SCRIPTURAL LITANY OF HUMILITY

from Fr. Giuseppe Ignazio Franchi, Hand-book of Humility: or, The love of self-contempt, 1889, pp. 338-344. The passages of Holy Scripture from which these invocations are drawn may be found with corresponding numbers on the other side of the Litany.

- O Jesus, humble of Heart, hear my prayer!
- O Jesus, humble of Heart, hear my prayer!
- O Jesus, humble of Heart, **grant me** humility!
- I. Jesus, truly a hidden God, Grant me humility!
- 2. Jesus, laid in a manger, . . .
- 3. Jesus, offered to the Lord and redeemed with two doves,
- 4. Jesus, borne into Egypt,
- 5. Jesus, baptized by John,
- 6. Jesus, taken up by the devil and placed on the pinnacle of the Temple,
- 7. Jesus, taken up by the devil upon a high mountain,
- 8. Jesus, by many reputed mad,
- 9. Jesus, by even some of Thy friends regarded as insane,
- 10. Jesus, thought to be possessed of a devil,
- 11. Jesus, who didst take the form of a servant,

- 12. Jesus, who didst wash the disciples' feet,
- 13. Jesus, the bread of life,
- 14. Jesus, concealed in the Eucharist.
- 15. Jesus, abandoned by Thy disciples,
- 16. Jesus, despised by Herod and his army,
- 17. Jesus, whose face was spat upon,
- 18. Jesus, struck in the face,
- 19. Jesus, crowned with thorns,
- 20. Jesus, mocked with the words: 'Hail, King of the Jews!'
- 21. Jesus, blindfolded and mocked,
- 22. Jesus, most shamefully scourged,
- 23. Jesus, exhibited to the people,
- 24. Jesus, the last of men,
- 25. Jesus, the refuse of the people,
- 26. Jesus, the opprobrium of men,
- 27. Jesus, object of the divine anger,
- 28. Jesus, humbled by God,
- 29. Jesus, a worm and no man,
- 30. Jesus, in whom there was neither beauty nor comeliness,
- 31. Jesus, in appearance a leper,
- 32. Jesus, crucified,
- 33. Jesus, crucified between two thieves,
- 34. Jesus, reputed with the wicked,
- 35. Jesus, blasphemed and mocked by the passers-by,
- 36. Jesus, obedient unto death,
- 37. Jesus, obedient to the death of the cross,

- 38. Jesus, who didst debase and humble Thyself,
- 39. Jesus, drenched with opprobrium,
- 40. Jesus, who didst cry out with a loud voice: 'My God, my God, why hast thou abandoned me?'

Lamb of God, who takest away the sins of the world, *pardon my sins of pride!*

Lamb of God, who takest away the sins of the world, *destroy my pride that my prayers may be heard!*

Lamb of God, who takest away the sins of the world, *have pity on me and make me truly humble of heart!*

O Jesus, hear my prayer!

O Jesus, grant my prayer!

LET US PRAY.

O Jesus, who didst suffer so much to leave us a perfect model of humility, and who didst command us to learn of Thee that Thou wast meek and humble of heart, make me docile to Thy lessons and faithful to their practice! By Thy humiliations, by Thy infinite love, which led Thee to endure them, and by the glory that now crowns them, I beseech Thee to grant me humility, O Thou that livest and reignest with the Father and the Holy Spirit, world without end! Amen!

SCRIPTURAL LITANY OF HUMILITY

from Fr. Giuseppe Ignazio Franchi, *Hand-book of Humility:* or, *The love of self-contempt,* 1889, pp. 338-344. The passages of Holy Scripture from which these invocations are drawn may be found with corresponding numbers on the other side of the Litany.

- O Jesus, humble of Heart, hear my prayer! O Jesus, humble of Heart, hear my prayer!
- O Jesus, humble of Heart, grant me humility!
- Jesus, truly a hidden God, Grant me humility!
- 2. Jesus, laid in a manger, . . .
- 3. Jesus, offered to the Lord and redeemed with two doves,
- 4. Jesus, borne into Egypt,
- 5. Jesus, baptized by John,
- 6. Jesus, taken up by the devil and placed on the pinnacle of the Temple,
- 7. Jesus, taken up by the devil upon a high mountain,
- 8. Jesus, by many reputed mad,
- 9. Jesus, by even some of Thy friends regarded as insane,
- 10. Jesus, thought to be possessed of a devil,
- Jesus, who didst take the form of a servant,

