

†  
J.M.J.

**Ave Cor**  
The  
Salutation  
to the  
Most Holy  
Heart of  
Jesus and  
Mary

*by St. John  
Eudes*



Hail, Heart most holy,  
Hail, Heart most meek,  
Hail, Heart most humble,  
Hail, Heart most pure,  
Hail, Heart given without reserve,  
Hail, Heart most wise,  
Hail, Heart most patient,  
Hail, Heart most obedient,  
Hail, Heart most vigilant,  
Hail, Heart most faithful,  
Hail, Heart most blessed,  
Hail, Heart most merciful,  
Hail, most loving Heart of  
Jesus and Mary;

We adore you,  
We praise you,  
We glorify you,  
We give you thanks;  
We love you,  
With all our heart,  
With all our soul,  
With all our strength;  
We offer you our heart,  
We give it to you,  
We consecrate it to you,  
We sacrifice it to you;  
Receive and possess it totally,  
Purify it,  
Enlighten it,  
Sanctify it;  
That you may live and reign  
in it now and forever.

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**Prayer by St. John Eudes to the  
Immaculate Heart**

Hail Mary! Mother of God the Son.  
Hail Mary! Spouse of the Holy Spirit.  
Hail Mary! Temple of the Most  
Blessed Trinity.  
Hail Mary! Pure Lily of the Effulgent  
Trinity.  
Hail Mary! Celestial Rose of the  
Ineffable Love of God.  
Hail Mary! Virgin pure and humble,  
of whom the King of heaven  
willed to be born and with thy  
milk to be nourished.  
Hail Mary! Virgin of Virgins,  
Hail Mary! Queen of Martyrs, whose  
soul a sword transfixed.  
Hail Mary! Lady most blessed! unto  
whom all power in heaven and  
earth is given.  
Hail Mary! My Queen and my  
Mother! my Life, my Sweetness  
and my Hope,  
Hail Mary! Mother Most Amiable,  
Hail Mary! Mother of Divine Love,  
Hail Mary! Immaculate! Conceived  
Without Sin!  
Hail Mary! Full of Grace! The Lord is  
with Thee!  
Blessed art thou among women! And  
blessed is the Fruit of thy womb,  
Jesus!  
Blessed be thy spouse, Saint Joseph,  
Blessed be thy father, Saint Joachim,  
Blessed be thy mother, Saint Anne,  
Blessed be thy guardian, Saint John,  
Blessed be thy holy angel, Saint  
Gabriel,  
Glory be to God the Father,  
Who chose thee,  
Glory be to God the Son,  
Who loved thee,  
Glory be to God the Holy Spirit, Who  
espoused thee.  
O Glorious Virgin Mary, may all  
people love and praise thee.

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