mother of God,
*That we may be made worthy of the promises
of Christ*

Let us pray: We beseech You, O Lord,
defend us, Your servants, from all
adversity, through the intercession of
Blessed Mary, ever Virgin; and mercifully
protect us from the snares of our enemies,
since with our whole heart we prostrate
ourselves before Thee. We ask this through
Christ, Our Lord. Amen.

Litany of Thanksgiving

*In this simple prayer, you start from the beginning of your life and
think of each thing for which you are thankful and so pray "Thanks
be to God" or "Thank you, Jesus." For example:*

For my birth: Thanks be to God

For my father and mother: Thanks be to God. . .

For my family and friends: . . .

Litany of the Holy Name of Mary

—Bl. John H. Newman

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Christ, hear us.

Christ, graciously hear us.

Son of Mary, hear us.

Son of Mary, graciously hear us.

Heavenly Father, who hast
 Mary for Thy daughter,
 Eternal Son, who hast Mary
 for Thy mother,
 Holy Spirit, who hast Mary
 for Thy spouse,
 Glorious Trinity, who hast
 Mary for Thy hand-maid,

Mary, Mother of the Living
 God,

Mary, Daughter of the
 Light Unapproachable,

Mary, our light,

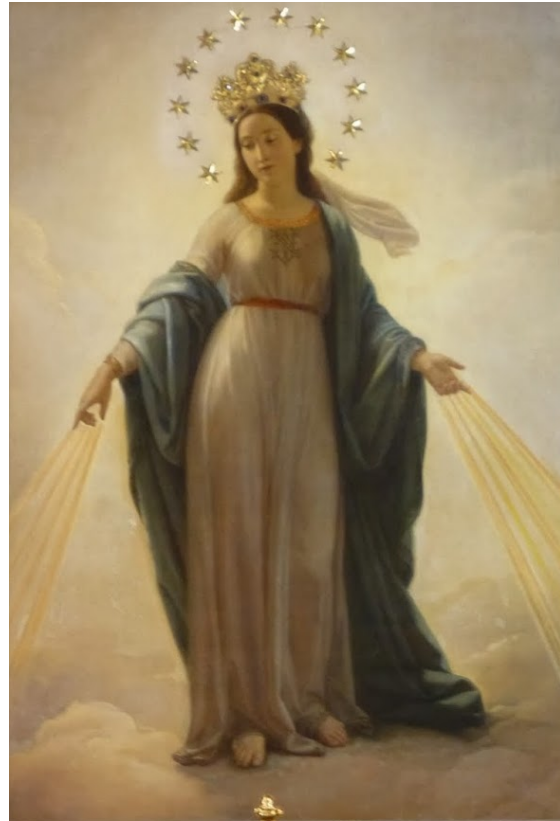
Mary, our sister,

Mary, stem of Jesse,

Mary, offspring of kings,

Mary, best work of God,

Mary, immaculate,



Mary, all fair,
 Mary, Virgin Mother,
 Mary, suffering with Jesus,
 Mary, pierced with a sword,
 Mary, bereft of consolation,
 Mary, standing by the Cross,
 Mary, ocean of bitterness,
 Mary, rejoicing in God's will,
 Mary, our Lady,
 Mary, our Queen,
 Mary, bright as the sun,
 Mary, fair as the moon,
 Mary, crowned with twelve
 stars,
 Mary, seated on the right
 hand of Jesus,

Mary, our sweetness,
Mary, our hope,
Mary, glory of Jerusalem,
Mary, joy of Israel,
Mary, honour of our people,

Lamb of God, who takest
away the sins of the
world,
Spare us, O Lord.

Lamb of God, who takest
away the sins of the
world,
Graciously hear us, O Lord.

Lamb of God, who takest
away the sins of the
world,
Have mercy on us.

V. Hail Mary, full of grace, the Lord is with thee.

R. *Blessed art Thou among women.*

Let us pray.

O Almighty God, who seest how earnestly we desire to place ourselves under the shadow of the name of Mary, vouchsafe, we beseech Thee, that as often as we invoke her in our need, we may receive grace and pardon from Thy holy heaven, through Christ our Lord. Amen.

Golden Hail Mary

By the Virgin Mary to St Gertrude the Great

Hail Mary, White Lily of the Glorious
and always-serene Trinity.

Hail brilliant Rose of the Garden of
heavenly delights:

O, you, by whom God wanted to be
born, and by whose milk the King of
Heaven wanted to be nourished!