- 12. Jesus, who didst wash the disciples' feet,
- 13. Jesus, the bread of life,
- 14. Jesus, concealed in the Eucharist.
- 15. Jesus, abandoned by Thy disciples,
- 16. Jesus, despised by Herod and his army,
- 17. Jesus, whose face was spat upon,
- 18. Jesus, struck in the face,
- 19. Jesus, crowned with thorns,
- 20. Jesus, mocked with the words: 'Hail, King of the Jews!'
- 21. Jesus, blindfolded and mocked,
- 22. Jesus, most shamefully scourged,
- 23. Jesus, exhibited to the people,
- 24. Jesus, the last of men,
- 25. Jesus, the refuse of the people,
- 26. Jesus, the opprobrium of men,
- 27. lesus, object of the divine anger,
- 28. Jesus, humbled by God,
- 29. Jesus, a worm and no man,
- 30. Jesus, in whom there was neither beauty nor comeliness,
- 31. Jesus, in appearance a leper,
- 32. lesus, crucified,
- 33. Jesus, crucified between two thieves,
- 34. Jesus, reputed with the wicked,
- 35. Jesus, blasphemed and mocked by the passers-by,
- 36. Jesus, obedient unto death,
- 37. Jesus, obedient to the death of the cross,

- 38. Jesus, who didst debase and humble Thyself,
- 39. Jesus, drenched with opprobrium,
- 40. Jesus, who didst cry out with a loud voice: 'My God, my God, why hast thou abandoned me?'

Lamb of God, who takest away the sins of the world, *pardon my sins of pride!*

Lamb of God, who takest away the sins of the world, *destroy my pride that my prayers may be heard!*

Lamb of God, who takest away the sins of the world, *have pity on me and make me truly humble of heart!*

O Jesus, hear my prayer!

O Jesus, grant my prayer!

LET US PRAY.

O Jesus, who didst suffer so much to leave us a perfect model of humility, and who didst command us to learn of Thee that Thou wast meek and humble of heart, make me docile to Thy lessons and faithful to their practice! By Thy humiliations, by Thy infinite love, which led Thee to endure them, and by the glory that now crowns them, I beseech Thee to grant me humility, O Thou that livest and reignest with the Father and the Holy Spirit, world without end! Amen!

TEXTS OF HOLY SCRIPTURE

Jesus, humble of heart. — St. Matt. 29.

- 1. Verily, thou art a hidden God. — Isai. xlv. 15.
- 2. And laid him in a manger. - St. Luke ii. 7.
- 3. They carried him to present him to the Lord . . . and to offer a sacrifice * . . a pair of turtle doves.
 - St. Luke ii. 22, 24.
- 4. Joseph . . . took the child . . . and retired into Egypt. — St. Matt. ii. 14.
- 5. Jesus came ... to be baptized by John. — St. Mark i. 9.
- 6. The devil took him up . . . and set him upon the pinnacle of the temple. — St. Matt. iv. 5.
- 7. Again the devil took him up into a very high mountain. — St. Matt. iv. 8.
- 8. But many of them said: He is mad. — St. John x. 20.
- 9. They said: He is become mad. — Št. Mark iii. 21.
- 10. He hath a devil. St. John x. 20.
- 11. Taking the form of a servant. — Philip, ii. 7.
- 12. And began to wash the feet of the disciples. — St. John xiii. 5.
- 13. I am the bread of life. St. John vi. 35.
- 14. Take ye, and eat: this is my body.
- St. Matt. xxvi. 26.

- 15. The disciples all leaving him, fled. — St. Matt. xxvi. 56.
- 16. And Herod and his army set him at naught. — St. Luke xxiii. 11.
- 17. Then did they spit in his face. St. Matt. xxvi. 67,
- 18. And others struck him with the palms of their hands. — St. Matt. xxvi. 67.
- 19. And platting a crown of thorns, they put it upon his head. — St. Matt, xxvii. 29.
- 20. And bowing the knee before him, they mocked him, saying: Hail, king of the lews. — St. Matt, xxvii. 29.
- 21. And his look as it were hidden and despised, whereupon we esteemed him not. — Isai. liii. 3.
 - And they blindfolded him, and smote his face: and they asked him, saying: Prophesy who is it that struck thee.
 - St. Luke xxii. 64.
- 22. Pilate took Jesus and scourged him. — St. John xix. 1.
- 23. Jesus therefore came forth bearing the crown of thorns, and the purple garment . . * and Pilate said : Behold the Man!
 - St. John xix. 5.
- 24. The most abject of men. Isai. liii. 3.
- 25. The outcast of the people.
- Ps. xxi. 7.
- 26. The reproach of men. Ps. xxi. 7.
- 27. As one struck by God. Isai. liii. 4.

