## Act of Consecration to the Most Sacred Heart of Jesus

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| by Saint Marga | ret Mary Alacoque |                               |   |       |                             |

| To the Most Sacred Heart of our Lord, Jesus Christ, I,                          | , give myself and     |
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| I consecrate my person and my life, my actions, pains, and sufferings so that l | I may be unwilling to |
| make use of any part of my being other than to honor, love, and glorify the Sac | cred Heart.           |

This is my unchanging purpose, namely, to be all His and to do all things for the love of Him, at the same time renouncing with all my heart whatever is displeasing to Him. I therefore take You, O Sacred Heart, to be the only object of my love, the guardian of my life, my assurance of salvation, the remedy of my weakness and inconstancy, the atonement for all the faults of my life, and my sure refuge at the hour of death.

Be then, O Heart of goodness, my justification before God the Father, and turn away from me the strokes of His righteous anger. O Heart of love, I put all my confidence in You; for I fear everything from my own wickedness and frailty, but I hope for all things from Your goodness and bounty.

Remove from me all that can displease You or resist Your holy will; let Your pure love imprint Your image so deeply upon my heart that I shall never be able to forget You or to be separated from You.

May I obtain, from Your loving kindness, the grace of having my name written in Your heart; for in You, I desire to place all my happiness and glory, living and dying, in bondage to You.



| Date: |      |      |      |  |
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