Nourish our souls with effusions of divine grace. Amen.



Litany of Our Lady of Sorrows

by Pope Pius VII

V. Lord, have mercy on us.

R. *Christ, have mercy on us.*

V. Lord, have mercy on us.

Christ, hear us.

R. *Christ, graciously hear us.*

God, the Father of heaven,
have mercy on us.

God the Son, Redeemer of the
world, *have mercy on us.*

God the Holy Spirit, *have
mercy on us.*

Holy Mary, Mother of God,
pray for us.

Holy Virgin of virgins, *pray
for us.*

Mother of the Crucified, [etc.]

Sorrowful Mother,

Mournful Mother,

Sighing Mother,

Afflicted Mother,

Foresaken Mother,

Desolate Mother,

Mother most sad,

Mother set around with
anguish,

Mother overwhelmed by
grief,

Mother transfixed by a
sword,



Mother crucified in thy heart,
Mother bereaved of thy Son,
Sighing Dove,
Mother of Dolors,
Fount of tears,
Sea of bitterness,
Field of tribulation,
Mass of suffering,
Mirror of patience,
Rock of constancy,
Remedy in perplexity,
Joy of the afflicted,
Ark of the desolate,
Refuge of the abandoned,
Shield of the oppressed,

Conqueror of the
incredulous,
Solace of the wretched,
Medicine of the sick,
Help of the faint,
Strength of the weak,
Protectress of those who
fight,
Haven of the shipwrecked,
Calmer of tempests,
Companion of the sorrowful,
Retreat of those who groan,

Terror of the treacherous,
Standard-bearer of the
Martyrs,
Treasure of the Faithful,
Light of Confessors,
Pearl of Virgins,
Comfort of Widows,
Joy of all Saints,
Queen of thy Servants,
Holy Mary, who alone art
unexampled,

V. Pray for us, most Sorrowful Virgin,

R. *That we may be made worthy of the promises of Christ.*

Let us pray:

O God, in whose Passion, according to the prophecy of Simeon, a sword of grief pierced through the most sweet soul of Thy glorious Blessed Virgin Mother Mary: grant that we, who celebrate the memory of her Seven Sorrows, may obtain the happy effect of Thy Passion, Who lives and reigns world without end. *Amen.*

*Our Lady of la Salette,
Reconciler of sinners,
pray without ceasing for us
who have recourse to thee.*



Litany of Saint Joseph

Lord, have mercy on us.	Holy Mary, <i>Pray for</i> <i>us.</i>	Joseph most prudent,
Christ, have mercy on us.	Saint Joseph, Illustrious son of	Joseph most valiant,
Lord, have mercy on us;	David, Light of the	Joseph most obedient,
Christ, hear us.	patriarchs,	Joseph most faithful,
Christ, graciously hear us.	Spouse of the Mother of God,	Mirror of patience,
	Chaste guardian of	Lover of poverty,
	the Virgin,	Model of workmen,
God the Father of Heaven, <i>Have</i> <i>mercy on us.</i>	Foster-father of the Son of God,	Glory of domestic life,
	Watchful defender of Christ,	Guardian of virgins,
God, the Son, Redeemer of the World,	Head of the Holy Family,	Pillar of families,
God, the Holy Spirit,	Joseph most just,	Solace of the afflicted,
Holy Trinity, one God.	Joseph most chaste,	Hope of the sick,
		Patron of the dying,
		Terror of demons,
		Protector of Holy Church,

Lamb of God, Who takest away the sins of
the world, *Spare us, O Lord.*

Lamb of God, Who takest away the sins of
the world, *Graciously hear us, O Lord.*

Lamb of God, Who takest away the sins of
the world, *Have mercy on us*

V. He made him the Lord of His household,
R. And prince over all His possessions.



J.M.J.

Let Us Pray: O God, in your ineffable providence you were pleased to choose Blessed Joseph to be the spouse of your most holy Mother; grant, we beg you, that we may be worthy to have him for our intercessor in heaven whom on earth we venerate as our Protector: You who live and reign forever and ever. Amen.