28. Afflicted by God. — Isai. liii. 4.

30. There is no beauty in him nor

- 29. But I am a worm and no man.
 - Ps. xxi. 7.
- comeliness. Isai. liii. 2. 31. We have thought him as it were a leper.
- Isai. liii. 4.
- 32. They crucified him. St. John xix. 18.
- 33. Then were crucified with him two thieves. — St. Matt, xxvii. 38.
- 34. And was reputed with the wicked. — Isai. liii. 12.
- 35. And they that passed by blasphemed him wagging their heads.
 - St. Matt, xxvii. 39.
- 36. He became obedient unto death.
 - Philip, ii. 8.
- 37. Even to the death of the cross.
 - Philip, ii. 8.
- 38. He humbled himself. Philip, ii. 8.
- 39. He shall be filled with reproaches.
 - Lament, iii. 30.
- 40. My God, my God, why hast thou forsaken me? And Jesus, crying with a loud voice, yielded up the ghost. — St. Matt, xxvii. 46, 50.
- 41. Behold the Lamb of God . . . who taketh away the sin of the world.
 - St. John i. 29.

To God alone be honor and glory!

TEXTS OF HOLY SCRIPTURE

Jesus, humble of heart . — St. Matt. 29.

- 1. Verily, thou art a hidden God. — Isai. xlv. 15.
- 2. And laid him in a manger. — St. Luke ii. 7.
- 3. They carried him to present him to the Lord . . . and to offer a sacrifice * . . a pair of turtle doves.
 - St. Luke ii. 22, 24.
- 4. Joseph . . . took the child . . . and retired into Egypt. — St. Matt. ii. 14.
- 5. Jesus came ... to be baptized by John. – St. Mark i. 9.
- 6. The devil took him up . . . and set him upon the pinnacle of the temple. - St. Matt. iv. 5.
- 7. Again the devil took him up into a very high mountain. — St. Matt. iv. 8.
- 8. But many of them said: He is mad.
- St. John x. 20. 9. They said: He is become mad.
- St. Mark iii. 21.
- 10. He hath a devil. St. John x. 20. 11. Taking the form of a servant.
 - Philip, ii. 7.
- 12. And began to wash the feet of the disciples. — St. John xiii. 5.
- 13. I am the bread of life. St. John vi. 35.
- 14. Take ye, and eat : this is my body.
 - St. Matt. xxvi. 26.

- 15. The disciples all leaving him, fled.
- St. Matt. xxvi. 56. 16. And Herod and his army set him at naught. — St. Luke xxiii. 11.
- 17. Then did they spit in his face.
 - St. Matt. xxvi. 67,
- 18. And others struck him with the palms of their hands. — St. Matt. xxvi. 67.
- 19. And platting a crown of thorns, they put it upon his head. — St. Matt, xxvii. 29.
- 20. And bowing the knee before him, they mocked him, saying: Hail, king of the Jews. — St. Matt, xxvii. 29.
- 21. And his look as it were hidden and despised, whereupon we esteemed him not. — Isai. liii. 3. And they blindfolded him, and smote his
 - face: and they asked him, saying: Prophesy who is it that struck thee.
 - St. Luke xxii. 64.
- 22. Pilate took Jesus and scourged him. — St. John xix. 1.
- 23. Jesus therefore came forth bearing the crown of thorns, and the purple garment . . * and Pilate said : Behold the Man!
 - St. John xix. 5.
- 24. The most abject of men. Isai. liii. 3.
- 25. The outcast of the people.
- Ps. xxi. 7.
- 26. The reproach of men. Ps. xxi. 7.
- 27. As one struck by God. Isai. liii. 4.

- 28. Afflicted by God. Isai. liii. 4.
- 29. But I am a worm and no man.
 - Ps. xxi. 7.
- 30. There is no beauty in him nor comeliness. — Isai. liii. 2.
- 31. We have thought him as it were a leper. – Isai. liii. 4.
- 32. They crucified him. St. John xix. 18.
- 33. Then were crucified with him two thieves. — St. Matt, xxvii. 38.
- 34. And was reputed with the wicked. — Isai. liii. 12.
- 35. And they that passed by blasphemed him wagging their heads.
 - St. Matt, xxvii. 39.
- 36. He became obedient unto death.
- Philip, ii. 8.
- 37. Even to the death of the cross.
- Philip, ii. 8.
- 38. He humbled himself. Philip, ii. 8.
- 39. He shall be filled with reproaches.
 - Lament, iii. 30.
- 40. My God, my God, why hast thou forsaken me? And Jesus, crying with a loud voice, yielded up the ghost.
 - St. Matt, xxvii. 46, 50.
- 41. Behold the Lamb of God . . . who taketh away the sin of the world.
 - St. John i. 29.

To God alone be honor and glory!