Litany of Humility

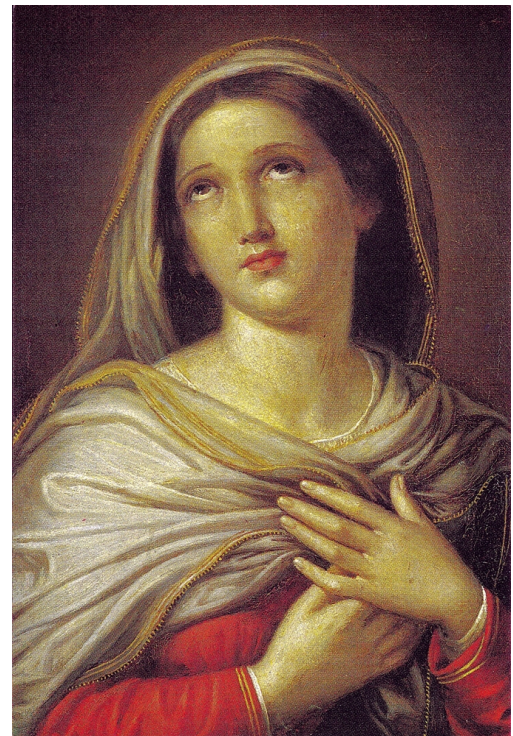
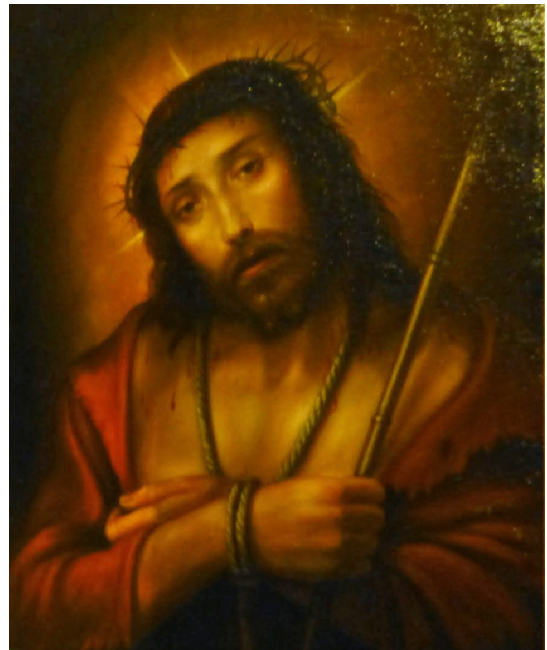
O Jesus! meek and humble of heart,
Hear me.

From the desire of being esteemed,
Deliver me, Jesus.

From the desire of being loved ...
From the desire of being extolled ...
From the desire of being honored ...
From the desire of being praised ...
From the desire of being preferred
to others ...

From the desire of being consulted ...
From the desire of being approved ...

From the fear of being humiliated ...
From the fear of being despised...
From the fear of suffering rebukes ...
From the fear of being calumniated ...
From the fear of being forgotten ...
From the fear of being ridiculed ...
From the fear of being wronged ...
From the fear of being suspected ...



That others may be loved more than I,
Jesus, grant me the grace to desire it.
 That others may be esteemed more than I ...
 That, in the opinion of the world, others
 may increase and I may decrease ...
 That others may be chosen and I set aside ...
 That others may be praised and I unnoticed
 That others may be preferred to me in
 everything ...
 That others may become holier than I,
 provided that I may become as holy as
 I should ...



O Mary, Mother of the humble, *pray for me.*
 St. Joseph, patron of the humble, ...
 St. Michael, who first crushed pride, ...
 St. Francis, imitator of a master meek and
 humble,
 All ye holy spirits sanctified by humility, ...



Let us pray: O sweet Jesus! meek and humble
 of Heart, make my heart like unto Thine, and
 give me the grace of final perseverance.



Aspirations to Our Lord's Sacred Wounds

I adore thee, source of all mercy.
 I adore thee, source of all pardon.
 I adore thee, source of all hope. I adore thee,
 source of all life. I adore thee, source of all
 light. I adore thee, source of all strength.
 I adore thee, source of all love.
 I adore thee, source of all consolation.

Litany of the Saints

Lord, have mercy on
us. *Lord, have
mercy on us*

Christ, have mercy
on us. *Christ, have
mercy on us*

Lord, have mercy on
us. *Lord, have
mercy on us*

Christ, hear us.

Christ, graciously
hear us

God, the Father of
heaven,

Have mercy on us.

God the Son,

Redeemer of the
world,

God the Holy

Spirit,

Holy Trinity,

one God,

Holy Mary,

Pray for us

Holy

Mother of

God,

Holy Virgin

of virgins,



St. Michael,
St. Gabriel,
St. Raphael,
All you Holy
Angels and
Archangels,

St. John the
Baptist,
St. Joseph,
All you Holy

Patriarchs and
Prophets,

St. Peter,

St. Paul,

St. Andrew,

St. James,

St. John,

St.

Thomas,

St. James,

St. Philip,

St. Bartholomew,

St. Matthew,

St. Simon,

St. Jude,

St. Matthias,

St. Barnabas,

St. Luke,

St. Mark,



All you holy
Apostles and
Evangelists,

All you holy
Disciples of
the Lord,

All you holy
Innocents,

St. Stephen,

St. Lawrence,

St. Vincent,

Sts. Fabian and

Sebastian,

Sts. John and Paul,

Sts. Cosmos and

Damian,

All you

holy

Martyrs,

St.

Sylvester,

St. Gregory,

St. Ambrose,

St. Augustine,

St. Jerome,

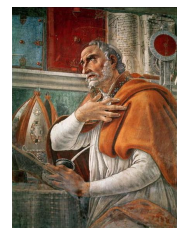
St. Martin,

St. Nicholas,

All you holy

Bishops

and Confessors,



J.M.J.

All you holy

Doctors,

St. Anthony,

St. Benedict,

St. Bernard,

St. Dominic,

St. Francis,

All you holy Priests
and Levites,All you holy Monks
and Hermits,

St. Mary

Magdalene,

St. Agatha,

St. Lucy,

St. Agnes,

St. Cecilia,

St. Anastasia,

St. Catherine,

St. Clare,

All you holy Virgins
and Widows,All you holy Saints
of God,

Lord, be merciful,

*Lord, save your
people*

From all evil,

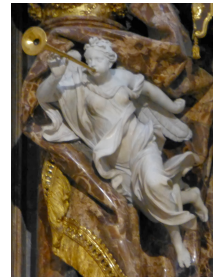
From all sin,

From your wrath,

From a sudden and
unprovided death,From the snares of
the devil,From anger,
hatred, and all
ill-will,From the spirit of
uncleanness,From lightning
and tempest,From the scourge of
earthquake,From plague,
famine, and war,From everlasting
death,By the mystery of
your holy
Incarnation,

By your Coming,

By your Birth,

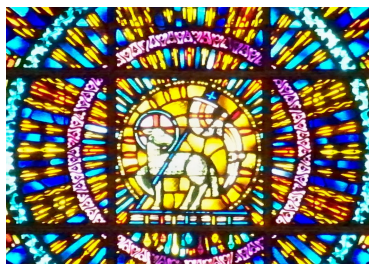
By your Baptism
and holy fasting,By your Cross and
Passion,By your Death and
Burial,By your holy
Resurrection,By your wonderful
Ascension,By the coming of the
Holy Spirit,On the
day of
judgment,Be merciful
to us

sinners,

*Lord, hear our
prayer*That you will spare
us,That you will
pardon us,That it may please
you to bring us to
true penance,Guide and protect
your holy Church,Preserve in holy
religion the Pope,
and all those in
holy Orders,Humble the
enemies of holy
Church,Give peace and
unity to the whole
Christian people,

Bring back to the
unity of the
Church all those
who are straying,
and bring all
unbelievers to the
light of the
Gospel,
Strengthen and
preserve us in
your holy service,
Raise our minds to
desire the things
of heaven,
Reward all our
benefactors with
eternal blessings,
Deliver our souls
from eternal
damnation, and
the souls of our
brethren, relatives,
and benefactors,

Give and preserve
the fruits of the
earth,
Grant eternal rest to
all the faithful
departed,
That it may please
You to hear and
heed us,
Jesus, Son of the
Living God,



Lamb of God, Who
takes away the
sins of the world,
Spare us, O Lord.
Lamb of God, Who
takes away the
sins of the world,
*Graciously hear
us, O Lord.*

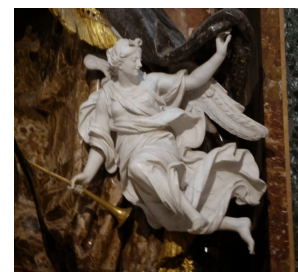
Lamb of God, Who
takes away the
sins of the world,
Have mercy on us

Christ, hear us,
*Christ, graciously
hear us*

Lord Jesus, hear our
prayer. *Lord
Jesus, hear our
prayer*

Lord, have mercy on
us. *Lord, have
mercy on us.*

Christ, have mercy
on us. Christ,
have mercy on us
Lord, have mercy on
us. *Lord, have
mercy on us*



Prayer to Guardian Angel

Angel of God, my Guardian dear, to whom His love commits
me here, ever this day (or night) be at my side, to light and
guard, to rule and guide. From stain of sin oh keep me free.
And at my death my helper be. Amen.

Canticle of the Book of Daniel

(The Three Young Men in the Fiery Furnace)

Bless the Lord, all you works of the Lord;
Praise and exalt him above all
forever.

Angels of the Lord, bless the Lord;
You heavens, bless the Lord;
All you waters above the heavens,
bless the Lord.

All you hosts of the Lord;
bless the Lord.
Sun and moon, bless the Lord;
Stars of heaven,
bless the Lord.
Every shower and dew,
bless the Lord;

All you winds, bless the Lord.
Fire and heat, bless the Lord;
Cold and chill, bless the Lord.
Dew and rain, bless the Lord;
Frost and cold, bless the Lord.
Ice and snow, bless the Lord;
Nights and days, bless the Lord.
Light and darkness bless the Lord;
Lightning and clouds, bless the Lord.
Let the earth bless the Lord;
Praise and exalt him above all forever.



Mountains and hills, bless the Lord
Everything growing from the earth,
bless the Lord.

You springs, bless the Lord;
Seas and rivers, bless the Lord.
You dolphins and all water
creatures, bless the Lord;
All you birds of the air,
bless the Lord.

All you beasts, wild and tame,
bless the Lord;

Praise and exalt him above all
forever.

You sons of men, bless the Lord;
O Israel, bless the Lord.

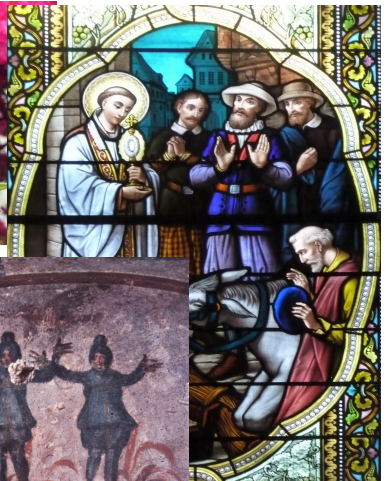
Priests of the Lord, bless the Lord;
Servants of the Lord, bless the Lord.
Spirits and souls of the just,
bless the Lord;

Holy men of humble heart,
bless the Lord.

Ananias, Azarias, Misael, bless the Lord;
Praise and exalt him above all forever.

Let us bless the Father and the Son
and the Holy Ghost; Let us praise and
exalt God above all forever.

Blessed are you in the firmament of
heaven; Praiseworthy and glorious
forever.



HOLY COMMUNION

Prayers Before Holy Communion

AN ACT OF FAITH.

O my Jesus! I firmly believe that Thou art present here in this Most Blessed Sacrament, which I am about to receive, because Thou, the eternal Truth, hast revealed it.

AN ACT OF HOPE.

O my Jesus! I hope to receive in this Blessed Sacrament all the graces of which I stand in need, even eternal happiness in heaven, because Thou, the eternal and unfailing Truth, hast promised it.

AN ACT OF CHARITY.

O my Jesus! I love Thee in this Most Blessed Sacrament, as my God and Lord, as my Redeemer and Sanctifier.

AN ACT OF CONTRITION.

O my Jesus! I am heartily sorry for all my sins, because they have offended Thee, my God and Saviour.

AN ACT OF DESIRE

O my Jesus! my God and Master!

Come, I am longing after Thee; come, visit me, strengthen me, and keep me forever in Thy grace. Amen.

A MARIAN PRAYER

O Mary, my Mother, form in my heart the perfect holy desires of your Immaculate Heart. Please be with me as I receive your Divine Son. Impart to us your trust, attention, devotion, and wonder toward His awesome Real Presence.



Prayers After Holy Communion



AN ACT OF FAITH

O my Jesus! I believe in Thee, as in the eternal truth.

AN ACT OF HOPE

O my Jesus! I hope in Thee, as in the infinite mercy.

AN ACT OF CHARITY.

O my Jesus! I love Thee, as the eternal and supreme good of my soul.

AN ACT OF ADMIRATION

O my Jesus! how is it that Thou comest to visit me?

AN ACT OF OFFERING

O my Jesus! I offer to Thy service my body and my soul, all that I am, and all

that I have, since Thou hast given them to me.

Prayer

O my Jesus! my Saviour and my Redeemer, remain within my heart by Thy divine grace, and do not permit me to be ever separated from Thy love. Amen.

ST. EYMARD'S ACT OF OFFERING

My dear Jesus, I give myself to You as You have given Yourself entirely to me.

A MARIAN PRAYER

O Mary, my Mother, please help me to thank, praise, adore and love Jesus your Son with all my heart, mind, soul and strength. Amen.



Prayer for a Sick Person

As St. Gertrude was wishing to pray for a sick person and asked Christ in what manner she should do so, he answered her: "Pray only that I should give him patience and turn every moment to his advantage; and as often as thou prayest thus, thine own merits and those of the sick person will be increased." (B. iii. ch. 13.)

All-compassionate Jesus! thou who didst truly bear our sickness, and take our pains and infirmities from us: I remind thee of the manifold torture and pains, which for three long hours thou didst endure upon the cross for the salvation of the whole world, and I entreat thee by all that martyrdom, and particularly by the hard thrust of the lance which pierced thy sweet heart, that thou wilt assist this poor sick person and grant him true patience.



I also pray, that thou wouldst grant that every moment that he shall suffer shall tend to thy honor and glory, and to his well-being and salvation, in any way in which thy loving heart has decreed from all eternity. Grant this, O most loving Jesus! through thine infinite goodness and mercy, and through the glorious intercession of thy sweet mother and of all the saints. Amen.

Prayer of One Sick or in Trouble

As St. Mechtildis was once very sick and complained of it, Christ said to her, "Lay all thy pains in my heart, and I will so perfect them and make them so fruitful that they shall bring honor to the saints in heaven, merits to the just, forgiveness to the sinner, refreshment to the poor souls

in purgatory.” (B. ii. cli. 32.)

Most beloved Jesus! this my sickness, or misfortune, which, thou hast sent me from thy divine heart in token of thy love, I accept with all my heart, and with the same love with which thou hast sent them I offer them in gratitude to thee.

In thy sweet heart I lay all my suffering and pain, with the request that thou shouldst enclose them in thy sufferings and make them perfect. And since I from pain and trouble cannot praise my heavenly Father, God, as I ought to do, I beg of thee that with the same praise with which thou didst once praise him amid thine awful sufferings on the cross, thou wouldst now praise and glorify him in my stead. And even as thou didst thank him for sending thee so many torments and pains, thank him now in like manner for what I suffer. I pray thee also, that with the self-same love, with which thou didst accept and offer to thy heavenly Father all thy sufferings, and the mockeries that assailed thee, thou wouldst offer these my inward and outward calamities, in union with thine own, to his honor and glory. Amen.



An Efficacious Method of Loving and Praising God

*While St. Mechtilde was disquieted because she did not worthily honour and love God, our Lord said to her: **When you desire to praise me, and cannot praise me as you would, say:***

O GOOD Jesus, I praise Thee, vouchsafe to supply for me whatsoever is lacking in my praise.

And if you wish to love me, say:

O GOOD Jesus, I love Thee: vouchsafe to supply whatever is lacking in my love, and offer the love of Thy Sacred Heart to God the Father for me.

Consecrating the Last Two Hours of Your Life

to the Most Holy Virgin by Rev. Fr. Ildefonso M. Izaguirre, O.P.



Prostrated at thy feet,
and humiliated by my
sins, but full of
confidence in thee,
O Mary! I beg thee to
accept the petition my
heart is about to
make. It is for my last
moments.

Dear Mother I wish to
request thy protection
and maternal love so
that in the decisive
instant that thou wilt
do all thy love can
suggest in my behalf.

To thee, O Mother of my soul, I consecrate THE LAST TWO HOURS of my life. Come to my side to receive my last breath and when death has cut the thread of my days, tell Jesus, presenting to Him my soul, "I LOVE IT". That word alone will be enough to procure for me the benediction of my God and the happiness of seeing thee for all eternity.

I put my trust in thee, my Mother and hope it will not be in vain. O Mary! Pray for thy child and lead him to Jesus! Amen.

